ISEA

Teach to Heal ASCD IOWA

A PK-12 Systemic Approach to Support Mental Health in Our Schools!



Iowa ASCD & ISEA Co-Sponsor the Learning Series Addressing Mental Health Needs in Our Schools!

What about the mental health of today's youth?
What about the violence to & by the youth of today?
What is the role of educators?
What are the signs of trouble?
What is your plan?

<u>Do not miss</u> this three-part series for your leadership team!
January 16, January 19 and February 29, 2024
Repeats March 4, March 5, and April 8, 2024

Facilitated by Danielle Theis, National Consultant on trauma-responsive schools. (teachtoheal.org)

Why Attend

- **Today's education environment is not the same post-pandemic!**
- These sessions will provide clarification of **our roles in supporting ourselves and students**.
- We must be **aware, and solution focused.**
- We must **have a systemic team plan.**

Teacher retention an issue for your district?
Join us to earn how to support the educators in this changed education environment.
Support for Staff & Students!

Come start your Teach to Heal journey with this series.
Who should attend: Administrators, School Counselors, School Leadership Teams, Behavior Interventionists, Social Workers, and Mental Health Staff.

Teach to Heal is an infrastructure for schools who are seeking to integrate the necessary components to meet the needs of all learners. This is not the easier path... but it is right for kids.

Day 1 & 2: The WHY, the WHO, and the HOUSE
Participants will explore the impact of varying factors on the mental health of our children. They will establish a clear understanding of the neurological and psychological implications of trauma on children and their learning. The WHY of the work will be outlined within a strong foundation which will serve as a platform for the remainder of the series. School culture will be outlined as an imperative part of

effective educational systems. Participants will learn and discuss the components working for, and against, their systems and develop a plan for moving forward as a united front. Teams will walk away with applicable tools, and clarity surrounding role definition, that have the capacity to change the trajectory of their system and who they serve. Schools are the "houses" that education occurs within... the results we achieve have a direct correlation to the health of the "house" itself. Teams will leave with action steps to implement prior to day three.

Day 3: Setting the Interdependent Table

Participants will have the opportunity to reflect and share their experiences with application and implementation following day one and two. Identified successes and barriers will be discussed with a focus on solutions. Teams will be introduced to Life Space Crisis Intervention as a highly effective strategy for children who struggle with maladaptive behavior patterns and dysregulation. Teams will leave with an understanding of how to introduce and support this intervention modality within the structure and culture of a healthy "house" and the partnering components of Teach to Heal. In addition, tools will be introduced to assist teams in preparing for high quality teaming within their systems.

Where:

Winter Series: January & February, Clear Lake AEA, 9184 265th St Suite B, Clear Lake, IA 50428Spring Series:
Spring Series: March & April, West Des Moines Hilton Garden Inn, 205 S 64th Street, West Des Moines

Daily Schedule: 8:00 am – 4:00 pm

Join Danielle Theis, a trauma expert, Psychotherapist, Principal, and Special Education Director, (teachtoheal.org) as we start this journey together!

*** **Special Offer!!** **School Counselors** who are members of Iowa State Education Association are supported through the Ross Trust Charitable Fund managed through ISEA and **all costs including lodging and registration will be covered/reimbursed through Ross Trust reserve funds.** (For more information, please contact Cindy Swanson, cindy.swanson@isea.org)

Registration: https://iowaascd.org events tab
January 16, January 19, February 29, 2024 https://iowaascd.org events tab ● **Early Bird: through December 15, 2023** ○ Iowa ASCD Members: **$600** includes all three sessions ○ Non-Members of Iowa ASCD: **$645** includes all sessions & 1 year membership in Iowa ASCD ● **After December 15, 2023** ○ Iowa ASCD Members: $645 (all 3 sessions) ○ Non-Members Iowa ASCD: $690 (all sessions & 1 year membership) **Where**: Clear Lake AEA, 9184 265th St Suite B, Clear Lake, IA 50428
For those who register with a P.O. Address to Iowa ASCD Email the PO to: Becky Martin at rjmartin@mchsi.com **OR** US Mail to: Lou Howell, Iowa ASCD, 835 NE Boston Parkway #4413, Waukee, IA 50263

***Special Offer!!** **School Counselors who are members of ISEA registration fee and hotel room is funded through the Ross Charitable Trust Reserve Funds.**
Winter Series: fees will be reimbursed Spring Series: fees will be paid at registration

***Renewal Credit: One Iowa License Renewal Credit available if attending all 3 sessions.**

We look forward to learning with you!

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Lou Howell, Iowa ASCD, Executive Director louhowell@gmail.com
Cindy Swanson, ISEA Teaching & Learning Specialist, cindy.swanson@isea.org
Becky Martin, Iowa ASCD, rjmartin@mchsi.com

Registration/Cancellation Questions: Contact Becky Martin rjmartin@mchsi.com 319-533-8050