

# Anne Heck

Spiritual Guide ❖ Healer ❖ Artist

*Fierce Believer in Miracles*



## Questions to Consider

In our coaching relationship, we'll explore questions like those listed below. Considering answers to these questions is helpful for you to gain deeper clarity on your intentions while helping me know what you're seeking. This way, when we talk, we can more easily determine if we're a good match. Thanks for your time and thoughtful reflection.

To schedule a call, please email me at [anne@anneheck.com](mailto:anne@anneheck.com)

1. What desires, concerns, or intentions would you like to work on in a coaching relationship?
2. Are there specific tools that you'd like to learn?
3. What do you sense challenges you as you move toward your desired outcome(s)?
4. Do you have a spiritual/religious practice and if so, how do you experience support from this?
5. What is your level of commitment to reaching your outcome(s)?