

Physical Education Lesson Plans

Mr. Dockery

Week # 35

Dates: 5/7-5/11

All Lessons Adhere to ODE PE Standards

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Physical Education</u> <u>Subject:</u> Soccer <u>Objective:</u> In the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal. FITNESS WARM-UP Line Tag Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch. Indoor SOCCER Corner Ball Soccer. 4 teams each set-up in the corner. Teams behind the goal. Call out numbers, try to score a goal.	<u>Physical Education</u> <u>Subject:</u> Soccer <u>Objective:</u> Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal. FITNESS WARM-UP Card Fitness Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch. Indoor SOCCER Corner Ball Soccer. 4 teams each set-up in the corner. Teams behind the goal. Call out numbers, try to score a goal.	<u>Physical Education</u> <u>Subject:</u> Soccer <u>Objective:</u> Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal. FITNESS WARM-UP Laps Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch. Indoor SOCCER Corner Ball Soccer. 4 teams each set-up in the corner. Teams behind the goal. Call out numbers, try to score a goal.	<u>Physical Education</u> <u>Subject:</u> Soccer <u>Objective:</u> Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal. FITNESS WARM-UP Card Fitness Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch. Indoor SOCCER Corner Ball Soccer. 4 teams each set-up in the corner. Teams behind the goal. Call out numbers, try to score a goal.	<u>Physical Education</u> <u>Subject:</u> Soccer <u>Objective:</u> Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal. FITNESS WARM-UP Shark Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch. Indoor SOCCER Corner Ball Soccer. 4 teams each set-up in the corner. Teams behind the goal. Call out numbers, try to score a goal.