

# UNIVERSITY HOSPITAL WALES

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### For the Hospital

[Main Statistics & Numbers](#)

[Specialties Available](#)

[Facilities & Amenities](#)

[Social Aspects & Staff Networks](#)

[Food & Catering Options](#)

### For the Region

[City & Regional Overview](#)

### For the Specific Job Role in the Hospital

[Department-Specific Information \(Example: Acute Medicine\)](#)

## For the Hospital

### Main Statistics & Numbers

- **Beds:** Approximately 1,000 inpatient beds
- **Staff:** Over 7,500 employees, including 300 consultants and 1,200 nursing staff
- **Annual Admissions:** ~150,000 inpatient admissions and 500,000 outpatient appointments per year
- **Emergency Department:** Handles roughly 80,000 attendances annually

### Specialties Available

- **Medicine & Surgery:** Acute Medicine, General Surgery, Orthopedics, Urology
- **Critical Care:** Intensive Care Unit (ICU), High Dependency Unit (HDU)
- **Specialist Services:** Cardiology, Oncology, Neurology, Respiratory Medicine
- **Women & Children's Health:** Obstetrics, Gynecology, Pediatrics, Neonatal Care
- **Other:** Palliative Care, Radiology, Pathology

### Facilities & Amenities

- **Patient & Staff Facilities:**
  - Fully equipped shower and changing rooms for staff
  - Onsite gym and wellness centre
  - Dedicated quiet/rest areas for staff breaks
- **Transport & Parking:**
  - Secure cycle parking areas
  - Onsite car parking with dedicated spaces for staff and visitors
  - Convenient bus and train links nearby

- **Additional Amenities:**
  - Free Wi-Fi in key hospital zones
  - Cafés and relaxation lounges available for staff and visitors
- **Accommodation**
  - Too tired to drive rooms
  - Official hospital accommodation
  - Rentable rooms/exchanges among staff

## Social Aspects & Staff Networks

- **Hospital Mess & Cafeteria: (Poor, Average, Good)**
  - A modern hospital mess offering a variety of healthy, seasonal menus
  - Facilities open extended hours, including options for overnight staff
- **Social Clubs & Networks:**
  - Staff sports clubs (football, netball, running groups)
  - Dedicated staff networks for mentoring, diversity, and wellbeing initiatives
  - Regular social events and team-building activities organized throughout the year

## Food & Catering Options

- **Onsite Food Services:**
  - Hot and cold meal options available all day
  - 24/7 access to a café for light snacks and beverages
  - Special dietary options (vegan, gluten-free, etc.)
  - Overnight catering provisions for night shifts

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## Local Area

### City & Regional Overview

- **City Profile:**
  - Located in the heart of Wales, the hospital serves a diverse urban and surrounding rural population
  - Cardiff (as the region's capital) provides a vibrant mix of historical heritage and modern amenities
- **Size & Demographics:**
  - A medium-to-large city with a population of over 350,000
  - A welcoming, multicultural community with a blend of students, professionals, and families
- **Social Scene:**
  - Rich cultural life with theatres, museums, music festivals, and a bustling nightlife
  - Numerous community events and public spaces that encourage social interaction
- **Sports & Recreation:**
  - Wide range of sports clubs (football, rugby, cricket) and outdoor activities including parks and cycle trails

- Modern leisure centres and gyms available citywide
- **Moving In Essentials:**
  - Good public transport links, affordable housing options in various neighbourhoods, and well-regarded local schools and universities
  - Active local community groups to help newcomers settle in

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## For the Specific Job Role in the Hospital

### Department-Specific Information (Example: Acute Medicine)

- **Staff Wellbeing Rating:**
  - Current survey results indicate a wellbeing score of 4/5 for the Acute Medicine team
- **Working Patterns & Shifts:**
  - Standard rota includes 12-hour shift blocks with regular on-call duties
  - Rotational on-call shifts ensuring coverage across weekends and nights
  - Specific work zones include clearly designated areas for wards, outpatient clinics, and on-call rooms
  - Approximate take home pay
- **Educational Opportunities**
  - Audit and QI opportunities
  - Local/regional teaching/training
  - Research activity in department
- **GMC & Professional Data:**
  - Latest GMC reports indicate strong support for continuous professional development in the department
  - Regular wellbeing and burnout assessments are used to monitor staff satisfaction and working conditions
    - Breakdown into sections
  - National Training Survey Data
- **Key Factor Ratings (Voter Input):**
  - **Work-Life Balance:** 4.2/5
  - **Team Support & Morale:** 4.0/5
  - **Career Development Opportunities:** 3.8/5
  - **Quality of On-Call Arrangements:** 4.1/5
  - **Facilities & Environment:** 4.3/5

## Local Area

- Social
- Childcare

- Moving

# Hospital

- Facilities
  - On site:
    - Gym
    - Changing rooms/showers
    - Wifi
  - Transport
    - Car parking
    - Cycle parking
    - Bus routes / train access
  - Accommodation
    - Free hospital accommodation?
    - On call rooms
  - Food
    - Cafe / restaurants
    - Overnight options
- Specialties
  - List of specialties available
- General
  - Number of beds (i.e. how big is the hospital)
  - Number of admissions (per year)

# Job Role / Specialties

- Rota
- Education
- Location - split site etc
- Training survey information

# Contact Information

- PGME Lead
- Medical staffing

# Filter components

- Local Area
  - Local University
  - Train Station
- Hospital
  - Overnight Catering
  - On-site childcare
  - Hospital Accommodation
  - ((Specialties present))
- Job Role
  - Split site cover
  - Non-Resident/Resident On Call

NTS Fields:

- Clinical Supervision
- Work Load
- Feedback
- Teamwork
- Handover
- Local Teaching
- Regional Teaching
- Educational Supervision
- Facilities
- Clinical Experience
- Reporting Systems
- Educational Governance
- Overall Satisfaction
- Study Leave
- Rota Design
- Induction
- Supportive Environment

<https://www.figma.com/proto/cVeSROtwNj1SLKs8Vm0npA/NHS-HACK-DAY---SHIFTED?node-id=11-2751&t=qpVVpIFHNUakAMCI-0&scaling=min-zoom&content-scaling=fixed&page-id=0%3A1>



Sabrina ChatGpt Strapline: Scrub Hub: "Insider insights for your medical journey - find the perfect fit for your residency"



# SCRUB HUB

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