

Drawing together a robust body of research, the ReLATE model has four foundational concepts:

1. Safety

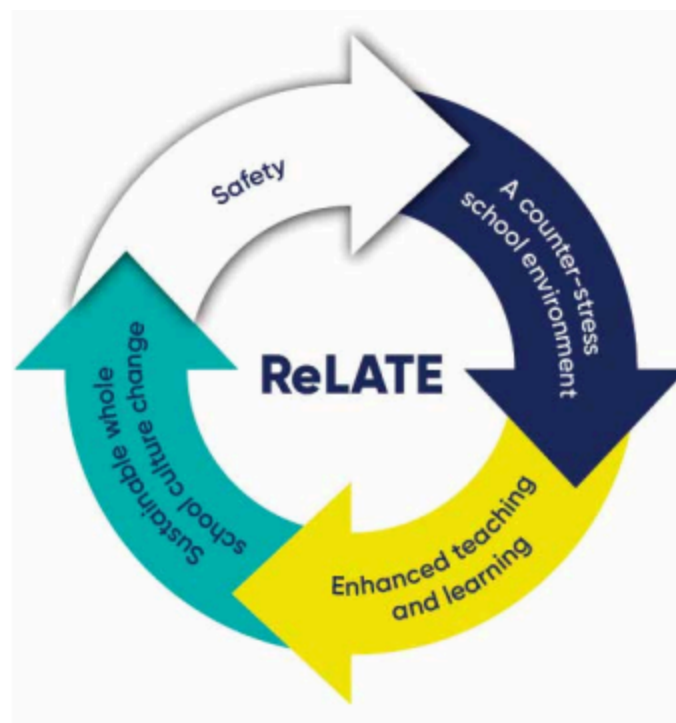
ReLATE recognises safety as an essential pre-condition for quality teaching and learning.

Safety is defined as having both the internal and external resources to cope with life's challenges. Safety is not only physical, but also cultural, psychological, social, moral and ethical.

ReLATE mirrors evidence showing us that safety is achieved through relational trust, where teachers and other adults create emotional safety and security for students and colleagues. This supports their engagement in learning and creates environments that embrace innovation, collaboration and have clarity of purpose.

2. A counter-stress school environment

ReLATE fosters wellbeing by actively counteracting stress, through congruent, trauma-informed policies and practices, that empower communication and promote self regulation. By counteracting stress, ReLATE supports schools to create improved learning environments and enables schools' strategic initiatives to flourish.



3. Enhanced teaching and learning

ReLATE is guided by neuroscience and enhances teaching and learning and encourages staff to use repeated, supportive actions. These actions are designed to promote the state of mind required for quality teaching and learning to take place.

4. Sustainable whole school culture change

ReLATE is guided by trauma-informed research and evidence that integrates our understanding of organisational culture change, resilience, adversity, mindset and collective efficacy. ReLATE supports schools to embed cultural change, resulting in greater inclusion, improved wellbeing and enhanced teaching and learning outcomes.

Our three-year implementation plan

Below details the professional learning and development structure for the each participating school over the course of their three-year implementation.



School Implementation Taskforce (SIT) team

There will be direct and ongoing support for Implementation. With ongoing support from Mackillop consultants and DOBCEL student wellbeing staff, the schools will establish a School Implementation Taskforce (SIT) team. The SIT represents an integral group of staff who will lead implementation, detailing each of the key activities needed to create the pre-conditions for improved teaching, learning and wellbeing. **DOBCEL schools will have access to one day per year.**

Through this process schools will be supported to:

- implement planning days
- use data to inform thinking
- examine values, beliefs and assumptions
- contextualise resources for individual school communities