

Quellen: Psychotherapie - Was sie kann und woran sie scheitert

- <https://www.spektrum.de/news/psychotherapie-was-tatsaechlich-wirkt/1991017>
- <https://www.dgsf.org/presse/kurzinfo-systemische-therapie>
- <https://www.therapie.de/psyche/info/therapie/systemische-therapie/>
- <https://systemische-gesellschaft.de/systemischer-ansatz/was-ist-systemisch/methode-n/>
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- <https://www.spektrum.de/news/psychotherapie-was-tatsaechlich-wirkt/1991017>
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