

- “28 Days To A Client” -

w`The Real War Mode Day Plan + Report.




	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓	1 ▾	Read Quran 1 time today
2. ✓	1 ▾	Pray 5 times
3. ✓	1 ▾	Do at least 250 push-ups
4. ✓	1 ▾	Uni work if any.
5. ✓	1 ▾	Watch Morning power-up call and other videos.
6. ✗	1 ▾	Watch video recordings at least for 1 hour this time do it.
7. ✓	1 ▾	Write practice FV email sequence complete the previous and write an opt in-page.
8. ✓	1 ▾	Break down copies of my fellow students and also form swipe files and add some files as well.
9. ✓	1 ▾	Hunt prospects.
10. ✓	1 ▾	Check stocks
11. ✓	2 ▾	
12. ✓	2 ▾	
13. ✓	1 ▾	
14. ✓	1 ▾	
15. ✗	1 ▾	
16. ✓/✗	1 ▾	
17. ✓/✗	3 ▾	
18. ✓/✗	3 ▾	
19. ✓/✗	3 ▾	

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
20.  / 		

Day Number: 7







Date: 21/ march /2023

Start Of The Day - 5: 40 am

	 3 Things That I Am Excited To Have In The Future? 
1.	My first client
2.	My first 10k
3.	Travelling to different countries

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!


5. I Am The Best Copywriter In The World!







**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 5 am: Task \$	WAKE UP EARLY TO PRAY and do push ups
🔔 Intention 🔔	WAKE UP AT 5:30 AND PRAY TILL 6 AM
✍️ Reflection ✍️	Did not was sleeping due to some reason







\$ 6 am: Task \$	PUSHUPS & READ QURAN
🔔 Intention 🔔	WILL STAY AWAKE AFTER MORNING PRAYER AND DO 25- 50 PUSH UPS AND THEN READ QURAN TILL 7 AM
✍️ Reflection ✍️	Did not was sleeping due to some reason

\$ 7 am: Task \$	Will write compliments til 8:30 am do push ups
🔔 Intention 🔔	Will do it after the previous.
✍️ Reflection ✍️	Did not do this

 8 am: Task 	sleep
 Intention 	sleep
 Reflection 	

 9 am: Task 	sleep
 Intention 	sleep
 Reflection 	sleep

 10 am: Task 	sleep
 Intention 	sleep
 Reflection 	Was sleeping

 11 am: Task 	sleep
 Intention 	Will do it till 12 pm.
 Reflection 	Did this but still wasted time

\$ 12 Pm: Task \$	WATCH 1 HOUR RECORDING
🔔 Intention 🔔	Wasted time till 12 pm.
✍️ Reflection ✍️	Did this





\$ 1 pm: Task \$	Will pray and get ready to go.
🔔 Intention 🔔	Will do it after watching the videos.
✍️ Reflection ✍️	Did this

\$ 2 pm: Task \$	Have class uni will watch morning power up call while going.
🔔 Intention 🔔	Will do it while going to uni.
✍️ Reflection ✍️	Did not watch the power up call.





\$ 3 pm: Task \$	Class
🔔 Intention 🔔	Too it
✍️ Reflection ✍️	Did this





x





\$ 4 pm: Task \$	Class
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 Intention 	After I am done with FV.
 Reflection 	

\$ 5 pm: Task \$	Pray and will come back.
 Intention 	Did this
 Reflection 	

\$ 6 pm: Task \$	Do push ups and will take a look at swipe file
 Intention 	Got bac klate will watch at le
 Reflection 	

\$ 7 pm: Task \$	Will do hunting for prospects
 Intention 	Will do it til 8: 30 pm
 Reflection 	

\$ 8 pm: Task \$	Pray and push ups also, also take a look at students's copy.
 Intention 	WILL do it AFTER SENDING THE PERSONALIZED EMAILS
 Reflection 	

\$ 9 pm: Task \$	READ QURAN PAK AND practice Fv for an opt-in page till 10:30 with research. do push ups
🔔 Intention 🔔	Will do it after done with emails did
✍️ Reflection ✍️	

\$\$\$ 10 pm: Task	WILL WRITE REPORT AND PLAN THE NEXT DAY ON THIS SHEET TILL 11 TO 11:20 MAX
🔔 Intention 🔔	AFTER DONE WITH the previous task will do this.
✍️ Reflection ✍️	

\$\$\$ 11 pm: Task	GO TO SLEEP AT 11:20 OR 11:40 MAX after checking stocks.
🔔 Intention 🔔	InshAllah
✍️ Reflection ✍️	

\$\$\$ 12 pm: Task	Sleeping 🛌
🔔 Intention 🔔	
✍️ Reflection ✍️	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

NEW **What Do I Plan To Do Differently Tomorrow?** NEW

NEW **What Do I Plan To Do The Same Tomorrow?** NEW

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Brain Dump: