



Raspberry Pi

Cyberbullying information sheet

What is cyberbullying?

As you get older and begin to use social media apps, it becomes more likely that you will experience or witness cyberbullying. Cyberbullying can be an extension of traditional bullying. It is used to continue bullying that may already be happening at school or in your community. It is rare for cyberbullying to be the only form of bullying that young people experience — just 1% of young people report only being bullied online.

Bullying can be described as repetitive, malicious behaviour that tries to establish dominance over a person or group of people.

Cyberbullying can include discrimination or hate crimes. This is when certain groups are targeted because of their gender identity, race, disability, special educational need, or sexual orientation.

Cyberbullying can come in many forms. Some examples are:

- Threatening someone to make them feel scared
- Harassing someone by repeatedly sending them messages
- Ruining somebody's reputation
- Excluding someone from a group
- Stealing someone's identity and pretending to be them
- Publicly displaying private images or messages

Is cyberbullying a crime?

“Bullying, or cyberbullying, is not a specific criminal offence in UK law, however harassment, malicious communications, stalking, threatening violence, and incitement are all crimes. There are a range of laws that criminalise activity that may be related to cyberbullying, including discrimination, harassment and threats. The age of criminal responsibility in England and Wales is 10.”

Source: Cyberbullying: Understand, Prevent and Respond by Childnet International

Where can you get help if you or someone you know is experiencing cyberbullying?

There are many places that you can go to get support:

Speak to a trusted adult

[Add school-specific names here]

Report abuse on the [Child Exploitation and Online Protection command \(CEOP\) website](#)

Talk to [Childline](#)

Report abuse to the [social media sites](#)

Useful websites for further research

www.anti-bullyingalliance.org.uk

www.bullying.co.uk/cyberbullying

www.ditchthelabel.org

Resources are updated regularly — the latest version is available at: ncce.io/tcc.

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