

- How to make a workout program for yourself and get amazing results as quickly as humanly possible

Avatar - 25 years old. Merry lives as an accountant, has a boring life, not interested in having a boyfriend or in relationships, wants to build an extraordinary life and change how others perceive her. She wants to be happy, feel powerful and empower others. ; She saw these strong people online that can do stuff she only can imagine - some superhuman stuff, like moving a car with a rope with bare hands and not breaking a sweat! Squatting inhuman amount of weight (for REPS), having the body of a powerful greek goddess. She actually has dreamed about this for a long time. She wants that extraordinary body and this strength.

DREAMSTATE - She lives a pretty boring life. But that can change. If she achieved her dream, anyone would look up to her. She sees herself in the future - everyone admires her. Her strong body catches the eye of everyone. She lets them guess: „How is she able to lift this much and have this body! I have been into fitness, I've lifted weights, but I could NEVER be like her..." She imagines herself stepping into the life she always has dreamed about - she is in the news, sharing her secrets, maybe she has a bestselling book about her fitness experience, a course, a personal closed group, where she mentors young people who have the same drive as hers... She would be unstoppable.

What's painful about her current situation?

She is stuck, she don't know HOW she will get there. There are many roads she could take to her dream but how would she know which is the right one? She can't sleep, she can't decide what she can do.

Roadblocks - She doesn't have a mentor, or a program for training, because they are too expensive. She can't quit her job because she needs the money. Merry needs a program, a coach and a plan that she can follow.

Solution - If she can find a free program she can follow that can promise her fast and real results, to give her a massive strength and not consume all of her time.

How does the Product help the Avatar Take advantage of the Solution?

It will give her the mental jumpstart to hit her goals and finally have a strong body. She will have a step by step plan, what exactly she needs to do, she will have all the information she needs in just a click. She will also have a support group where she can share her progress and ask professionals for advice. She just needs to do her work and trust the coach and the process.

The ultimate guide for **building your superpower** you ABSOLUTELY need to achieve your **fitness goals** NOW!

Join us today. Become a...

Strength beast and unlock your potential as a powerlifter.

Ben Pollack's [kick-ass program guide](#) with top secrets for powerlifters and gym enthusiasts.

ABSOLUTELY FREE + Access to the **private facebook group**

NOW YOU CAN LEARN THE SECRETS TO BECOME ONE OF THE WORLD [POWERMANS](#) FROM THE PERSON [TRANSFORMED OVER A 1000 PEOPLE'S LIVES](#)

Your *starting point* has *ZERO* significance for your results at the end.
It doesn't matter if you're skinny with no physical strength or fat and trying to lose weight.

Works with **every body type**.

Even if you have *NEVER* stepped into a gym before.

- **Start from *the basics*** - Learn all you need to start seeing immediate progress after you apply this tips

- **How to perform your reps *THE CORRECT WAY*** - most people don't know it and no other fitness coach can teach you this
- **A full 10 weeks program and how to perform every exercise with alternative versions and variation for everyone.** - To make sure no one skips any of the exercises.
- **Learn how to implement cardio the right way with HIIT training** and not *SLOWING YOUR RESULTS* for muscle gaining.
- **What is conditioning...** and how exactly to implement it in your routine for achieving results faster than ever before.
- **How to prevent injuries and train optimally for fast recovery and muscle gain.** Most people miss this one, but numerous studies had shown that this is number 1 factor for becoming stronger, *FASTER*

...the quickest way to transform your body (and your life) is to follow a carefully made plan, proven for results over the years and tested with over a 1000 people by now...

That's why Ben Pollack created...

„kick-ass program guide with top secrets for powerlifters and gym enthusiasts”

Meet your Instructor

Ben Pollack

Ben is a professional powerlifter, US Open champion and all-time world record holder, and doctor of physical culture.



*„I will make sure everyone gets out of this program
in their **best shape ever**, no matter your age, sex,
height, weight. I guarantee your **confidence will boost**
once you finish it!”*

Enter your Email to get the **Free kick-ass program guide** with top secrets for powerlifters and gym enthusiasts.

You risk nothing!

Take the first step to being able to lift more than your friends could lift together!
Become a powerlifter and your life will change forever!

P.S. One more thing...

If you enroll **NOW** I'll give you one more **very special bonus**.

I can ensure that it will take you from **just reading the guide** to **BECOMING the best version of yourself** and having feedback on your progress whenever you need it from true professionals .

Special bonus if you enter right now:

Access to our private Facebook group

This group will jump start our progress with the help of our trained coaches. They are ready to help you with your roadblocks and give you the advice and the encouragement you need to crush your goals!

Only now we let inside people who are not in the *Powerlifting library program*
FOR FREE

You can't miss this opportunity!

Enroll for the kick-ass program guide with top secrets for powerlifters and gym enthusiasts right now and get your bonus: *ONLY NOW*- An access to our private Facebook group for absolutely free.

Eroll now!

Name:

Email adress: