



*Uniting Partners
for Women and Children*
425 S 2nd St, Suite 100
Louisville, KY 40202
(502) 384.0001

All Hygiene Pack Types

Feminine Hygiene Packs

- Just tampons: 5-6 tampons and 2-3 panty liners
- Just pads: 5-6 pads, various sizes
- Combo: 2-3 tampons and 2-3 pads, various sizes

Hygiene Packs (complete)

- Shampoo
- Conditioner
- Body wash/soap
- Lotion
- Toothbrush
- Toothpaste
- Comb or brush
- Lip Balm
- Deodorant

Hygiene Packs (basic)

- Shampoo
- Conditioner
- Body wash/soap
- Lotion

Baby Wipes

- Put about ½" to ¾" stack of baby wipes per ziplock bag

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