



NAC MEET SCHEDULE

LCM 2025

Date	Meet	Location
April 26 - 27	NAC LC Invite	Nashville @ Sportsplex (HOST)
	<i>All Competitive Team Groups</i>	
May 10	a-MAY-zing Races (Short Course)	Nashville @ Sportsplex (HOST)
	<i>For Swimfit, Green Group, and White Group</i>	
May 15 - 18	Martha McKee Charlotte Open	Charlotte, NC
	<i>Invited Senior athletes only</i>	
May 17 - 18	HSA LC Meet	Huntsville, AL
	<i>All Competitive Team Groups except Green Group</i>	
June 19 - 21	NAC Summer Sizzler	Nashville @ Sportsplex (HOST)
	<i>All Competitive Team Groups except Green / White</i>	
July 13	Green/White Mini Meet	Nashville @ Sportsplex (HOST)
	<i>All Green and White Group Swimmers</i>	
July 11 - 13	DYNA CODA Classic	Atlanta, GA
	<i>Red, Blue, and RACE swimmers not yet qualified for the Southeastern Championships</i>	
July 18 - 20	Southeastern Championships	Huntsville, AL
	<i>All Qualified Age Group Swimmers</i>	
July 24 - 26	Senior Showdown	Knoxville, TN
	<i>Senior 1, 2, 3 swimmers who have a Southeastern Championship Qualifying time</i>	
July 30 - Aug 2	Southern Zone Age Group Championships	Orlando, FL
	<i>11-14 year olds that apply and are selected to represent Southeastern Swimming. The top 12 applicants in each age group from all of Southeastern Swimming will be selected.</i>	
July 30 - Aug 3	Summer Junior Nationals	Irvine, CA
	<i>All Qualified Senior Swimmers</i>	

Updated 4/2/25 @ 4:30p