Course/Program Name: Cosmetology
Course Credits: 8 elective (4 per year)

**Embedded Credits:** 1 Science credit (upon completion of 2 years)

**Textbook:** Fundamentals of Cosmetology (Pivot Point)

**Online Curriculum:** LAB (Pivot Point)

Instructor: Laurie Jacobs
Number of Students: 14

**Total Number of Hours:** 1000 +

### **Course Description:**

The Cosmetology Course is designed to train the student in safety and sanitation, proper work habits, business skills, basic manipulative skills, and desirable attitudes necessary to obtain licensure and competency in job entry-level in Cosmetology or related fields in the State of Vermont.

### **Teaching Methods:**

This class will include a combination of lecture, discussion, reading and written assignments, classroom lab, online learning, work based learning, and attending professional workshops.

#### **IRCs**:

- Cosmetology Licensure
- American Heart Association First Aid, CPR/AED(Year OSHA-10 Barbicide Certification

#### **Dual Enrollment:**

• n/a



### **CTSO Integration:**

• FBLA SKILLSUSA

Unit(s) of Learning	Time per Unit	Proficiencies Addressed	Content-Area Integration	Projects and Assessment(s)	
	Year 1 - Semester 1				
Units: 101 Life Skills 102 Science 104 Client-Centered Design	During Week 1-6 Phase 1	1. Identify and Utilize Safety Procedures and Proper Tools a. Demonstrate safety rules and sanitation procedures for cosmetology services. Identify and utilize proper tools, implements, and equipment. Summarize Universal Precautions (OSHA) guidelines. b. Describe bacteriology and infection control principles and apply necessary procedures to client services. c. Recognize workplace hazards, including electrical and chemical, and determine solutions.	The following standards are found throughout all units in both year one and year two:  English Language Arts Reading: b, c, d, g Writing: a, b, d, e Writing: c Speaking and Listening: a, b, d Language: a, c, e  Mathematics Modeling: b, c Number and Quantity: c	Students are graded on knowledge of Life Skills, Science and Client Centered Design Text through Vocabulary and Chapter Tests.  Practical and Clinical tasks are evaluated through rubrics which show students their progress on previous Units.  Students must pass said	

d. Explain the procedures for safe handling, storage, and disposal of hazardous material.

### 2. Demonstrate Professional Behaviors and Growth

- a. Demonstrate professional verbal and non-verbal communication skills with co-workers, supervisors, and clients.
- b. Cultivate professional image, including posture, professional, and personal hygiene.
- c. Seek professional development and growth opportunities.
- d. Identify and adhere to code of ethics for cosmetology professionals.

### 3. Relate Anatomy and Physiology to Cosmetology

a. Describe elements of human anatomy and physiology that relate to cosmetology, including the structure and function of basic cells, tissue, and organs of the human body.

### 4. Assess Hair and Scalp Care

- a. Analyze hair and scalp, evaluate condition and outcomes, and recommend appropriate hair services.
- b. Explain and demonstrate shampooing, conditioning, and scalp massage services.

#### 9. Assess Salon Readiness Skills

Geometry: m, n

#### **Science**

Physical Sciences: Structure/Properties of Matter, Forces, and Interactions: d, e Life Sciences: Structure, Function, and Information Processing: a, d

### **Global Citizenship**

Inquiry: Constructing compelling and supporting questions: a, d; Determining helpful sources: a Civics: Processes, Rules,

and Laws: a
Economics: Economic

Decision Making: a; Exchange and Markets:

a

Geography: Human Environment Interaction: Place, Regions, and Culture: a

Communicating Conclusions and Taking

Units final Exams with a minimum of 75%

American Heart Association - First Aid, CPR/AED(Year 2)

OSHA-10

**Barbicide Certification** 



		a. Explain salon management, sales, and operation practices and requirements. b. Evaluate client services and customer satisfaction strategies. c. Summarize State Board licensure requirements. d. Identify and explore employment requirements and career opportunities in the field of cosmetology.  All core subjects are introduced during Phase 1. The knowledge and skills that will help the student be prepared to perform all services when assigned to the student salon are presented within this phase. The core subjects in Phase 1 originate from Pivot Point Fundamentals: Cosmetology and include core-related theoretical topics.	Informed Action: Communicating: a  Health Core Concepts: a, b, c, d, e Analyze Influences: a, b, c Decision Making and Goal Setting: a, b, c, d Self-Management: a  Art: Visual Art High School Create: a, c, e Present: c Respond: a Connect: a	
Units: 105 Sculpture/Cut 107 Hair Design	Week 7 Phase 1	5. Identify Principles of Hair Design and Haircutting a. Explain scientific principles of electricity related to hair service tools and equipment. b. Interpret and demonstrate hair design, hair cutting, and styling techniques in consultation with the client.  9. Assess Salon Readiness Skills		All students must pass three haircut techniques to move forward on the next. Practical Exams



		a., b., c., d  During Week 1-6 Phase 1, students will gain theoretical and practical knowledge as applied to 105 Sculpture/Cut, which is integrated with 107 Hair Design. Students will perform 7 Women's Sculpture/Cut workshops while integrating 4 thermal styling workshops and 2 wet design workshops from 107 Hair Design.  Additionally, students will participate in a draping, shampooing and scalp massage workshop, which will set the foundation for all following skills.	
Units (continued): 101 Life Skills 104 Client-Centered Design 102 Science	Weeks 8-12 Phase 1	9. Assess Salon Readiness Skills a., b., c., d Students will gain theoretical and practical knowledge as applied to Pivot Point Fundamentals: Cosmetology	Practical and Clinical tasks are evaluated through rubrics which show students their progress on previous Units.
Unit: 108 Long Hair		9. Assess Salon Readiness Skills a., b., c., d Students will perform 5 long hair workshops.	Students are graded on knowledge of Long Hair Text through Vocabulary and Chapter Tests.

		Students will gain theoretical and practical concepts as applied to Pivot Point Fundamentals: Cosmetology	Practical Skills may be inserted earlier in the phase to accommodate time. All students must pass three Long Hair techniques to move forward on the next. Practical Exams
Unit: 111 Perm & Relax	Weeks 12-16 Phase 11	<ul> <li>6. Identify and Utilize Chemical Services <ul> <li>a. Explain the scientific principles of chemistry related to chemical services.</li> <li>c. Describe and demonstrate chemical texture services.</li> </ul> </li> <li>9. Assess Salon Readiness Skills <ul> <li>a., b., c., d</li> </ul> </li> <li>Students will first learn about perming and perform 5 perm workshops before moving on to relaxers where students will perform 4 relaxer workshops. *Open time is provided to provide flexibility in scheduling.</li> <li>During Weeks 12-16 Phase 1, students will gain theoretical and practical knowledge as applied</li> </ul>	Practical and Clinical tasks are evaluated through rubrics which show students their progress on previous Units.



	to Pivot Point Fundamentals: Cosmetology	
Unit: 110 Color	6. Identify and Utilize Chemical Services a. Explain the scientific principles of chemistry related to chemical services. b. Describe and apply color theory to hair coloring techniques.  9. Assess Salon Readiness Skills a., b., c., d  Perform 6 color application workshops. Open time is allowed during week 8 to provide flexibility in scheduling.  During Week 17 Phase 1, students will learn theoretical and practical knowledge as applied to Pivot Point Fundamentals: Cosmetology	Pass 6 color applications, to move forward  Practical and Clinical tasks are evaluated through rubrics which show students their progress on previous Units.
Unit: 106 Men's Sculpture/Cut	9. Assess Salon Readiness Skills a., b., c., d  Students will complete 2 men's sculpture/cut workshops, in which 2 workshops will be repeated for further skill development.  During Week 18 Phase 1 students will learn	Practical and Clinical tasks are evaluated through rubrics which show students their progress on previous Units.



	theoretical and practical knowledge as applied to Pivot Point Fundamentals: Cosmetology	
Unit: 113 Nails	7. Demonstrate Nail Care Procedures a. Apply nail theory principles to recognize and evaluate hand and nail types for a variety of nail and hand care services. b. Demonstrate manicuring and pedicuring techniques, and utilize nail enhancements.  9. Assess Salon Readiness Skills a., b., c., d  Students perform a basic manicure and pedicure service.  During Week 19 - 20 Phase 1, students will learn theoretical and practical knowledge as it applies to Pivot Point Fundamentals: Cosmetology	Students are graded on knowledge of Nails Text through Vocabulary and Chapter Tests.
Unit: 112 Skin	8. Analyze Skin Care Procedures a. Explain scientific principles of electricity related to skin care services. b. Examine and critique skin structure and condition. c. Apply the principles of skin theory to determine skin care services.	Students are graded on knowledge of Skin Care Text through Vocabulary and Chapter Tests.

		d. Explain and demonstrate facials, makeup techniques, and hair removal procedures. e. Describe electrotherapy and light therapy treatments.  9. Assess Salon Readiness Skills a., b., c., d Students perform a basic facial.	
		Year 1 - Semester 2	
Unit 102 Science	Phase 2	3. Relate Anatomy and Physiology to Cosmetology a. During Weeks 11-13, for 1 hour per day, students will gain core related theoretical knowledge as outlined in Pivot Point Fundamentals.	
Units: 105 Sculpture/Cut 106 Men's Sculpture/Cut 107 Hair Design 108 Long Hair Design 110 Color	Week 14	5. Identify Principles of Hair Design and Haircutting a., b. Two long hair design workshops will be performed. Students will gain theoretical and practical knowledge as applied to Pivot Point Pivot Point Fundamentals.	Practical and Clinical tasks are evaluated through rubrics which show students their progress on previous Units.



112 Skin	Week 15	8. Analyze Skin Care Procedures a., b., c., d., e Students will learn and perform 2 waxing workshops and 3 makeup application workshops.	
113 Nails	Week 15	7. Demonstrate Nail Care Procedures a., b. Students will expand their knowledge on 113 Nails by performing 4 artificial nail workshops.	
103 Business	Weeks 16-17	<ul> <li>2. Demonstrate Professional Behaviors and Growth <ul> <li>a., b.</li> <li>A guest speaker is invited to discuss the importance of resume writing and/or how to properly report tips when filing state and federal taxes.</li> </ul> </li> <li>9. Assess Salon Readiness Skills <ul> <li>a., b., c., d</li> </ul> </li> </ul>	
Efficiency Day Workshops	Weeks 18-20	Phase 2, students will practice and improve their skills on sculpture and hair design techniques as they participate in 2 efficiency day workshops. Students will also improve their skills on color, perm, relaxer, skin and nail techniques as they participate in 2 color	



		efficiency workshops, 2 perm & relax efficiency workshops, 2 skin efficiency workshops and 2 nail efficiency workshops.	
		Year 2 - Semester 1	
Unit 111 Perm	Phase 3 Week 23	Students will participate in a curl reformation workshop.	Practical and Clinical tasks are evaluated through rubrics which show students their progress on Skills associated with Day to day Salon activity.
Units: 105 Sculpture/Cut 106 Men's Sculpture/Cut 107 Hair Design 108 Long Hair Design 110 Color 111 Perm & Relax 112 Skin	Weeks 23-32	Students will learn the latest hair trends as they participate in Trend Workshops that can be found in <i>Salonability Cut &amp; Color, Meta Men and Salonability Long Hair.</i> Students will participate in Field Trip and Salon Tour days to gain a perspective of various parts of the industry, such as distributor facilities, salon locations, salons within nursing homes, etc.  Week 32 Phase 3, students will participate in a Long Hair Competition to further develop their skills.	Practical and Clinical tasks are evaluated through rubrics which show students their progress on Skills associated with Day to day Salon activity.  ACT National Career Readiness Certificate - Levels 5, 6, or 7 All students must pass two Mock Practical Exams

Prepare for exam	Weeks 33-34	During Week 33-34 Phase 3, students are provided with time to prepare for Phase 3 exams that are administered during.	
		Year 2 - Semester 2	
Licensure Examination	Weeks 35-40 Week 37	Weeks 35-40 Phase 4, students will prepare for their Licensure Examination 5 days per week. Week 37, students will take the Phase 4 written and practical exam. During Weeks 38-40 students will be applying their knowledge and practical skills in the student salon.	All students must pass three Mock Practical Exams  VT Office of Professional Regulation (OPR) - Vermont Cosmetologist License

