

THE WISCONSIN STATE INDOOR TRACK & FIELD CHAMPIONSHIPS
HOSTED BY THE UNIVERSITY OF WISCONSIN-WHITEWATER
SATURDAY APRIL 5th, 2025

FUTURE DATES	Saturday April 4, 2026
ELIGIBILITY	Open to ALL Wisconsin High School teams that meet the entry requirements. Team scores will be kept. Whitewater High School is the official host school of this event.
WEBSITE	The official meet website is https://sites.google.com/uww.edu/wtfchampionships/home
ENTRY INFORMATION	Online: https://www.athletic.net/edit/track/meet/register/5980350/overview Coaches questions can be sent to: trackmeet@uww.edu (please no phone calls) Entry Deadline: Thursday, April 3, 2025 at 12:00pm 55m/55mH performances should be converted to 60m/60mH performances and used as entry marks. Use this link for conversions
ENTRY LIMITS	Qualifying Standards (click here) Please check the qualifying standards located on the meet website and ensure your athletes meet or exceed these standards based on your honest prediction. There will be no limits on entries as long as they meet the standards. Relay Entries: Only one entry per school allowed. Please enter relay members during online registration. Wheelchair Entries: Please contact trackmeet@uww.edu to enter your wheelchair athletes prior to the entry deadline.
ENTRY FEE PAYMENTS OPTION #1	\$200 per gender/\$400 per combined team. \$50 per individual athlete/relay. Entry fees will be paid during online registration. Your entry fee will be charged based on your ENTRIES. There will be no refunds for no shows!
OPTION #2	If paying by check, payments must be received by April 1, 2025. Please ensure the following: • The check is made payable to "UW-Whitewater Track & Field" • The memo/note indicates the payment is for the WI Indoor State Track & Field Championships • The check is mailed the following address ONLY UW-Whitewater Track & Field Attn: Mike Johnson Williams Center #114 800 W. Main St. Whitewater, WI 53190
HEAT SHEETS	Heat sheets will be emailed to all head coaches and posted on the meet website on April 3, 2025. The coaches will be SOLELY responsible for accurately entering their athletes. Coaches should view the performance list online as well as double-check your own entries. It is recommended that coaches email themselves a receipt of their entries.
LATE ENTRIES	SUBSTITUTIONS – INDIVIDUAL: Will be accepted the day of the meet with approval from the meet director (at the finish line timing area). SUBSTITUTIONS – RELAY MEMBERS: No approval needed. If your lineup changes from your initial online entry, please notify the timing crew before the relay begins. ADDITIONS – INDIVIDUAL RUNNING EVENTS/RELAYS: A \$50 fee per addition will be charged. Additions will be permitted if there are available lanes ONLY. There will be no re-seeding of events or adding additional heats to accommodate late entries. ADDITIONS – FIELD EVENTS: A \$50 fee per addition will be charged. Additions will be permitted if there are available positions ONLY. There will be no re-seeding of events or adding additional flights to accommodate late entries.
TRACK	The track is a 200 meter, 6 lane (8 lanes for 55m dash/hurdles) Beynon BSS 1000 with a Hobart Encapsulated surface. All races will utilize the FinishLynx Automatic timing system. Results will be displayed on the scoreboard and posted in the facility. There will only be LIMITED areas on the track for warm-ups. Please DO NOT remove blocks or hurdles from the facility.
RUNNING EVENT FIELD SIZES	Should the overall field in the 60m dash or 60m hurdles be larger than 64 entrants, there will be a qualifying round. The top 24 from the qualifying round will advance to the preliminary round. All rounds will advance athletes on time.

CHECK-IN	Please pick up hip-numbers at the clerking area located under the records board at the Northwest corner of the track. You <u>MUST</u> bring your spikes to be checked in order to obtain your hip numbers. Check-in will take place at the start line for each event. Check-in for field events will take place at each field event.
TEAM AREA	The team camp will be available in Gym 4 (volleyball gym). No team camps will be allowed in the indoor track. Hurdles will be available for practice. Please do not remove hurdles from the team area. SPIKES ARE NOT ALLOWED IN THE TEAM AREA!
SPIKES	1/4" exposed Pyramid spikes only!!! Spikes will be checked at the clerking area! Please do not abuse this rule. See detailed information below.
LONG JUMP	Located outside the track on the curve on the North side of the field house. Distance from the takeoff board to the pit is 10 feet. Approach is approximately 130 ft. Open pit will be used with a time frame established after all entries have been received. The 9 best performances will advance to the finals.
TRIPLE JUMP	Located outside the track on the straight on the West side of the field house. Distances from the take-off board are 24, 28, 32, 36 & 40 feet. Unlimited approach. Open pit will be used with a time frame established after all entries have been received. The 9 best performances will advance to the finals.
HIGH JUMP	On the infield. Unlimited approach. Please be courteous and remove your tape marks following the competition. Starting heights and progressions will be established after all entries have been received.
POLE VAULT	Located on the outside of the track on the curve along the South side of the field house. Approach is approximately 120 feet. Pole vault weight verification forms can be downloaded from the meet website. Forms should be turned in at the pole vault area. Starting heights and progressions will be established after all entries have been received.
SHOT PUT	On the infield. Throwing circle is wood. Weigh-ins will take place at the North throwing ring on the following schedule: Morning session weigh-in will be from 8:00AM-9:15AM . Afternoon session weigh-in will be from 3:00PM-4:15PM .
LOCKER ROOM	Locker rooms and showers are located in the Williams Center (connected to Kachel Fieldhouse). Use the general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
TRAINING ROOM	Trainers and complete treatment facilities are available in the training room facing the track area.
AWARDS	Awards will be given to the top 6 individuals and relay teams. The awards presentation for each event will take place following the finals of each event. Please inform your athletes to not leave the event area following the conclusion of the event. An "Event Staff" member will escort the top 6 individuals to the awards area. Awards will also be given to the "Most Valuable Athlete" of the meet and to team champions.
CONCESSIONS	A concession stand will be available on the first floor of the Williams Center. The stand is located in the lobby area.
PARKING	Buses may drop off athletes and coaches on the north end of the Williams Center. Team buses and vans should park in the Perkins Football Stadium lot (Lot 24).

SPIKES

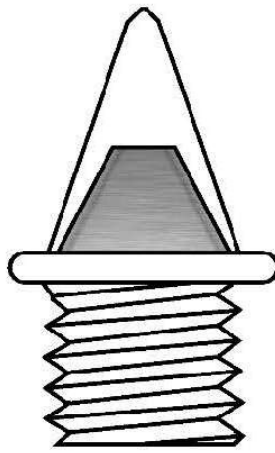
The only spike allowed on our Track facility is the 1/4" pyramid spike.

ATHLETES WILL NOT RUN IF THEY DO NOT COMPLY WITH THIS RULE.

Spikes must be checked prior to the start of your race. Anyone found using any spikes other than 1/4" Pyramid Spikes will be disqualified.



NO
Christmas
Tree Spike
Pins



1/4"
Pyramid
"Cone Shape"
Only



NO
Needle
Spike
Pins