

PSYCHOLOGICAL SCIENCE (PSYC) - SPORTS PSYCHOLOGY

UNIVERSITY DELL REQUIREMENTS (42 Credits)

<u>Core (12 Credits)</u>		SEM	GR
COMM 101	Oral Argumentation & Advocacy	_____	_____
ENGL 123W	College Writing Workshop	_____	_____
<i>Integrative Seminars</i>		NMBR	
DELL 100-level	First-Year Seminar	_____	_____
DELL 400-level	Senior-Year Seminar	_____	_____

Artistic & Creative Thinking* (3 Credits)

Ethics or Civic Engagement* (3 Credits)

Historical Interpretation* (3 Credits)

Language & Intercultural Competence** (6 Credits)

Literary Analysis* (3 Credits)

Living Well* (2 Credits)

Quantitative Reasoning* (3 Credits)

Scientific Literacy* (4 Credits)

PSYC 111 Intro to Psychological Science

Social Science Literacy* (3 Credits)

GENERAL ELECTIVES*** (29-33 Credits)

MAJOR REQUIREMENTS (53 Credits)

<u>PSYC Science Core (15 Credits)</u>		SEM	GR
PSYC 111	Intro to Psychological Science	_____	_____
PSYC 274	Statistics for Psychologists	_____	_____
PSYC 275W	Research Methodology	_____	_____
PSYC 308	Abnormal Behavior	_____	_____

PSYC Capstone Sequence** (5 Credits)

Non-Research Capstone

PSYC 473W	Psychology Non-Research Capstone I	_____	_____
PSYC 474	Psychology Non-Research Capstone II	_____	_____

Research Capstone

PSYC 475W	Psychology Research Capstone I	_____	_____
PSYC 476W	Psychology Research Capstone II	_____	_____

PSYC Science Sports (23 Credits)

PSYC 341W	Psychology of Development	_____	_____
BIOL 224	Human Anatomy & Physiology I	_____	_____
BIOL 225	Human Anatomy & Physiology II	_____	_____
HPE 303W	Human and Motor Development	_____	_____
HPE 304W	Sports, Exercise, Performance Psych	_____	_____

One of the following:

PSYC 215	Health Psychology	_____	_____
HP 292	Psychosocial Health	_____	_____
PSYC 288	Positive Psychology	_____	_____

One of the following:

*EXPH 325	Physiology of Exercise	_____	_____
SPMG 285	Sport in American Society	_____	_____
SPMG 265	Gender & Sport: Issues/Controversies	_____	_____
EXPH 380	Kinesiology	_____	_____

PSYC Science Neuro (4 Credits)

PSYC 355	Behavioral Neuroscience	_____	_____
PSYC 356	Human Neuropsychology	_____	_____

PSYC Science Applied (6 Credits)

PSYC 243	Psychology of Diversity	_____	_____
PSYC 267	Theories of Psychotherapy	_____	_____
PSYC 302	Social Psychology	_____	_____
PSYC 306	Theories of Personality	_____	_____
PSYC 344	Cognitive Psychology	_____	_____

NOTES

*Refer to class schedule for lists of courses that satisfy University requirements.

**Must take two sequential courses.

***Courses that do not satisfy a major or DELL requirement. Can include coursework for a minor.

^aStrongly recommended

Total credits required for graduation: 124 Credits

For graduation with Honors, see Undergraduate Catalog

Psychological Science - Sports Psychology Major (Bachelor of Science)

Sample Four-Year Plan

While not all students will take all the courses in the same sequence, the guide below can be used in combination with the online graduation progress report as a pathway to degree completion. See the Academic Regulations in the University of Lynchburg Undergraduate Catalog for all academic degree requirements. Students should consult their major advisor for more specific guidance.

Semester 1	Credits	Semester 2	Credits
Scientific Literacy (PSYC 111)	4	ENGL 123W	3
College Success Strategies (G S 104)	1	COMM 101	3
First-Year Seminar	3	Language & Intercultural Competence II	3
Language & Intercultural Competence I	3	PSYC Science Applied	3
Quantitative Reasoning	3	Elective	3
Elective	3		
Semester Credits:	17	Semester Credits:	15
Semester 3	Credits	Semester 4	Credits
PSYC 274	4	PSYC 275W	4
Historical Interpretation	3	Elective	3
Artistic & Creative Thinking	3	Literary Analysis	3
BIOL 224	4	BIOL 225	4
Elective	3	Elective	3
Semester Credits:	17	Semester Credits:	17
Semester 5	Credits	Semester 6	Credits
PSYC Science Sports	3	PSYC Science Sports	3
PSYC Science Neuro	4	PSYC Science Sports	3
PSYC Science Applied	3	Social Scientific Literacy	3
Ethics or Civic Engagement	3	Elective	3
Elective	3	Elective	3
		Living Well	2
Semester Credits:	16	Semester Credits:	17
Semester 7	Credits	Semester 8	Credits
PSYC Capstone Sequence I	3	PSYC Capstone Sequence II	2
PSYC Science Sports	3	PSYC Science Sports	3
Elective	3	Senior-Year Seminar	3
Elective	3	Elective	3
Elective	3	Elective	3
Semester Credits:	15	Semester Credits:	14

Minimum Credits Required to Graduate: 124