

# Business Plan Clarity Part 1 Dreams to Reality

A Journaling Workbook (free for use but it accompanies the paid course)



(c) 2023 by Amanda Allen Wyatt
DBA Seasons of Growth

# Welcome to the Dreams to Reality Workbook

Hey there! I'm so glad you're here.

This workbook is your gentle guide for turning those beautiful business dreams swirling in your mind into something real and doable. I created this space for those of us who crave a blend of creative flow and structure to help us move forward. It's about finding that energetic sweet spot between dreaming and doing, so you can feel both inspired and grounded as you build your business.

If you're in the Dreaming Season—figuring out your business idea, battling self-doubt, or just wanting to make a change—this workbook is for you. It's packed with practical tools, supportive prompts, and gentle guidance to help you:

- Get Clear: Find clarity and confidence about your next steps.
- Set Goals: Break your dreams into small, doable goals that fit your values and life.
- Go at Your Own Pace: Use this workbook however it fits you best—step by step, or jumping around as ideas come to you.

You can move through the pages in order, just like the accompanying course (which gives you bite-sized sections and supportive emails to keep overwhelm at bay), or you can simply jot down ideas as they pop up, and fill in the rest when you're ready.

No matter how you use it, this workbook is here to support you—whether you're starting something brand new, rebranding, or pivoting your business. Your dreams are valid, and you deserve a business that feels good and works for your life.

Let's take it one step at a time. I'm cheering you on, and I can't wait to see what you create.

# Topics covered in this workbook:

**Reality Check**: Assess your current schedule and commitments, gaining clarity on your available time for building your business.

**Financial Foundations**: Create a personal budget, setting the stage for crafting your business financial plan.

**Dream Mapping**: Imagine your ideal lifestyle and work schedule, then set achievable goals to bridge the gap between your dreams and reality.

**Income Planning**: Define your financial goals for the short-term, mid-term, and long-term, providing a roadmap for business success.

**Seed Discovery**: Explore your skills, passions, and talents to uncover potential business ideas that resonate with your unique strengths.

**Niche Market Focus**: Identify your ideal clientele, refining your understanding of who you'll serve in your business venture.

#### How to Edit this Document

To personalize this document and make it your own, follow these steps:

- 1. **Make a Copy:** This is a view-only document, so you'll need to save a copy for yourself to edit. If you're viewing it in an internet browser with a Google/Gmail account, click on "File" in the toolbar above, then select "Make a copy." Make sure you're logged in to Google.
- 2. **OR Download as Word Document:** If you prefer working with Microsoft Word, you can also download the workbook as a Word document. Click on "File" in the toolbar above, then select "Download" and choose the "Microsoft Word .docx" option.
- 3. **Save and Bookmark:** Once you've made a copy, be sure to bookmark both the copy and the online original document. This way, you can always access the most up-to-date version for your next business plan iteration.
- 4. **Work:** As you work through the lessons below make notes, delete things, and edit right within the text. Make it your own.
- 5. **OR Print:** If you'd like to print, you can also find that under the "File" menu, I have tried to leave page breaks before each lesson to keep things tidy. You can easily add your own hand-written note pages between lessons in a binder.
- 6. Share this document by using this link so I can track how many people click! <a href="https://dub.sh/dtr-workbook">https://dub.sh/dtr-workbook</a>

If you need a tutorial on how to use Google Doc and digital files, I have included a series of tutorials for you in the Virtual Admin Training (VAT) 1: Foundations course (Available in the Dreaming Bundle.)

# Helpful Resources

If having everything in the workbook all at once is overwhelming and you are looking for additional support, I've got you!

The Dreaming Season Bundle is a one time price of \$25.

This gets you access to a growing bundle of resources for women (or men!) who are starting an online service-based business. Part of that bundle is the Dreams to Reality Course, it gives this workbook's content to you one section at a time so you don't get hit with everything at once, and also sends supportive email check-ins throughout the process.

You will receive a Virtual Admin Training course as well and access to the Seasons of Growth Network if you haven't joined yet. This is a customer only community.

Just a note that the bundle is brand new and ever evolving, so pricing and content are not guaranteed to stay the same as listed above.

#### [LEARN MORE ABOUT THE COURSE AND BUNDLE]

I also do 1:1 consult calls to give you direct support, and one of my current call options is tailored specifically for you!

#### [LEARN MORE ABOUT A consult WITH AMANDA]

And last but definitely not least, if you haven't looked at the Free Resource Library, then go check it out! I'm putting all of my free resources in one place, as well as curating a selection of resources from other coaches and experts in the online business community.

As a huge bonus, the Library includes access to our free Seasons of Growth Network, a customer only community.

[LEARN MORE ABOUT THE FREE LIBRARY AND COMMUNITY]

#### Meet the Creator

Oh and by the way, I'm Amanda, if we haven't met yet. \*waves\* Here's my little intro:

"Amanda, the owner and founder of <u>Seasons of Growth</u> and the <u>Seasons of Growth</u> <u>Network</u>, brings a unique blend of skills and experiences to the table. With over a decade in Office Administration, a passion for teaching, and a creative mind constantly fueled by her ADHD, she intimately understands the challenges of running a business. As a mother, Online Business Manager and Consultant, and Virtual Assistant, Amanda leverages her distinct talents and experience to craft digital products and services that cater to a need for creative flow within structured systems."

#### Amanda's Contact Details

Just sticking this in here for ease of access. <3

I would LOVE for you to reach out and ask me questions or just tell me what you think about the workbook. ... No seriously, please do. I want to improve it.

<u>amanda@seasonsofgrowth.biz</u> (message me in Google Chat here also) <u>support@seasonsofgrowth.biz</u> www.seasonsofgrowth.biz

# Stage 1 - Life

#### Lesson 1 - Life As It Is - Reality Check

Reflecting on Current Life Commitments

#### Assessing Your Current Reality:

Let's take a moment to **examine your current reality** and make some notes. As you embark on your entrepreneurial journey, it's natural to feel that there's room for improvement in your life right now. In this exercise, we'll document your current situation. In the next lesson, we'll unleash your dreams.

### Mapping Your Available Time:

Begin by determining **how much time you can realistically commit** to running your own business. Remember, this will vary with the seasons, so there's no need to overthink it. Simply map out your current schedule, whether it's weekly or monthly, and identify where you can consistently allocate time for your business. How many hours a week or a month can you dedicate to this venture?

Consider aspects of your daily life, from sleep to meal preparation, showering, existing work commitments, family care, household chores, and errands. Don't forget to account for your hobbies, religious practices, and self-care routines. We want to **capture the complete picture** of your life right now.

# Prepare for Future Adjustments:

Anticipate that your schedule may evolve to accommodate your new goals. **Be on the lookout for opportunities** to adjust your commitments, and take note of both your guaranteed work hours and potential additional hours.

# Documenting Your Schedule:

Journal your thoughts or use a digital spreadsheet or table to document your schedule.

#### Additional Resources:

Here is a Google spreadsheet link you can use as a template for the weekly schedule. Just go to file and make a copy for yourself so you can make edits. And here is a video walk through of the template. This way of mapping out a schedule doesn't work for everyone. Don't force yourself to use something that doesn't fit the way your brain works.

#### **Journaling Notes**

Business Plan Clarity Course students - MAKE SURE TO MARK THE LESSON COMPLETE IN THE COURSE. You will receive emails from me when you do so. If you don't mark it complete I will not know you are continuing to the next lesson and ready for my next email. I also have some accountability emails set up if you aren't actively marking lessons finished. Help me, help you!

# Lesson 2 - Life As It Will Be - Dream Mapping

# **Exploring Your Dreams:**

With reality documented, it's time to explore your dreams.

This is not about making decisions around what your business is or isn't going to be. It's about your personal life and what you want that to look like.

**Let's begin by envisioning your ideal weekly schedule**. If you could shape your schedule according to your deepest desires, what would it look like? What are your priorities? What constitutes your dream lifestyle? What changes do you yearn for? What would you do more of, and what would you do less of? How many hours of work do you aspire to?

#### Dare to Dream Big:

Take this opportunity to create your dream schedule on paper. Dare to dream big! **Compare your current and dream schedules side by side.** One represents your reality, and the other embodies your future aspirations.

Make a commitment to bring these dreams to life. You deserve the lifestyle you've envisioned. Declare it aloud, write it down, or place an affirmation note on your mirror.

#### Start Small and Achievable:

What changes can you make this week to start living your dream right now? Consider minor adjustments like scheduling self-care time, arranging for childcare, prioritizing sleep, or choosing healthier meals.

Think about your work commitments and how you can gradually move toward your future goals. Remember, **success is built on small, consistent steps**.

#### **Setting Goals:**

**Create a list of goals for the short term, mid-term, and long term.** Remember these are personal lifestyle goals! Be realistic in what you can handle, but never underestimate your

potential. Progress takes time, whether it's your journey to a thriving business or your pursuit of an ideal lifestyle, which is ever-evolving and endlessly rewarding.

# Redesign Your Schedule:

As you embark on this transformative journey, feel free to redesign your schedule to accommodate significant changes or simply tweak your current one to align with your desired direction.

Embracing even small aspects of your dream lifestyle will ignite the spark needed to realize your ultimate vision. **Commit to it**—you've got this!

#### **Journaling Notes**

Visions for your ideal schedule/life
Short Term
Mid Term
Long Term
Redesign your current schedule with changes that propel you towards your goals.

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# Suggested Resources for Stage 1

#### Stage 1 is all about getting to know yourself and your core desires.

These resources have made a big personal impact on my life. I wouldn't suggest them if I didn't use them myself. As a little happy bonus for me, I was able to get affiliate links for some of them, however I would still highly recommend them if I didn't.

#### Bloom Virtual Retreat

(Affiliate Link - I will earn a commission if you purchase.)

A little bit of self care and healing.

From the website:

"Bloom - Virtual Mini-Retreat

Note: This is a recording, Bloom was performed live on January 8th, 2023

We will gather together for half a day, virtually, and I will guide us through a delicious mini retreat complete with sacred space, healings, meditation, visioning, and heart storming. We will look at what is ready to shift in this new year, we will clear what stands in the way, and we will plant the seeds for all that will grow and all we will become.

(Buy the Manifestation and Money Bundle and receive the Retreat for FREE)"

# Manifestation Magic with Cara Viana

(Affiliate Link - I will earn a commission if you purchase.)

I wasn't even sure what manifesting was before this course. Powerful stuff. (I found a blurb in the MyHumanDesign app that told me my manifestation process. Link below and then click to download the app.)

From the website:

"Manifestation is watching the utterly incredible unfolding of the Universe on your behalf.

It is being aware of and in awe of the interconnectedness.

It's seeing the path being laid out before you, going in all kinds of mysterious directions and knowing that it is all for your greatest benefit.

Often, it's asking for something, only to watch something far greater be delivered instead, in a way you never could have dreamed possible.

It is TRUSTING and KNOWING. The kind that fills you from the inside and reminds you that not only is it all going to be ok, it's going to be perfect and beautiful.

It's getting to feel like you have an 'on purpose' part in the creation of your life, while relishing in the infinite support that does the rest.

It is leveraging an understanding of the way the Universe works, so that you are working with it and receiving with ease.

#### What's Included:

- 8 video lessons which include teaching, visualizations, and journaling exercises
- Downloadable meditations, energy healings, tapping, and energetic practices
- Worksheets given as editable documents
- Weekly homework to make the biggest impact on your life
- Bonus: Energy Healing to remove blocks and limiting beliefs that stand in your way
- Bonus: Tapping meditation for when you feel contraction to allow you to dream big and let those dreams in"

## Cycle Sync Your Biz with Renee Fieck

(Affiliate Link for Workshop - I will earn a commission if you purchase.)

Leverage the way your female body works in cycles, to design a business that works WITH you, not against you. This concept was life changing and I was glad to find someone teaching about it.

Below is the info for the live workshop that she does periodically. You can also purchase it and do the replays. See link above.

"Get the step-by-step LIVE training to create your cycle synced business for just \$27! When you sign up for the Cycle Sync Your Business workshop, you'll get...

Training 1: Design Your 6- Figure Year Blueprint and Set Goals You Can Crush Without Hustling (\$200 value)

Training 2: How to Leverage Your Cycle's Power for More Time, Money, and Balance (\$200 value)

Training 3: 3 Ingredients to Building Your Dream Biz (\$200 value)

BONUS: Embrace Your Inner Rhythm: A Guide to Embracing the Power of Your Feminine Body Cycle (\$40 value)

BONUS: Visualize Your Best Year Meditation (\$40 value)

BONUS: Uncover Your Flow: The Cycle Synced 12-Month Business Blueprint (\$40 value)

BONUS: "Crush Your Goals" Feminine Goal Setting Checklist (\$40 value)

BONUS: Pop-Up training Fb Group for Support and Accountability (value \$500)

Snag over \$1,200 in value...

...for just \$27"

She has a big program that I haven't tried, called Your Cycle Advantage, but it looks like an expanded version of the workshop. Here is the affiliate link to that if you're interested.

# My Human Design with Jenna Zoe

https://www.myhumandesign.com/

Learning about Human Design and reading through my chart was like being introduced to myself from a third person perspective. It was so validating and enlightening. And it may not be accurate for everyone, but it's almost laughably accurate about me.

You don't need to use this specific website. Just google Human Design Chart and you'll get several options. **I like her app** because it reads the descriptions to me when my eyes are hurting, it has a lot of tailored tips, and a forum for community discussion. Plus the app is cheaper than her courses.

# Stage 2 - Money

# Lesson 1 - Money As It Is - Reality Check

#### **Understanding Your Finances:**

Now, let's dive into the numbers. Regardless of how you prefer to organize your finances, **it's essential to understand your current income and expenses** on a monthly or yearly basis. Later in the series, we'll construct your business budget, so it's crucial to establish your personal budget first. (*This is a reference to Part 2 in the Planning Season tier.*)

#### **Exploring Budget Templates:**

You can find various Google Sheet personal budget templates through a simple online search. Here's a link that offers several free options (let me know if this becomes outdated or broken): <a href="https://blog.risecredit.com/17-free-google-sheets-budget-templates/">https://blog.risecredit.com/17-free-google-sheets-budget-templates/</a>

#### Support and Resources:

Remember, there's no one-size-fits-all approach to managing your budget. There are MANY personal finance resources available online. Stay true to your unique financial style, and don't hesitate to reach out if you need guidance. If you are in the SG Network, ask for suggestions unique to your situation. I'm sure others have experienced similar things.

I do <u>1:1 consult calls</u> to give you direct support and you can also find me in the free <u>community</u>.

Tip - I use a financial app to track my money flow and categorize expenses then use a spreadsheet to keep track of an expected monthly budget.

#### **Journaling Notes**

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# Lesson 2 - Money As It Will Be - Dream Mapping

#### Turning Dreams into Financial Reality:

Now, let's turn our attention to the financial aspects that will turn your dreams into reality. Armed with your current income and your dream lifestyle, it's time to determine the financial resources (aka money) needed to bring your aspirations to life.

#### Setting Short-Term Income Goals:

#### Consider the following budget-building questions:

- How much money do you want to welcome into your life as a **short-term** monthly goal? This figure reflects what you need to meet your immediate wants and needs.
  - These numbers will lay the foundation for your first business financial goal in the next course section. (This is a reference to Part 2 in the Planning Season tier.)
  - Think of immediate needs first. If you need money fast, you'll need to brainstorm options that will relieve the pressure while building your business.

# Dream Big for Mid-Term Goals:

Use the following goals to get the ball rolling and to give you something to get excited about. Don't get bogged down in the "how" of it all, you're dreaming here...

• How much money do you want to work towards as a **mid-term** monthly/yearly goal? Think in terms of the next couple of years and what you want to accomplish.

# Long-Term Financial Aspirations:

• How much money do you want to work towards as a **long-term** monthly/yearly goal? Think 5 years from now and beyond. If this is too far ahead then skip it.

# Prepare for the Next Lesson:

Once you've established your income goals, move on to the next lesson, where we'll explore your business seed/idea in depth.

#### **Journaling Notes**

Edit directly into the text above or add notes here.

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# Suggested Resources for Stage 2

These resources have made a big personal impact on my life. I wouldn't suggest them if I didn't use them myself. As a little happy bonus for me, I was able to get affiliate links for some of them, however I would still highly recommend them if I didn't.

The information below is accurate as of January 2024. Please let me know if something becomes outdated and I don't catch it.

# For the Love of Money with Cara Viana

(Affiliate Link - I will earn a commission if you purchase.)

Money is a HUGE trigger for ... well most people I know, myself included. That's why I'm doing the work to shift my perspective and heal old money wounds. This course of Cara's is...beyond healing. Please check it out.

Whether you buy or not, the topics covered are a great guide for self exploration and she has some wonderful podcast episodes on money.

Taken from the sales page:

"This course is designed to take you to your next level with money, abundance, financial security, or wealth; by healing more layers of what limits you, expanding your capacity, adjusting your upper limit, and evolving your personal relationship with the energy of money.

#### What's Included:

- 8 video lessons which include teaching, visualizations, and journaling exercises
- Downloadable meditations, energy healings, tapping, and energetic practices
- Worksheets given as editable documents
- Weekly homework to make the biggest impact on your life
- Bonus: Energy Healing to remove blocks and limiting beliefs that stand in your way"

# Stage 3 - Business

## Lesson 1 - Business Seed Discovery

# Exploring Your Talents and Passions:

If you're in the early stages of developing your business idea, it's time to engage in some journaling and brainstorming. Your journey begins with exploring your innate talents, skills, and passions.

Let's start by filling out the following information:

- These activities come easily to me (I have natural talent)
  - o List...
- I have skills and training / education in:
  - o List...
- I especially love doing these activities:
  - o List...
- I have a passion for:
  - o List...

— Tip: Remember, don't limit yourself to traditional "work" skills. As a silly example, if you excel at knot tying, consider teaching others or offering knot-tying services. The key is to share your knowledge and skills with those who can benefit from them.

# **Exploring Business Ideas:**

Now, look at your lists and consider them as the garden of options from which you'll pluck the seed of your business. **Jot down various business ideas that resonate with you.** Do you want to teach, mentor, create, write, be on camera, or start a podcast?

**Explore your favorite ideas in detail.** Visualize what it would be like to engage in each activity, and document your thoughts. What does it look like, feel like, and taste like? Consider how many hours per week you'd want to dedicate to this work and if it would fit in your current lifestyle or require adjustments.

#### Check Out the Market:

**Dive into some market research.** Meaning google your top 3 ideas. See what other people are doing. If you can't find anyone doing it, chances are there isn't really a market for it and you may need to choose something else. Then again... depending on the idea, you could potentially fill a hole in the market that needs to be filled.

I'd suggest making a document just for your market research. (I prefer using OneNote.) You're going to need a place to paste in urls and take notes etc. and that can get pretty messy.

#### Learn from Successful People:

When you find someone doing what you'd love to do, pay attention to how they run their business. Think about who they help and what makes them successful as well as what you would want to do differently. This can give you ideas on how to do something special that others aren't doing.

#### Choose Your Seed:

**Narrow down your ideas** to the one that excites you the most. Remember, you're not making a lifelong commitment; think of it as a casual date. You can make adjustments as you discover what works best for you.

#### Don't Wait:

Even if you're not an expert, don't wait to pursue what you love. As the saying goes, "You only have to be one step ahead of the person you're serving."

# Prioritize Joy and Fulfillment:

**Importantly, focus on what brings you joy.** While practicality is essential, financial success must also be accompanied by personal fulfillment.

Earning money isn't enough. You need the joy to make things work long-term and to avoid self-sabotaging because you're miserable. (And if you have ADHD like I do, then doing

something that's not stimulating enough will make it next to impossible to continue long term. Plan for this.)

#### Overcoming Challenges:

If you're facing financial challenges, it's okay to pursue a practical solution as a temporary bandage. However, invest your spare time in your passion project. Use this opportunity to gain experience and discover your true calling. Don't give up, and never settle for less. You can do this!

#### Integrating Your Business into Life:

As you examine your new schedule and the time allocated for work, keep in mind how your business will fit into your life. What will need to shift to make room for growth? Do you have mindset struggles? Do you have physical or mental limitations? Check back in with your self discoveries from Stage 1 - Life.

#### Future Business Steps:

Stay in "big picture" mode here for your business idea. The next workbook in the series goes into all of the fine details of building out your business. Keep things SIMPLE.

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#### Lesson 2 - Further Education

#### Deciding on Further Education for Your Business

As you navigate your entrepreneurial journey, it's important to consider whether further education or training could benefit your business development. This section will help you assess your educational needs and explore the options available to enhance your skills and knowledge.

#### Why Consider Further Education?

- Skill Enhancement: Further education can provide you with the skills needed to excel in your business. Whether it's learning new marketing strategies, mastering financial management, or enhancing your leadership abilities, education can fill crucial skill gaps.
- Credentialing: In certain fields, having formal credentials can boost your credibility and attract more clients. Consider whether certifications or degrees could enhance your professional standing.
- Networking Opportunities: Educational programs often offer valuable networking opportunities. Connecting with peers and industry experts can open doors to new collaborations and insights.

# Types of Education and Training

- Formal Education: Consider pursuing degrees or certifications from colleges or universities. Programs in business administration, marketing, or entrepreneurship can provide a solid foundation for your business.
- Online Courses: Explore the flexibility of online courses, which allow you to learn at your own pace. These can range from comprehensive programs to shorter workshops on specific topics.
- Specialized Training: Look into certifications or workshops that focus on specific skills relevant to your business, such as digital marketing, project management, or coaching techniques.

#### Assessing Your Educational Needs

- Self-Assessment: Reflect on your current skills and identify areas where further education could be beneficial. Consider both your strengths and the skills you need to develop.
- Align with Goals: Ensure that any educational pursuits align with your long-term career goals and business objectives. Education should be a strategic investment in your future success.
- Cost-Benefit Analysis: Weigh the costs, both in terms of time and money, against the
  potential benefits. Consider how education could impact your business growth and
  personal development.

# **Exploring Your Options**

- Our Virtual Administration Skills Training Course: For those interested in enhancing their administrative skills, consider enrolling in our <u>Growing Season 3 membership</u> tier. This course/membership is designed to equip service and creative entrepreneurs with the tools they need to succeed, after completing their business plan in the <u>Planning Season 2 membership</u> tier.
- Other Opportunities: If your goals extend beyond administration, explore other
  educational opportunities that align with your business vision. Whether it's business
  classes, coaching certifications, or creative workshops, choose what best fits your
  aspirations.

By thoughtfully considering your educational options, you can make informed decisions that support your business growth and personal development. Remember, education is a powerful tool that can help you achieve your entrepreneurial dreams.

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me, help you!			

#### Lesson 3 - Who You Gonna Serve?

# Defining Your Niche Clientele:

To create a truly successful business, you need to know who you're serving. You have the ideas for what you want to do, but to really nail down exactly how you're going to sell it, you need to tailor it to your niche clientele, aka your ideal customer, aka the perfect type of customer for you.

#### What Are Their Needs:

Start by asking yourself what your potential customers need, not just what you want to offer them.

#### Personify Your Ideal Customer:

A lot of people tell you to create a character and list out all of their hopes and dreams, their hardships and struggles. This is 100% what you want to do. However! They also tell you to list out every detail of their lives; their gender, age, relationship status, place of work, hobbies, children, pets, finances, and what size of ring they wear on their left pinky toe. Okay, that last one wasn't serious...

And while you can dream up all of those things randomly, I think it's too much. I get too stuck in those details...trying to imagine all kinds of stuff that could possibly influence what they're willing to pay money for. It's overwhelming and I end up freezing, so I just don't do it... and that hurts my marketing strategy.

#### Focus on a Real Person:

Instead, it's easier to approach it with an actual person in mind. Someone real and tangible makes it so much easier to document. If you know someone who matches with the type of person you want to serve, I would suggest approaching them with a few questions. (Maybe they can be your first customer! You will want a few people to test out your offer, before you start selling it to the public.)

#### Guidelines for Your Niche Market:

Use the simple guidelines below to establish a niche market (ideal client):

- General age range:
  - This may influence your communication style.
- Financial status:
  - This can affect your pricing and sales approach.
- Sexual orientation and gender preference:
  - Consider how this might influence your marketing and design; aka what attracts and repels them on a personal level.
- Any specific criteria that qualifies someone as a customer:
  - For example, a course for parents with young children would require participants with children.
- Location:
  - Know where to find them, including their preferred social media platforms and local community hangouts.

#### Additional Notes:

Feel free to add any extra notes or ideas you have about your niche market.

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# Suggested Resources for Stage 3

This is a (maybe) coming soon section. There are SO MANY resources out there for this stage that it just felt overwhelming to try and choose a couple so I "noped out".

I really feel that this Stage is all about internal discovery and market curiosity. Time should be spent just exploring the market for your business seed idea.

If you are really struggling with coming up with that Seed, I would spend a limited amount of time doing surface research on "work from home business ideas", then dial things back to Stage 1 and opt-in to some of the resources there to help you settle into something that resonates with you.

# Bonus - Productivity and Time Management for Women

The course has a bonus AI written section for Productivity and Time Management that is not included in this workbook. It's actually quite impressive. You can access that by buying the <u>bundle</u>.

# **Next Steps**

What comes next?

Well you've been in a season of change, and that's not going to stop! BUT you are now ready to segue into an intentional business startup season.

It's time to look at the legal aspects of your business, build the details of what you offer, create a business financial budget, and explore marketing styles in **Part 2 of the Business Plan Clarity Series** available in the <u>Planning Membership tier</u>.

If you came to this workbook as part of the Dreaming Season Bundle, then jump <u>back into</u> <u>the program</u> where you left off.

Look at the content line up and topics covered in the next course here.

#### If you know someone that could use the help of this guide, please share it!

Use this link so I can track clicks and get all the happy feels that people are receiving it. <a href="https://dub.sh/dtr-workbook">https://dub.sh/dtr-workbook</a>