



Bet Shalom Yeladim Preschool Program Sagol Classroom

As children enter their third year, they become a part of our preschool program. One of the most exciting developmental characteristics of a three year old is their ability to initiate activities. This comes along with their ever-growing sense of exploration, and trust of their peers, teachers and themselves. As they progress throughout the year we will help your child learn how to become responsible members of their community. With guidance and support, children are expected to clean up after themselves after meals and play and demonstrate a growing independence of toileting, hand washing and dressing. Throughout the week children will have the opportunity to engage in a thoughtful teacher initiated curriculum that meets the Minnesota Early Learning Standards. They will also engage in self directed play, indoor and outdoor large muscle time, music with our Cantor and Shabbat with our Rabbis. All of this, paired with navigating the social aspects within their classroom, provides a well balanced preschool experience.

Our day-to-day interactions specifically help our preschool children to develop:

- Trust and emotional security through recognizing and describing their own emotions, using their words instead of their actions to express their feelings, beginning to understand and respond to other's emotions and respond to praise, limits and correction.
- A positive self-concept by beginning to experiment with their own potential and show confidence in their own abilities.
- Skills to easily interact with a group of children, trustworthy adults and sustain interactions through cooperation, helping, sharing and expressing interests.
- Seek adult help when needed for emotional support, physical assistance, social interaction or approval.
- Curiosity by showing an eagerness and interest in discovering and learning new things and feeling comfortable taking risks and showing persistence.
- Self-exploration as they explore various roles in play with make-believe objects, discover various ways to use materials and approach tasks and experiences with flexibility.
- Listening skills by understanding non-verbal cues, two-step directions and listening with understanding to stories, directions, and conversations.
- Speaking skills by communicating needs, wants and thoughts through non-verbal gestures, verbal words and use an increasingly complex and varied vocabulary.

- Emergent reading skills by responding to stories through personal thoughts, predictions and retellings. Beginning to recognize and name various letters of the alphabet.
- Emergent writing skills by using scribbles, shapes, pictures or dictation to represent ideas and thoughts.
- Large motor skills through use of indoor and outdoor equipment, increasing body strength, balance, control, coordination, flexibility and stamina. Practice moving throughout a space with purposeful movements.
- Fine motor skills through use of various tools such as spoons, crayons, puzzles, paintbrushes, scissors and using hand-eye coordination to perform a variety of tasks.