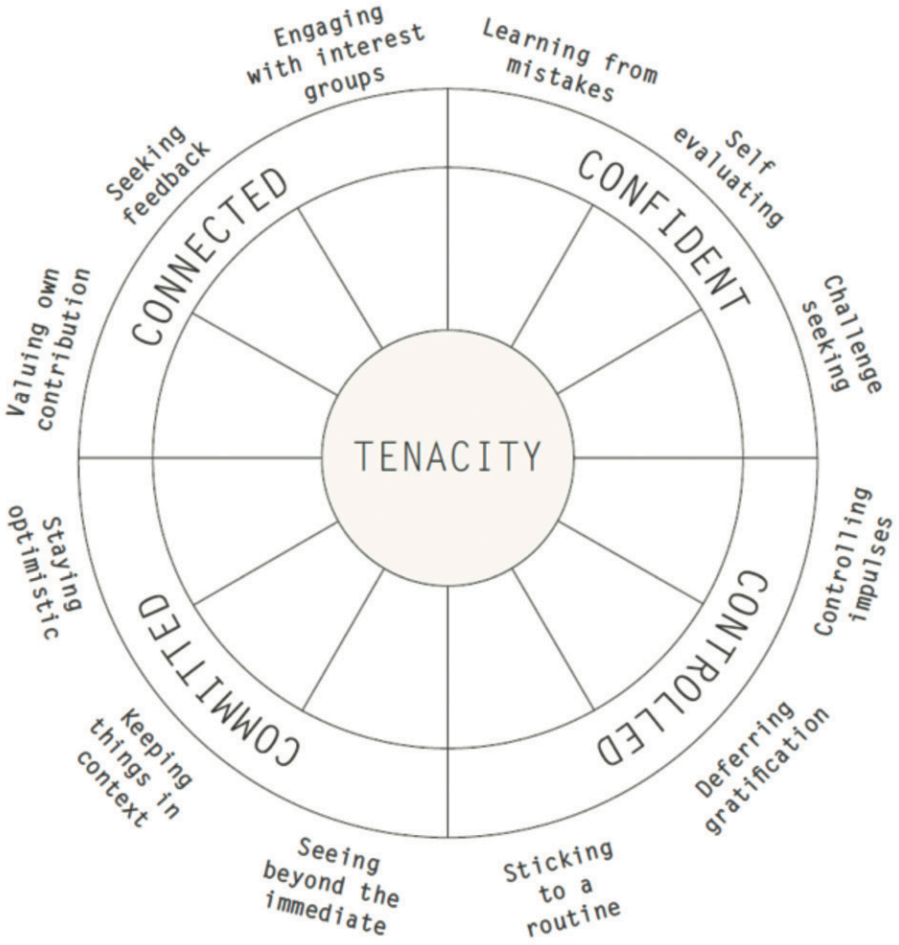
Name _____ January 2025



Reflect on how your tenacity has shifted, grown, or changed over the past few months. Use the space below (and likely the back of the page) to share your thoughts. Consider including:

- *What does tenacity mean to you? Write a short definition or describe it in your own words.*
- *Specific examples of small changes you've made to strengthen your sense of tenacity.*
- *Areas where you feel you've grown the most.*
- *Areas you wish to continue developing and your plans for doing so.*

Write authentically and from the heart, highlighting both your strengths and opportunities for growth.