



Mount Mansfield Unified Union School District

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District Wide Health Information for Families v1.2

Updated 8/21/2020

We are so excited to have students back at school!! Here are some of the health guidelines we will be following when school opens back up. This information is based on the VT Strong and Healthy Start. If that guidance is changed, we will update our procedures to reflect the revisions.

All sick students and staff stay home

- **Reasons students or staff must stay home from school:**
 - Symptoms
 - cough,
 - shortness of breath,
 - difficulty breathing,
 - chills,
 - repeated shaking with chills,
 - muscle pain,
 - Headache,
 - sore throat,
 - a new rash,
 - large amounts of nasal discharge or
 - new loss of taste or smell?
 - Nausea or vomiting
 - Diarrhea
 - Fever
 - Temperature of 100.4 F or higher
 - Close contact with a person who has COVID-19
 - If your student needs cold medicine or Tylenol or Advil, please do not send them to school.
 - There are exceptions to the above symptoms if a student has known allergies or well controlled asthma. Please contact your school nurse with any questions.

Cloth Facial Coverings

- **Cloth Facial Coverings/ Masks are required for all students and staff.**

- We are asking all families to send students with 3 clean, labeled masks daily. Masks will be changed during the day if they become soiled or wet. Please make sure that masks that come to school each day are freshly cleaned.
- We will have extra masks available for all students.
- We are accepting donations of cloth facial covering.
- Accommodations may be made for students who are unable to wear cloth facial coverings. Please be in touch with your school nurse to discuss an accommodation if needed.
- One way masks with a valve and gaiters / buffs are not allowed currently.

Hand Hygiene

Handwashing and Hand sanitizing will happen frequently throughout the day.

- Arrival to school/ bus
- Before and after eating
- After using the toilet
- Before and after handling facial coverings
- After playing outdoors
- Before and after playing with sand and sensory play
- Prior to switching rooms or locations

Food

- Food will be eaten in the classroom or outside.
- Tables will be cleaned before and after eating.
- Hands will be cleaned before and after eating.
- Food will not be shared.
- There will be no outside food for celebrations.
- If there are questions about allergies, please contact your school nurse.

Sending sick students home

- Any student who develops the above symptoms or a fever while at school, will need to go home.
- Please plan to pick up sick students ASAP, but within 30 minutes.
- We appreciate that this is a challenging time. If there is a case of COVID-19 within our school district, our superintendent will notify staff and families district wide. Because of confidentiality reasons, we will not be notifying classrooms or schools if a student is sick with the above symptoms.

We are waiting on guidance from the health department on when students may return to school after an illness. That information will be sent out when it is available.

What if there is a case of COVID-19 in the School

- If COVID-19 is confirmed in a student or staff member, we will work with the Department of Health to determine next steps. Identification of a student or adult with COVID-19 in

the school is not an indication to close the entire school. The Department of Health is developing materials and algorithms to use with schools to support response actions and decisions.

- Decisions to close for in-person instruction will be determined on a case-by-case basis.
 - If the school is grouping students by cohort in a single-classroom, the Health Department recommendation will most likely be to close the classroom for in-person instruction and exclude students and staff in the affected classrooms/cohorts/pod for a minimum of 24 hours while contact tracing is conducted.
 - If students are moving about in multiple classrooms, the Health Department recommendation will most likely be to close all potentially impacted classrooms and exclude students and staff in the affected classrooms or the entire school for in-person instruction for a minimum of 24 hours while contact tracing is conducted.

- The Health Department will use this time to gather the facts about the situation, including the period of time in which the individual was at school while infectious. The Health Department will convene a rapid response team with the school and will initiate the investigation, including contact tracing. Based on this information, the Health Department will make further recommendations regarding further closure for in-person instruction and other infection control measures.

Travel

If you are traveling outside of Vermont, be aware that there are travel restrictions. Your student may need to quarantine for 14 days when you return from travel. Please consult the Vermont Department of Health website. The map updates each week on Friday.

[Cross State Travel Information.](#)

Information Directly from the Health Department

Recognizing that community (not school) transmission will be the primary mode of infection, and due to the 14-day incubation of SARS-CoV-2, students, families and staff should make extra effort to avoid large gatherings and other situations that put them at greater risk for SARS-CoV-2 exposure in the weeks leading up to school opening. This will help to create the safest environment possible for return to school.