



Health NCEA Level 2 2026

Course Description:

Within this Health Education Course you will learn through a practical situation where you will create a Health Promotion which focuses on enhancing the community's well-being involved with a health issue you have found. As well as exploring ways with how to deal with managing changes and have authentic learning experiences which will link back to relevant real life situations. Near the end of our journey we will look at exploring a diverse range of sexualities and the influences media and society has on us. For your external exam you will explore the misuse of adolescents with alcohol.

There are 4 internal standards in this course, 3 internally assessed totalling 15 credits, and 1 externally assessed worth 5 credits. **There are a total of 20 credits available.**

Content

In this course we will learn about the key underlying concepts such as Hauora, Socio-ecological perspective, Attitudes and values, Health Promotion and then you will implement them into different contexts.

Prior Learning Required

- Open entry

Learning Resources & Associated Costs:

- Digital Device and headphones, access to Google Drive, and Google Classroom

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Provider: Orewa College, 0025

Assessment:

Std No.	Version	Standard Title	Completion	Type	Credits
AS 91236	2	2.2 Evaluate factors that influence people's ability to manage change	Term 1	I	5
AS 91237	2	2.3 Take action to enhance an aspect of people's well-being within the school or wider community	Term 2	I	5
AS 91239	2	2.5 Analyse issues related to sexuality and gender to develop strategies for addressing the issues	Term 3	I	5
AS 91235	2	2.1 Analyse an adolescent health issue	Ext	E	5

I = Internally Assessed | E = Externally Assessed