

Procedural Questions

1. What is the breadth of a meaningful, deliberately designed life?
 - a. Can you enumerate the domains of your life? These might be (time and productivity, work, relationships, home, learning and development, media and entertainment, travel and transportation, health and self maintenance, self exploration, finances)
 - b. What should you try to design/create a strategy for and what should you simply be present for?
2. Are you working with the right primitives?
 - a. Consider Donella Meadows's [Leverage Points](#)
 - b. Consider the ingredients of context in your environment:
 - i. Your space
 - ii. The people you're with
 - iii. How you organize your time
 - iv. Your tools
 - v. What's capturing your attention
 - vi. Why you're there
3. How can you make tradeoffs between goals without knowing how hard it will be to achieve them?