

BIO DATA

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Faculty of Home Science

Human Development



Research Publication

Sr. No	Title with page Nos.	Journal	ISSN/ ISBN No.	Whether peer reviewed impact Factor	No.of co-aut hors	wheth er you are the main autho r	Whether referred other Journals as notified by the UGC
1	Health, Nutrition and Behavioral Issues in Adolescence: review of Literature	Ajanta An International Multidisciplinary Quarterly Research Journal	ISSN 2277-5730 Vol-VII issue-II April-June 2019	Peer Reviewed	NIL	YES	YES
2	ताराबाई मोडक यांचे पूर्व शालेय शिक्षणातील योगदान: एक चिकित्सक अध्ययन	Printing Area	ISSN:2394-5303 Issue 58 Vol-01 Oct.2019	Peer Reviewed	NIL	YES	YES
3	Academic Performance of Children of Working and Non Working Mothers: A Comparative Study pg no. 578-581	Journal of Advance and Scholarly Research in Allied Education	E-ISSN 2230-7540 (Vol:18/issue:3) Apr.2021	Peer Reviewed Impact Factor 3.46	NIL	YES	YES
4	Awareness of Laws Related to Women: A Review Pg no.636-640(5)	Journal of Advance and Scholarly Research in Allied Education	E-ISSN 2230-7540 (Vol:17/issue:2) Oct.2020	Peer Reviewed Impact Factor 3.46	NIL	YES	YES

5	Capacity Building of NGOs for efficacy in Pandemic: A review	Shodh Sanchar Bulletin Journal of Arts, Humanities and Social Sciences	ISSN-2229-3620 Vol:10 Issue-39 July-Sept.2020	UGC CARE	- NIL -	YES	YES
6	Techniques of Parental Involvement in school Education:A Review	Vidyawarta Peer Reviewed International Journal	ISSN: 2319-9318	Peer Reviewed 7.041	NIL	YES	YES
7	Reproductive Health Awareness Among Rural and Urban Adolescent Girls: A Comparative Study (pg no. 271-179)	Journal of Education: Rabindra Bharati University Vol.:XXIV, No.:6(l) 2022-2023	ISSN: 0972-7175	UGC CARE Peer Reviewed and Referred Journal	NIL	YES	YES
8	E-Learning: Challenges, Opportunities and Adaptability among University Students (pg No. 48-52)	Vidyawarta International Journal April To June 2022 Issue-42, Vol-11	ISSN: 2319 9318	Peer-Reviewed	NIL	YES	YES
9	Health and Nutrition Awareness among Rural Pregnant and Lactating Mothers.(Pg No.59-72)	Shodhsamhita Vol.No.IX, Issue-6 Jan-June 2022	ISSN No.2277-7067 IF 4.95	UGC CARE Group1	NIL	YES	YES
10	Self-Reflection and Social Reflection: Assessment of Emotional Expressions of Pubescent	Transaction on Biomedical Engineering Applications and Healthcare April 2022	ISSN-2582-7405 (Online) Vol-3 Issue-1	Google Scholar	NIL	YES	YES

Book Publication

Sr. No	Title, page nos./Chapter (page no.)	Book Title, editor & publisher	Publication International/ National/ Local	ISSN/ ISBN No.	No. of co-authors	Whether you are the main author
1		UNDERSTANDING PUBERTY Notion press .com	International	ISBN 979-8-88641-574-2	NIL	YES

Invited lectures / Paper delivered in conferences / seminars:

Sr. No	Invited Talk/ Paper presented	Title of Conference / Seminar	Event Organized by	Whether International (Abroad International (Within Country) National / State / Regional / College or University level)	
	Analytical Study of Trends in Anthropometry among Puberty Students	Emerging Innovative Trends in Higher Education An Interdisciplinary Approach September-2019		G S.Gawande Mv Umarkhed	International (Within country)
	Self-Reflection and Social Reflection: Assessment of Emotional Expressions of Pubescents	International Conf. on Multidisciplinary Social Studies, Anthropology, Archaeology, History and Philosophy (ICMSSAAHP- 4 June 2022)	Institute of Scientific and Engineering Research (ISER)	International	

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3. Health, Nutrition and Behavioral issues in Adolescence: Review of Literature

Chhaya Kokate

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Abstract

This paper explores the issues related to age of adolescence; it's the age when hormones are surging in the human bodies. The aim of this study is to study the impact of physiological changes during puberty on Emotional Maturity, Adjustment and Scholastic Achievement of teenagers. Literature on adolescence and related issues is widely available. In this chapter the researcher has taken a review of literature covering key issues related with puberty like the changes that happen, health issues, socio-psycho behavior, development issues etc. The review was assisted by the objectives set and the self-evolved guidelines for the review. These two gave a lot of clarity, focus and direction to the researcher in carrying out the literature review. Around 52 articles were reviewed in this paper.

Keywords: Adolescents, behavior, teenager, growth, health issues

1. Introduction

Adolescence is the phase of life just before adulthood. It's known and accepted that adolescents phase of life is difficult to understand. One downside is that it's arduous to characterize the issues related to adolescence; it's the phase where children become adults, the age between 10 yrs to 20 yrs. Amid puberty, the child proceeds to develop physically, cognitively, and changing from a child into a grown-up. The body develops quickly in estimate, and the sexual and regenerative organs ended up completely useful. At the same time, as teenagers create more progressed way of thinking and a more grounded sense of self, they develop their identity. This paper deals with issues like cognitive development, puberty, nutrition, general health, psychological behavior, emotional maturity and scholastic achievements in teenagers. This period is known for increase in growth rate of body, both and boys and girls secretes hormones respectively from adrenal and gonads. Endocrine gland plays an

ISSN: 2394 5303

Impact
Factor
6.039(IJIF)

Printing Area®
Peer-Reviewed International Journal

October 2019,
Issue-58, Vol-01

01

आंतरराष्ट्रीय बहुभाषिक शोध पत्रिका

प्रिंटिंग एरिया

Printing Area International Interdisciplinary Research
Journal in Marathi, Hindi & English Languages

October 2019, Issue-58, Vol-01

Editor

Dr. Bapu g. Gholap

(M.A.Mar.& Pol.Sci.,B.Ed.Ph.D.NET.)

Co-Editor

Dr. Ravindranath Kewat

(M.A. Ph.D.)

Printed by: Harshwardhan Publication Pvt.Ltd. Published by Ghodke Archana
Rajendra & Printed & published at Harshwardhan Publication Pvt.Ltd.,At.Post.
Limbaganesh Dist,Beed -431122 (Maharashtra) and Editor Dr. Gholap Bapu Ganpat.



Harshwardhan Publication Pvt.Ltd.

Reg.No.U74120 MH2013 PTC 251205

At.Post.Limbaganesh,Tq.Dist.Beed

Pin-431126 (Maharashtra) Cell.07588057695,09850203295

harshwardhanpubli@gmail.com, vidyawarta@gmail.com

All Types Educational & Reference Book Publisher & Distributors / www.vidyawarta.com

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ताराबाई मोडक यांचे पूर्व शालेय शिक्षणातील योगदान: एक चिकित्सक अध्ययन

प्रा.छाया कोकाटे

श्रीमती वत्सलाबाई नाईक महिला महाविद्यालय
पुसद (महाराष्ट्र)

प्रस्तावना:

भारतामध्ये पूर्व शालेय शिक्षणाची औपचारिक नोंद एकोणविसाव्या शतकाच्या उत्तरार्धातील असून बालशिक्षणाचे प्रवर्तक म्हणून ठळकपणे दोन नावे अधोरेखित होतात, ती म्हणजे गिजुभाई बंधेका आणि ताराबाई मोडक यांची. या काळात एकंदरीतच संपूर्ण देशात शैक्षणिक अनास्था होती, अशावेळी बाल शिक्षणाच्या विशेष सुविधाअसण्याची तर सुतराम शक्यता नव्हती. मात्र गुजरात मध्ये गिजुभाई बंधेका यांनी बाल शिक्षणाच्या कार्याला प्रारंभ केल्याचे दिसून येते. आज सर्व्हेने प्रचलित झालेल्या पूर्व प्राथमिक शिक्षणाचा श्रीगणेश गुजरात येथून झाला आणि त्याचा विस्तार नंतर महाराष्ट्रात आणि देशात इतरत्र झाल्याचे आढळते. अर्थात Wood Committee (१९३७) ने पूर्व बाल्यावस्थेतील शिक्षणाची गरज आणि महत्व विशद केले होते, ज्याची दखल १९४१ साली स्थापन झालेल्या केंद्रीय समाज कल्याण मंडळाने (CSWB) घेतली. १९६६ साली गठीत झालेल्या शिक्षण समिती (Education Committee) ने देखील सर्वसमावेशक बाल शिक्षणाची आवश्यकता

स्पष्ट केली होती. परंतु प्रत्यक्षात पूर्व शालेय शिक्षणाची मुहूर्तमेढ रोवली ती गिजुभाई आणि ताराबाई यांनी मिळूनच. १९१६ मध्ये गिजुभाई बंधेका यांनी मटिसरी यांच्या विचारांना प्रभावित होऊन, आपली वकीली सोडून, शिक्षण क्षेत्रात पदार्पण केले. त्यांनी १९२० साली 'दक्षिणामूर्ती' या संस्थेची स्थापना केली. आणि त्यांचा वारसा पुढे चालवला तो ताराबाई मोडक यांनी. जीवन प्रवास:

'भारताची मटिसरी' म्हणून ओळखल्या जाणाऱ्या ताराबाईंचा जन्म १८६२ साली झाला. १९२१ मध्ये मुंबई विद्यापीठात पदवी प्राप्त करणाऱ्या ताराबाई, मोजक्या स्त्री पदवीधारकांपैकी एक होत्या. मटिसरीच्या विचारांचा प्रभाव आणि गिजुभाई यांच्या कार्यात सहभागी होण्याची संधी यामुळे बाल शिक्षण हेच आपले कार्यक्षेत्र असा ठाम निर्धार करून त्यांनी शेवटपर्यंत या क्षेत्रात कार्य केले.

प्रार्थना समाजाच्या प्रगतिशील विचारांचा समृद्ध कौटुंबिक वारसा लाभलेल्या ताराबाई आधुनिक विचारसरणीच्या होत्या आणि त्यामुळेच शिक्षणाचे महत्व त्या जाणून होत्या. पुण्यातील हुजूरपागेत त्यांच्या शैक्षणिक जीवनाला प्रारंभ झाला खरा, पण वडिलांच्या पुरोगामी विचारसरणीचा फटका त्यांना बसला. परिणामी, शाळेत कुचेष्टा, मानहानी आणि बसतिगृहात राहण्यास मनाई अशा समस्यांना त्यांना सामोरे जावे लागले. आईवडिलांची आधुनिक विचारसरणी आणि विवाहनंतर सुविद्य कौटुंबिक वातावरण यामुळे त्यांची विचारांची बैठक पक्की तर होतीच पण सनातनी विचारांचा पगडा असलेल्या समाजात जिथे एक स्त्रीची ओळख एक विवाहिता म्हणून असणे आवश्यक होते, तिथे विवाहनंतर घडस्फोट घेऊन एक परितर्क्या स्त्रीचे जीवन जगण्याचे धाडस देखील त्यांनी दाखविले. वैवाहिक

CERTIFICATE OF PUBLICATION



CERT-19740/22-23

Chhaya Kokate

for authoring and publishing the research paper titled

ACADEMIC PERFORMANCE OF CHILDREN OF WORKING AND NON WORKING MOTHERS: A COMPARATIVE STUDY

in
JOURNAL OF ADVANCES AND SCHOLARLY RESEARCHES IN ALLIED EDUCATION

An Internationally Indexed Peer Reviewed & Refereed Journal

IMPACT FACTOR : 3.46

VOL- 18, ISSUE- 3

ISSN: 2230-7540

Awarded 02-Apr-2021

CHAIR
RESEARCH LAISON DIV.



The manuscript is published at URL: <http://www.ignited.in/>

patriarchy
subjected to abuse
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Published in Journal
Journal of Advances and Scholarly Researches in Allied Education (JASRAE) (Vol.18, Issue: 3)
DOI: 10.305845/JASRAE
Author: Chhaya Kokate*
Subject: Multidisciplinary Academic Research
Date: Apr. 2021
Volume: 18 / Issue: 3
Pages: 578 - 581 (4)
Publisher: Ignited Minds Journals
ISSN: 2230-7540
DOI: http://ignited.in/ja/305845
Published On: Apr. 2021

Article Details

Academic Performance of Children of Working and non working Mothers: A Comparative Study | Original Article

— Chhaya Kokate*, in *Journal of Advances and Scholarly Researches in Allied Education | Multidisciplinary Academic Research*



ABSTRACT

Students, teachers, & institutions all have academic performance as a measure of how far they have progressed toward their educational goals. In the framework of a developing education system, academic performance takes on school importance. Basic concepts that will guide a child's growth in both school & outside world are learned in a family setting during the first few years of life. Mothers have an important role in the development of their children and serve as role models for their children, influencing their growth and behavior. The purpose of the study was to find out how the children of non-working moms in Kanpur District of Uttar Pradesh (India) performed in terms of academics. Our research strategy was to use a descriptive survey method. The study's sample size is 100 youngsters (50 boys & girls each). The study's instruments included questionnaires, interviews, & observation method. The percentage approach was used to examine the data. Among the children of non-working mothers, the boys performed better academically than the girls, according to a new study.

KEYWORDS

Non Working Mother, Children, Academic Performance, Women

INTRODUCTION

APPROVED UGC CARE

ISSN - 2229 - 3620



SHODH SANCHAR BULLETIN

JOURNAL OF ARTS, HUMANITIES AND SOCIAL SCIENCES

AN INTERNATIONAL MULTIDISCIPLINARY QUARTERLY BILINGUAL PEER REVIEWED REFEREED RESEARCH JOURNAL

Ref. No. SSB/2020/SIA22

Date : 17-09-2020

Certificate of Publication

Chhaya K. Kokate
V N M Mv. Pusad, Maharashtra, India

TITLE OF RESEARCH PAPER

Capacity Building of NGOs for efficacy in Pandemic : A Review

This is certified that your research paper has been published in
Shodh Sanchar Bulletin, Volume 10, Issue 39, July to September 2020


Editor in Chief
SHODH SANCHAR BULLETIN
BILINGUAL INTERNATIONAL
RESEARCH JOURNAL, LUCKNOW

CHIEF EDITORIAL OFFICE

• 448 /119/76, KALYANPURI THAKURGANJ, CHOWK, LUCKNOW -226003 U.P.
Cell.: 09415578129, 07905190645

E-mail : serfoundation123@gmail.com



CAPACITY BUILDING OF NGOS FOR EFFICACY IN PANDEMIC : A REVIEW

Chhaya K. Kokate*

ABSTRACT

There are roughly 3.7 million NGOs worldwide with an estimated 2 million of them in India who have addressed a range of concerns and issues prevailing in society and have played very important role in providing aid to the needy. The present paper aims to focus the need of strengthening their capacities to meet the challenges of the recent pandemic. After a brief review of previous research and the available literature including authentic sources, the researcher finds empowering NGOs as a pressing need with an insistent coverage especially in crisis like situations. Further the proposed research work, thoroughly overviewed the constraining factors hampering the growth of NGOs. Among the various challenges NGOs face, limited capacity emerged as one of the major hurdles in the existing system and ground laying structure of these organizations. Frail capacity, affects the overall efficacy of organizations, eventually, larger section of vulnerable society is deprived of benefits and betterment of lives. It is imperative to converse on strengthening strategies, enhancing their capabilities and making them more serviceable in the present milieu.

Keywords: NGOs, Strengthen, Efficiency, Pandemic

Introduction:

An organisation does not have direct Government financial aid to carry various activities usually known as NGO, though the NGOs receive Government's financial aid to carry various activities. The concept of 'doing good' to others does not limit itself to charity and non profit purposes only, as we find some NGOs like World Economic Forum aims to focus on industrial and economic improvement by engaging world leaders. Its mission to improving the state of the world by shaping global industrial policies, confer WEF as one of the largest organisations. The think tank are also non government, non profit organisations but their work may be conducted for governmental as well as commercial clients, though, "think and do" tanks work on raising funds for charity. Hence, instead of defining NGO as a 'term' as it restricts the inclusion of other purposes, it is

operating system and working mechanism is different (Karns M P 2020) and cannot be labelled as welfare or charitable organisations. Empathy, compassion and humanitarian disposition are essential components to make any organisation a philanthropic one. The concept of 'doing good' to others does not limit itself to charity and non profit purposes only, as we find some NGOs like World Economic Forum aims to focus on industrial and economic improvement by engaging world leaders. Its mission to improving the state of the world by shaping global industrial policies, confer WEF as one of the largest organisations. The think tank are also non government, non profit organisations but their work may be conducted for governmental as well as commercial clients, though, "think and do" tanks work on raising funds for charity. Hence, instead of defining NGO as a 'term' as it restricts the inclusion of other purposes, it is

MAH MUL/03051/2012
ISSN: 2319 9318

Vidyawarta[®]
Peer-Reviewed International Journal

July To Sept. 2020
Issue-35, Vol-03 | 01

MAH/MUL/ 03051/2012

ISSN :2319 9318



Revised Edition

July To Sept. 2020
Issue-35, Vol-03

Date of Publication
01 August 2020

Editor

Dr. Babu g. Gholap

(M.A.Mar.& Pol.Sci.,B.Ed.Ph.D.NET.)

विद्येविना मति गेली, मतीविना नीति गेली
नीतिविना गति गेली, गतिविना वित्त गेले
वित्तविना शूद्र स्वचले, इतके अनर्थ एका अविद्येने केले

-महात्मा ज्योतीराव फुले

❖ विद्यावार्ता या आंतरविद्याशाखीय बहुभाषिक त्रैमासिकात व्यक्त झालेल्या मतांशी मालक, प्रकाशक, मुद्रक, संपादक सहमत असतीलच असे नाही. न्यायक्षेत्र:बीड



"Printed by: Harshwardhan Publication Pvt.Ltd. Published by Ghodke Archana Rajendra & Printed & published at Harshwardhan Publication Pvt.Ltd.,At.Post. Limbaganesh Dist,Beed -431122 (Maharashtra) and Editor Dr. Gholap Babu Ganpat.

Reg.No.U74120 MH2013 PTC 251205

Harshwardhan Publication Pvt.Ltd.

At.Post.Limbaganesh,Tq.Dist.Beed

Pin-431126 (Maharashtra) Cell:07588057695,09850203295

harshwardhanpubli@gmail.com, vidyawarta@gmail.com

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whether explicable or not, used in the maintenance of health, as well as in the prevention, diagnosis improvement or treatment of physical and mental illness. Each and every consumer in the Indian market purchases the product to suit his or her economic and social environment. To understand the eccentricities of the Indian consumer and to construct buying profile, the analysis has to be carried out in relation to other environment, culture and tradition, educational and economic status, level of exposure and the degree of their sophistication. This could be beneficial for the marketing managers as it provides them with a check list to ensure that all the conceivable sources of disparity due to cultural differences are considered. One has to be cautious while smearing the theories to comprehend the behavioural dynamics of the Indian Consumer.

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Techniques of Parental Involvement in School Education: A Review

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Introduction:

Family is the first educational institute of a child in which he gets informal lessons and acquires basic life skills which influence his learning and development during the school years long afterwards. While schools are having its own importance in shaping and nurturing the child's future in the most formal set of environment. Thus, both institutes primarily been envisaged as the learning centers for a child and hence it is important for families and schools to work together in partnership. Research demonstrates the high levels of parental and community involvement in effective schooling especially in early stage of life where the child finds it extremely difficult in adjusting with the school which is completely new for him. If he gets assurance where he is finding both the parents and teachers helping him to learn he would exhibit greater adjustment and develop better understanding which will help him to be a performer. Parental involvement is considered an important component in the educational process. Cooperation and ongoing communication between school and home leads student to success and achievement. It is found that those schools gave better opportunities for parents to contribute, established better reputation and performed better (Henderson and Berla, 1994).

In England, the Government's strategy for securing parental involvement was first set



Journal of Education
Rabindra Bharati University

ISSN: 0972-7175
A Peer Reviewed Journal

CERTIFICATE OF PUBLICATION

This is to certify that the article entitled

**TOPIC NAME: REPRODUCTIVE HEALTH AWARENESS AMONG RURAL AND URBAN ADOLESCENT
GIRLS: A COMPARATIVE STUDY**

Authored By

Dr. Chhaya Kokate

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Published in

Journal of Education: Rabindra Bharati University.
ISSN: 0972-7175

Vol.:XXIV, No.:6(I), 2022-2023

UGC CARE Approved, Peer Reviewed and Referred Journal



Journal of Education

JOURNAL OF EDUCATION: RABINDRA BHARATI UNIVERSITY
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AND URBAN ADOLESCENT GIRLS: A COMPARATIVE STUDY**

Dr. Chhaya Kokate

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ABSTRACT

The adolescence stage of the entire population is considered to be the time being of the transition period from childhood to adulthood. Adolescence is the vital period when the individuals go through the progression of social advancement, intellectuality, personality as well as physical development. It commences at the level of puberty. Adolescents are the hale and hearty age group considering the total populace, partaking least morbidity and mortality compared to further age groups. At the same time, reproductive health constitutes the most vital period and includes every facet of adolescent health. Human development significantly depends on the prime aspects of the reproductive system as well as healthcare. Reproductive healthcare is the replication of wellbeing throughout childhood and holds crucial importance at the time of adolescence adulthood, groups, and different phase for healthiness outside the reproductive ages aiming at both females and males, whereas, affecting the strength of the subsequent generation. The awareness of reproductive health holds utmost importance among adolescent girls considering both the rural and the urban regions. To lead a healthy, happy, and responsible life, adolescent girls must be aware with enough knowledge on puberty, psychological and physical changes, pregnancy, menstruation as well as childbirth. Awareness will head towards a happy family, appropriate family planning, and well-being in life. This research article portrays a comparative study on the awareness of adolescent girls in rural and urban regions. Quantitative research methodology has been performed on survey and questionnaire procedure, and data analysis is done to provide the best possible outcome.

KEYWORDS: Reproductive health, awareness, adolescent girls, urban, rural, wellbeing, pregnancy, childbirth.

INTRODUCTION

The adolescent stage in every human life plays the biggest role in becoming the person they needed to be in the coming times. The World Health Organization states that one-fifth of the total female population is constituted by the adolescent stage. Considering India, nearly 22% of the female population is considered to be in the adolescent stage. In adolescence, irrespective of any gender, they gather knowledge of almost everything. One of the most prominent topics to be knowledgeable is about reproductive health specifically among girls. The age which is treated as adolescence is the prime time for the girls since they attain puberty and reach their menarche stages. The behavioral, societal, economic, cultural, and biological aspects are the most significant entities behind the determination of reproductive health (Deshmukh et al., 2020). The majority of the girls falling in the age group of 10 years to 19 years that comprise the adolescent stage do not have the actual idea and knowledge on reproductive health, organs, sexuality preventive measures, and the health service they can get. For a healthy family time being as well as to be healthy, reproductive health holds quite a significance. Early pregnancy, not using proper contraceptive measures, abortion, lack of knowledge about menstruation, myths, rumors, and wrong information are increasing day after day, as also the crime rates. Proper knowledge of reproductive health can change the entire scenario and girls can live with dignity in both social and rural regions. Aiming towards the future generation, the prime purpose of the administration, social media platforms as well as non-governmental organizations should be to make aware of sexual and reproductive health as well as the services, they can have to get the actual treatment and knowledge towards the wellbeing (Bhasin et al., 2020).

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Bande criticizes Maya and writes that "there is no attempt on her part at self-analysis, to apprehend demands".

This novel is a successful attempt of Anita Desai to give Maya a distinct individuality, an intuitive awareness, sense of justice and poetic imagination. Maya is presented Desai as a sensitive and humane. She was possessed and dictated by man in her life, she is endowed with an independent mind with immense potential to love and care. The theories and the philosophy of her husband do not solve the problem of her, they were theories only for saying not for applying. Maya is unhelped and understood by the gamut of people surrounding her. At last, in her frustration, she has done the crime of killing her own husband. Like a peacock in wilderness of society Maya and other women hunger for love. In quest of love their psyche bleeds to neurosis and subsequent tragic death.

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09

E-Learning: Challenges, Opportunities and Adaptability among University Students

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Abstract:

The purpose of this paper is to assess the students' views on online education, they have been attending throughout the Pandemic and to find the constraints they faced in their learning experiences. A Survey was conducted to investigate the difficulties faced by the students at undergraduate level, how they perceived online learning and what new opportunities emerged in the new mode of learning. 250 students were interviewed online with a structured questionnaire. Based on the analysis, the researcher concluded that 1) E learning was not a preferred choice of students, though blended learning was reported as a good option. 2) Teachers will have to be more capable in developing E-content even in the traditional classroom settings. 3) Instructors, teachers, college administrators need to realize the paradigm shift and make arrangements for computer-based learning.

Key words: E-learning, Challenges, Opportunities, Adaptability, Students.

1. Introduction:

Teaching- learning process, after being long at a standstill, caused by the abrupt outbreak of the Corona virus worldwide, began again with online education to make a headway. It is only after the pandemic that online education started gaining wider importance, though various platforms imparting online education