

Exploring Activities



Go and explore outdoors. What can you feel outdoors, using the meaning of the words above? Tick off once you have found each one.

Senses Scavenger hunt.

FIVE SENSES NATURE SCAVENGER HUNT

Tick each item off your list as you find it.

SIGHT

- ☒ Find something white
- ☐ Find something patterned
- ☐ Find something tiny
- ☐ Find something heart shaped
- ☐ Find something long
- ☐ Find five of the same thing

SOUND

- ☐ Find something that snaps
- ☐ Find an animal sound
- ☐ Find a soft sound
- ☐ Find something that crunches
- ☐ Find something loud
- ☐ Find something to make music with

TOUCH

- ☐ Find something bumpy
- ☐ Find something wet
- ☐ Find something warm
- ☒ Find something soft
- ☐ Find something prickly
- ☐ Find something smooth

SMELL

- ☐ Find a flower with a scent
- ☐ Find a smell you like

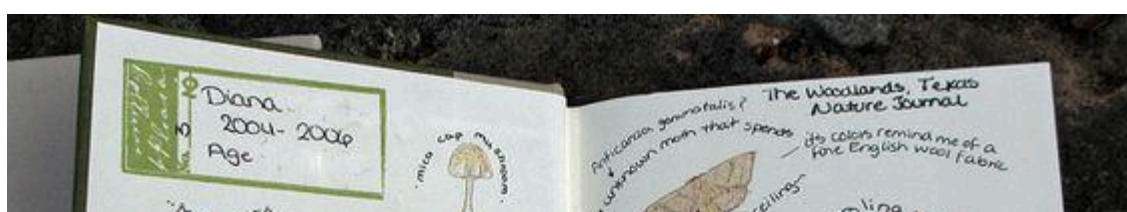
TASTE

- ☐ Find something humans could eat
- ☐ Find something an animal would eat

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The five senses scavenger hunt. Using all your senses, what can you find outdoors from the above list? Tick off once you have completed these.

Nature diary / journal.



Create your own personal nature diary. Each time you are outside, come back inside and add to your diary.

- ♥ **What did you see?**
- ♥ **How did you feel?**
- ♥ **Did you make anything?**
- ♥ **What did you learn about?**
- ♥ **Can you draw your favourite find?**
- ♥ **How many Forest School friends did you see?**
- ♥ **What was the weather like?**
- ♥ **Any other comments/drawings you would like to add – add them! Try to remember to write the date too.**

Forest School Games



Take time to have fun outdoors! When you join in with games outdoors, you are exploring!

Nature bucket list

NATURE bucket list

-----> for little ones



- climb a tree
- balance on rocks
- be the leader on a hike
- find a bird or hawk
- jump in a leaf pile
- make stick fairy wands
- spalsh in water (puddle, creek, river, ocean...)
- build a stick teepee or fort
- paint with mud
- make a nature mandala
- play with rocks (skip, stack, count, sort..)
- make tree rubbings
- find a walking stick

Tick off each one when you have completed it. Have fun!