

Seeds of Hope Presents
Answering Earth's Call 3. Introduction to Regeneration:
"Bringing the Earth Back to Life"
1:30-3:00 PM EST Sunday, February 6, 2022

Our February 6 Seeds of Hope will be based on the new [book](#) and [website](#) by Paul Hawken, "Regeneration: Ending the Climate Crisis in One Generation." Project Regeneration addresses not just the climate crisis, but all of the ways we are tearing apart the intricate web of life that were depicted in the "Breaking Boundaries" film we saw in November. It is not steeped in technical jargon and metrics, but invites our broken, open hearts to put life at the center of all of our decisions, so that our life choices and actions can begin to mend those tears in the web of life. It leaves no one out, and seeks to create a future worth living for everyone on the planet.

More and more people are awakening to our planet's peril, but aren't sure if their actions can make a difference. "Regeneration" reminds us that everything we are doing now *is* making a difference—by either degrading life or enhancing life. By putting life at the center, we join a growing global movement that is planting the seeds of a liveable future—seeds that are sprouting and growing now, as the old destructive systems are beginning to wither. And helping to bring the Earth back to life helps bring our demoralized spirits back to life with meaning, purpose and connectedness.

We hope you will join us in exploring this life-generating movement at 1:30 EST February 6. You can **register by clicking [HERE](#)**. You will be sent a Zoom link to the program as soon as you register, and also the day before the program.

Please prepare for this gathering by checking out the [Regeneration website](#). Click on the large Nexus button and find one of the arenas for regeneration that interests you. Take a few minutes to find some practical ideas for being an agent of regeneration in that arena. We'll give people a couple minutes to share some findings with a partner on February 6. Here are a few examples of arenas you might want to explore::

- **Agroecology:** Solutions that enable us to conserve natural resources and preserve biodiversity while creating efficient ways to produce food needed for humans.
- **Electrification:** Solutions that help us generate clean energy in our homes and reduce our use of carbon-based fuels.
- **Urban Mobility:** Sharing resources such as automobiles. Options for public transportation. Reconsider need for privacy and hyper-optimization of time.
- **Eating Plants:** 60% of greenhouse gasses are due to industrialized meat production. Plant-rich diets are healthy and have a big ecological impact.

Also, we invite you to read this blog, ["From Alone to All-One."](#) which provides the perspective that underlies our program.

For more info, contact Dave Inglis at dri.inglis@gmail.com.