

Grade 4 Physical Education



Motor Skills and Movement Patterns

Course Curriculum

Physical Education Assessments

Power Objectives

P.O. #2: Apply the critical elements of fundamental manipulative skills in a variety of physical activities

Academic Vocabulary

- ☐ locomotor skills
- ☐ non-locomotor skills
- ☐ manipulative skills
- ☐ critical elements
- ☐ movement sequences
- ☐ strong hand/weak hand
- ☐ balance
- ☐ targets
- ☐ throw/toss

- ☐ catch
- ☐ opposite
- ☐ dribble
- ☐ kick
- ☐ roll
- ☐ strike
- ☐ force
- ☐ self-space
- ☐ general space

Enduring Understandings

Students understand that...

- Physical activity involves using motor skills.
- Motor skills are essential to complete/perform several everyday tasks.

Essential Questions

- How do motor skills relate to the activities or games played?
- How can I use locomotor, non-locomotor and manipulative skills outside of gym class in everyday life?
- Why is the development of motor skills essential?