Physical Education Lesson Plans

Mr. Dockery

Week # 35

Dates: 5/7-5/11

All Lessons Adhere to ODE PE Standards

All Lessons Adhere to ODE PE Standards				
Monday	Tuesday	Wednesday	Thursday	Friday
Physical Education	Physical Education	Physical Education	Physical Education	Physical Education
Subject:	Subject:	Subject:	Subject:	Subject:
Soccer	Soccer	Soccer	Soccer	Soccer
Objective: In the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal.	Objective: Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal.	Objective: Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal.	Objective: Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal.	Objective: Continue the game of soccer relating the tactical concepts of creating space, maintaining possession, defending space and attacking the goal.
FITNESS WARM-UP Line Tag	FITNESS WARM-UP Card Fitness	FITNESS WARM-UP Laps	FITNESS WARM-UP Card Fitness	FITNESS WARM-UP Shark
Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch.	Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch.	Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch.	Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch.	Outside SOCCER 1. 4 teams 2. 2 fields 3. Play for 10 minutes then switch.
Indoor SOCCER Corner Ball Soccer.	Indoor SOCCER Corner Ball Soccer.	Indoor SOCCER Corner Ball Soccer.	Indoor SOCCER Corner Ball Soccer.	Indoor SOCCER Corner Ball Soccer.
4 teams each set-up in the corner.	4 teams each set-up in the corner.	4 teams each set-up in the corner.	4 teams each set-up in the corner.	4 teams each set-up in the corner.
Teams behind the goal. Call out numbers, try to score a goal.	Teams behind the goal. Call out numbers, try to score a goal.	Teams behind the goal. Call out numbers, try to score a goal.	Teams behind the goal. Call out numbers, try to score a goal.	Teams behind the goal. Call out numbers, try to score a goal.