SEL WINTER 2027 INSTRUCTOR BIOS

January 4 - February 25, 2027

****NOTE : Links provided with instructor bios are for informational purposes only.****

Alzheimer's Association focuses on care and support while being the world's largest non-profit funder of Alzheimer's research. Alzheimer's Association

Chris Adams has been a Master Gardener since 2006. Originally from Ohio, she has lived in Atlanta since 1982 and in Sandy Springs since 2003. After a long and successful career as a software engineer, software corporate trainer and real estate agent, she focused much of her energy on volunteering in leadership positions related to gardening. Currently she leads the NFMG Little Diggers program which is her initiative to teach children about gardening at the Sandy Springs Farmers Market. She is also very active in the Garden Club of Georgia.

Marty Andrejko is an engineering geologist whose career spanned geology, environmental consulting, and risk management. Over the course of his career, he has been licensed as a geologist in six states and the United Kingdom.
During the first nine years of his professional career, Marty conducted geotechnical and environmental investigations throughout Pennsylvania, New Jersey, New York, Delaware, and South Dakota. His work included site characterization, subsurface investigations, environmental assessments, and geologic evaluations supporting engineering and construction projects.
In 1994, Marty transitioned into the insurance industry, where he built a successful career specializing in risk management and professional liability within the design and construction sectors. His roles have included loss control consultant, professional liability underwriter for architects, engineers, and contractors, and insurance broker specializing in professional liability programs for large construction firms.

Beyond Dementia Coalition is a non-profit focusing on education and awareness reaching out to individuals and organizations/first responders within our communities.
Beyond Dementia Coalition

Rocky Beeland is a semi-retired registered pharmacist with a doctorate level degree & residency. He has over four decades of experience with most of this time spent in the hospital (as a Clinical Specialist Pharmacist) and outpatient infusion center arenas (including

leadership roles), along with an early history of retail practice. Teaching and education have been important aspects during most of his career, and he has remained deeply devoted to these pursuits. Rocky has taught a vast number of students, residents, medical staff, nursing staff, and other professional staff in his career. In the recent past, he has moved his teaching focus to the public and has thoroughly enjoyed every moment of it. He strongly believes that life-long learning is essential for continuing a productive and rewarding life.

Chuck Bishop has a lifelong interest in WWII and has shared that interest with SEL members since 2018. He had a 21-year Army career, followed by 21 years as a civilian employee of the Army. He experienced combat as an infantry platoon leader in Viet Nam, receiving two Purple Hearts and a Bronze Star with a "V" for combat action. His military career was mainly in operations and training assignments, including two tours as a Ranger instructor, and three years as commander of the 44th Military History Detachment (44th MHD). The 44th MHD is the Army's only active-duty historical detachment charged with collecting historical information for later use by the Army's Center for Military History. During his service with the 44th MHD, the unit participated in the military exercises known as BRIGHT STAR in Egypt and BRIM FROST in Alaska. In 1983, the 44th MHD, in conjunction with members of the Army's General Staff College, deployed for the Grenada intervention known as Operation URGENT FURY. As a civilian, Chuck coordinated Army units' participation in training events with the Air Force, Navy, and Marines, plus other countries' forces.

Sue Boehlke is a lifelong avid gardener and is now working on the challenge of downsizing her gardening from a large multi-zone lot to a small city lot in Alpharetta, where fungus, pests and weeds still find her! She has a passion for garden design and has refined her knowledge through extensive trial and error, research and study and visits to gardens and house walks around the world. Her photo reel has 10x as many pictures of plants and gardens as people! After a career in data and technology as a corporate executive and entrepreneur, Sue obtained her Master Gardener certification in 2024 and is passionate about supporting fellow gardeners. She started her education with a degree in Economics and an MBA from Northwestern University and considers herself a lifelong learner both through her professional life and her hobbies.

Rev. Tom Buchanan is Pastor and Head of Staff at Covenant Presbyterian Church in Athens, GA. He has been an SEL presenter since 2005. Tom is a graduate of Vanderbilt University and Princeton Theological Seminary, and was ordained to the ministry in 1993. His teaching interests span the background and interpretation of Biblical literature, historical and

constructive theology, and the challenges facing religion in the 21st century. When not preaching, teaching, or running a church, Tom enjoys day-tripping, UGA concerts and events, and engaging in benign soccer hooliganism, all in cahoots with his beloved wife Lisa. https://www.covpresathens.org/

Jan Buckley is a graduate of Hamline University in St. Paul, Minnesota, where she earned a BA in Studio Art and a second BA in Education. Jan taught a combined thirty-two years in the Minnesota and Georgia public school systems. She was a facilitator of the Gifted Program for Cobb County, Georgia. Since retiring, Jan enjoys teaching watercolor painting and being an active member of the Roswell Fine Arts Alliance. Her art can be found in several North Fulton galleries.
Instagram: janetchristiansenbuckley

Paul A. Charp, Ph.D., FHPS recently retired after 38 years of US Government Service as a specialist in Health Physics which is the field of radiation protection. Besides his government service, he was a part-time instructor at Georgia Tech in the Nuclear Engineering and Medical Physics Program. His expertise includes radiologic environmental assessments, radiation dose assessments (non-medical aspects), radiation biology, radiochemistry, radiologic and nuclear emergency response, and a few other specialties. Over the course of his career, he has evaluated uranium mining sites, hazardous waste sites contaminated with radioactive materials, Department of Defense sites where radioactive materials have been used, and many of the Manhattan Project sites where atomic weapons were designed, weapons material produced, and extremely dangerous radioactive waste materials disposed of by various methods. He has also been a subject matter expert on a multi-agency team that responds to national response activities related to nuclear emergencies. He is a Fellow of the Health Physics Society and is the topic editor for ultraviolet light, infrared exposures, and use of lasers in the Ask the Expert feature of the society (www.hps.org).

Tim Gelinas is a graduate of The University of Georgia. He is a former ordained campus minister at UGA. Tim and his wife Rachael have spent a total of over 30 weeks during 15 different trips to Israel. During these trips, they have become friends with many influential people in the archaeological community who have provided some of the experiences Tim will be sharing with you during his class.
With over 25 years of experience, Tim has been diligently meeting the needs of his investment clients. He specializes in helping retirees and those about to retire preserve &

protect their assets. He has won the Five Star Wealth Manager award 15 times along with other awards and recognitions.
https://www.srfinancialplanning.com/

Clive Gillon is a citizen of 3 countries and has worked in the IT and Communications industries for almost 5 decades. He has 20+ years of technical, marketing and management experience in each of the USA and Canada. His formal teaching experience covers a wide range of topics including sales techniques, operating systems and hockey. For SEL, he teaches courses on Canada, Evolution and British History. Clive holds a B.Math degree from the University of Waterloo in Ontario, Canada.

Mike Gratton is a member of the Fulton County Master Gardener Extension Volunteer (MGEV) class of 2026. He and his family have lived in Johns Creek since 1999 after relocating for work, and for proximity to a real airport. He grew up in Virginia, where he served as an MGEV in York County for several years. Mike began gardening in earnest in 1982 and has a love for growing houseplant begonias and vegetables, especially hot peppers, which he turns into spicy chili.

Bob Greene, after retiring from a 25+ year career with IBM, was fortunate to become an independent Contract Trainer working with Pharmaceutical Reps and Management. Following that, he enjoyed a most memorable and rewarding assignment - becoming one of the staff managers with the 100th Olympic Games in Atlanta in 1996. He and his wife, Marva, also served among the thousands of volunteers for those outstanding Games. That assignment morphed into Board Membership with several organizations committed to servicing and helping people in our community to move out of Hunger Insecurity and/or Homelessness. His favorite pastimes are playing Golf and playing Duplicate Bridge. He belongs to the American Bridge Association (ABA) and the local Kings & Queens Duplicate Bridge Club of Alpharetta. Recently, he has enjoyed assisting Marva, his wife of 60 years, in teaching the SEL Bridge course. Family is of utmost importance to him. They have two children and five perfect grandchildren.

Marva Greene is a member of the American Bridge Association (ABA) and currently serves as the President of the Kings and Queens Duplicate Bridge Club of Alpharetta, GA. She has been a member of ABA, a national duplicate Bridge association, for ten years, but started playing bridge competitively in the 1970s. Her long-time passion for the play and teaching of the game led her to volunteer to teach bridge to several groups. Marva has graciously shared her love of bridge for several seasons at SEL. The joy of her life is her family. She and

Bob have been married for 60 years and have two adult children and five perfect grandchildren.

Chuck Hall is a lifelong learner, lover of people's stories, and connector who delights in exploring the "why" behind the "what." As a business coach and organizational consultant, Chuck has spent decades helping people uncover hidden patterns, rethink assumptions, and find meaning in unexpected places. With a bachelor's in Journalism from Penn State, Chuck learned how to ask great questions and chase compelling stories. His Master's in Organizational Dynamics from the University of Pennsylvania taught him to see systems, relationships, and human behavior from new angles. His career path — from ministry and social services to leadership roles at General Electric and Prudential to his own business for the past 18 years — reflects a deep curiosity about people, purpose, and progress. Chuck is also a certified peer specialist for mental health. Whether he's examining a historical oddity, a cultural shift, or a modern mystery, Chuck brings warmth, humor, and a spirit of discovery to every discussion. He lives with his wife Amy, their three energetic dogs, and a lifelong passion for asking big questions about life, the universe, and everything. He keeps Amy on her toes by pondering all manner of unusual thoughts.

Rick Heneghan served with the US Army Corps of Engineers in Viet Nam in 1968-69 and also from 1970-71 and is a Lifetime member of VFW. Using the GI Bill, he graduated from Rutgers University and had a 40+ year career in safety engineering for the property/casualty insurance industry. In SEL he has found an opportunity for his original career ambition: to teach history. He is a member of the Atlanta World War II Round Table and the Georgia Branch of the Winston Churchill Society.

Rabbi Jason Holtz is the rabbi of Temple Kehillat Chaim in Roswell. Prior to coming to Roswell in 2018, he was a rabbi at synagogues in London, England and Tucson, Arizona. Rabbi Holtz was ordained by the Hebrew Union College-Jewish Institute of Religion in 2010. https://www.kehillatchaim.org/

Cara Inman With a distinguished 19-year career as a Realtor, Cara shines as a seasoned and dedicated professional deeply committed to delivering outstanding customer service. Her hallmark lies in building enduring client relationships, where she prioritizes their needs and guides them to achieve their unique real estate goals. Her extensive experience has equipped her with a profound understanding of the dynamic real estate market. Through navigating shifting market conditions, she has refined her expertise in negotiations, market

analysis, and strategic planning. Her remarkable ability to adapt to changing landscapes and foresee market trends positions her as a trusted advisor. More than a realtor, Cara is a trusted partner, advocate, and guide. Her wealth of experience, combined with an unwavering dedication to exceptional customer service, distinguishes her as a standout professional who consistently leaves a lasting impact on the lives of her clients.

Betsy Jones was fortunate to be born and raised about 30 miles north of New York City – a 45-minute train ride followed by a 10-minute walk from her front door to Broadway. She fell in love with the theater, particularly musical theater, when she was about 7 and the love affair has never ended. Growing up, her record collection consisted largely of Broadway soundtracks. Even today she finds herself frequently tuning into the Broadway channel on Sirius XM. Never having any great desire to be on the stage herself, Betsy spent 33 very happy years working in the IT department of the Federal Home Loan Bank of Atlanta. For better or worse, Betsy is also a collector of art glass paperweights, *Life Magazine*, and Folk Art. She also loves to travel. Betsy has enjoyed sharing some of these passions with our SEL classes.

Shannan Ford LaPorte is a native Atlantan who resides in Canton with her husband, Tom. She is a retired educator, having spent 30 years in Fulton County Schools as both a teacher and administrator. Shannan holds two degrees from Emory University--a Bachelor of Science in Mathematics and a Master of Nursing--in addition to a Master of Education Degree from Georgia State University. Her passion for teaching is rooted in her own love of learning, and guides her daily choices of what to read, where to travel, and how to spend her time. She is delighted to be returning to SEL to teach her second class.

Mark Levine, Ph.D. is a retired behavior specialist, researcher and teacher who used humor and laughter throughout his career to help people appreciate the humor around us.

Donna Longino spent 30 years in Corporate America before retiring to write, travel extensively with her husband, John, and teach at SEL. She enjoys bringing history to life through captivating stories about the lives of real and imagined people. Her third historical novel, *August's Home*, published in January 2026, is available on Amazon.

Mitch Manning, an SEL instructor since 2016, grew up in Queens, New York. His father, Dick Manning, was a musical director at two radio stations, but his dream was to write songs. In 1945, Dick's first hit was "*I'll be Walking with My Honey*". He continued to write hits

throughout the ‘50s and into the ‘60s. Mitch's own foray into the music world began at the University of Miami during the peak of his father's songwriting career. He would visit Miami radio stations urging them to play Dick's songs. Thus began Mitch's own career in the record business. After graduation and release from his Coast Guard Reserves enlistment, Mitch was hired by Columbia Records as their first trainee. He spent seven years in sales and promotion with Columbia, then moved on as National Promotion Manager for Musicor Records and their artists - Gene Pitney, The Platters, and George Jones.

Pastor Kevin Martin currently leads the people of Prince of Peace Lutheran Church in the Johns Creek community. Prior to returning to Atlanta in 2017, he pastored congregations in South Carolina and Tennessee. While in South Carolina, he also served as a trauma chaplain for the state's only Level I trauma center. Pastor Kevin grew up with a father who had a deep interest in history, taking him to battlefields and museums across the country and providing him with a solid education in the past. He holds degrees in psychology (Oglethorpe University) and theology (Lutheran Theological Southern Seminary). His amazing wife and kids help him to stay rooted in the present and all things practical. Since 2018, he has been volunteering at SEL, where the classes are fun, but the people are the real treasure. https://poplutheranchurch.com/

Sue McCuskey was an Environmental Consultant and high school teacher prior to retirement. She has taught for SEL on topics ranging from Natural History, climate change, Evolution, and the histories of African colonization, the Silk Road, and China. As always, the most enjoyable part of teaching is getting to know her terrific students.

Linda McGinn is an artist, master gardener, decorator and retired registered nurse. After retiring from her nursing career, Linda went to GSU. and got an associate’s degree in science and art (with honors). Pastels are her favorite medium. She has taught at the Johns Creek Arts Center as well as taken classes there. She has lived in Johns Creek since 1990. She and her husband travel extensively, and when home, they enjoy the antics of their three cats.

Jim McSweeney, a native of the San Francisco Bay Area, received a BA in Political Science from San Francisco State University and a MA in American History from San Jose State University. He worked for the National Archives and Records Administration (NARA) for 40 years, serving in senior leadership positions at its San Francisco, Laguna Niguel, and Atlanta facilities as well as the Office of Presidential Libraries (College Park, Maryland). In August 2023, Jim launched McSweeney Research and Consulting LLC, a private firm offering

archival and genealogical research services, educational training opportunities, and consultation services related to the use of primary (archival) sources. Since the fall of 2023, he has served, and continues to serve, as an instructor at the Senior University of Greater Atlanta in Tucker, GA (The University of Greater Atlanta) and Seniors Enriched Learning (Roswell, GA). He currently serves as the Project Manager and Assistant Processing Archivist for the Frank Gallo Archives and website creator/content manager for Frank Gallo: The Artist & His Art. Jim is a professed baseball junkie, ardent jazz enthusiast, and pet lover; his grandkids know these qualities only too well.

Wanda Mitchell is a North Fulton Master Gardener.

Eve Neumeister is a North Fulton Master Gardener of 30 years with a passion for finding beauty in the natural world. With a background in Geography and Environmental Education, she brings big-picture knowledge to the big world of succulents. A lifelong gardener with a love for propagating and growing succulents, she finds great pleasure in sharing these super adapted survivors who live at the fringe. Eve is on a mission to help fellow gardeners be successful with their plants!

North Fulton Master Gardeners Helping you put down roots. https://nfmg.net/wp/

Dan O'Lone has a B.A. in Political Science/History from the University of Maryland. While serving in the U.S Navy, he attended graduate classes at The U.S. Navy War College, Defense Intelligence College and The Catholic University of America. While in the Navy, Dan was a Surface Warfare Officer aboard a Frigate where they tracked Soviet submarines in the Mediterranean and North Seas. "One thing I learned is that the ocean looks exactly the same 13 miles off the coast of Virginia (the horizon) as 13 miles off the coast of Italy, France or anywhere!"
Since 2017 Dan has lectured on The Holocaust and WWII at SEL, OLLI Emory, PALS, and The Georgia Commission on the Holocaust. In the past, Dan served as a docent at the Breman Museum Holocaust Galleries and the Anne Frank Exhibit. Dan specializes in bringing little known Heroes of the Holocaust and stories of WW II to life. Dan and his wife, Martha, retired to Roswell from Potomac, Md. in 2014. They are very lucky to have three of their four children and four of their five grandchildren living in the area.

Mary Radford recently retired as a Law Professor from Georgia State University after serving for 39 years on the faculty of the Georgia State University College of Law. Her areas of teaching and research included Wills, Trusts, & Estate Planning; Elder Law; and Women &

the Law. She continues to work closely with probate judges and practitioners on law reform and was instrumental in the enactment of Georgia's Probate Code, Trust Code, and Guardianship & Conservatorship Code. Mary's mother, who was a librarian, instilled in her a lifelong interest in exploring the fascinating personal stories of powerful women rulers throughout history. Mary also teaches at SUGA.

Kim Rapp is a North Fulton Master Gardener.

Yvette Ratzlaff recently retired from a 40-year career in engineering. She and her husband Steve have lived in Roswell for 34 years, where they raised their two sons. She started playing Mah Jongg approximately 3 years ago and plays on a regular basis. She enjoys the social aspect of the game as it is a great way to get together with friends as well as meeting new people. She looks forward to introducing this fun game to others!

Jeanne Rickenbaker has been a nature lover and gardener all her life and a Master Gardener since 2021. She grew up in Michigan where her love of the outdoors was fostered and has been gardening in the south for thirty years. Jeanne lives in the Crabapple area with her husband and their dog

Shai Robkin (pronounced "Shy") works with small and medium-sized business executives, assisting them in leveraging the power of behavioral economics. He also leads discussion groups on popular topics in social psychology. A serial entrepreneur, Shai and his wife, Judy, opened Israel's first combination bookstore/coffee shop in 1981. They returned to Atlanta in 1984, and acquired Vernon, a manufacturer and distributor of library products. Vernon's technology division was sold in 2011, to One Equity Partners, a division of JP Morgan, and the supply division was sold to an out-of-state competitor in 2019.

Gerry Roth is a former 24/7 caregiver for his wife whose passing followed a long dementia journey. His book "*24/7 Caregiver: The Everyday Battle—With Alzheimer's*" is rooted in that experience and continues to shape his work supporting caregivers and families facing similar challenges. He currently serves in a leadership role with Beyond Dementia Coalition (BDC) where he helps develop dementia education programs, caregiver training, and community outreach across GA. His focus is on practical, real-world tools that improve understanding, response, and daily support for families, caregivers, and first responders. Through BDC, he works to strengthen local partnerships and expand hands-on education that addresses the realities of living with dementia in the home and community. He is also engaged in Alzheimer's Association related community and state initiatives supporting awareness and education efforts.

Gerry retired as Senior Vice President of stores at Saks Fifth Avenue. After a long executive career in retail leadership, he owned a small business consulting firm, a restaurant with his culinary trained chef wife, and managed a small picturesque country inn in Vermont while fulfilling a life-long ambition teaching business, as part of The University of Vermont system. His work today is grounded in lived caregiving experiences, business leadership, and a strong commitment to improving how communities understand and respond to dementia.

Natalie Silver is an entrepreneur wearing multiple hats. Her primary career, spanning over 30 years, is delivering computer training courses in both academic and corporate settings. She also had maintained an antique booth for the last 22 years in the North Atlanta area. She provides IT support to the senior community under the nickname “That Gadget Gal”. Recently, she became a published author, with 4 novels featuring antiques and antique dealers as the main characters.

Mary Ann Six is a Master Gardener who enjoys helping home gardeners grow healthy, resilient plants through practical, sustainable techniques. With a special interest in propagation, seed starting, and overwintering, Mary Ann shares approachable methods that help gardeners preserve favorite plants, grow new ones, and prepare confidently for the next growing season.

Wanda Wells Smith received a BS degree from Bennett College and a Master of Arts in Teaching from Smith College. She taught Biology for two years at Allen University in Columbia, South Carolina. Wanda was a chemist for Kelco in San Diego. She retired from the Fulton County department of Health as a clinic manager. Wanda’s parents were avid Bid Whist players and taught their children to play Bid Whist. She learned the game of Bridge while attending the Kings and Queens Duplicate Bridge Club of Alpharetta. She loves the game of Bridge and loves to share that knowledge with others.

Quentin Thomas is a well-respected historian, author and public speaker. He has led classes for many years. His American History classes have focused on the West, our government’s founding, and WWII. He works to give students a greater understanding of the many unique personalities, along with key events, that provide a fuller perspective. In Quentin’s professional career, he served for 26 years in the United States Air Force, retiring as a full Colonel. The greater part of his military career was spent as part of Strategic Air Command (SAC) with many years in command positions. Quentin's classes are presented

in a narrative manner involving the class in a personal way. He is the history teacher you wish you had while you were in school--by all critiques he and his classes are fun!

Layla Vanderslice is a financial advisor with Merit Financial Advisors who helps individuals and families navigate important financial decisions with clarity and confidence. With 25 years of experience in the insurance industry, she brings a depth of knowledge and real-world perspective to her work with clients. As a Certified Tax Specialist (CTS®), Layla focuses on tax-planning strategies for individuals, businesses, and retirement accounts. She is also a Certified Estate & Trust Specialist (CES™), specializing in estate planning, trusts, wealth transfer, and fiduciary responsibilities. She combines her natural ability to connect with people, decades of industry experience, and specialized training to help clients coordinate their financial, tax, insurance, and estate-planning goals.
When she's not working with clients, Layla loves spending time at the beach, enjoying time with family and friends, and playing games. Whether she's helping a client work through an important financial decision or gathered around a game table with people she loves, Layla values connection, relationships, and time well spent.

Anne Wiskind is a retired physician who completed her Fulton County Master Gardener Extension Volunteer curriculum in April 2024. She is a life-long gardener with an active interest in ecological gardening and encouraging biologic diversity. She does much of her gardening at her lake house in Blairsville, GA.

Nicholas Yeomans, CFP®, is a fiduciary financial advisor specializing in tax planning, estate planning, and retirement income strategies. His approach centers on education — equipping clients with clarity and understanding so they can make confident, well-informed decisions for a successful retirement. Nic previously served as President of Your Retirement Coach™, now a Partner with MERIT, where he helped guide the firm's strategic growth and client-focused planning philosophy. He is a graduate of Lee University and earned his Certificate in Financial Planning from Emory University.
In addition to serving clients, Nic is a dedicated educator. He has taught extensively through the Osher Lifelong Learning Institute (OLLI) at Kennesaw State University, helping retirees and pre-retirees better understand the complexities of tax-efficient retirement planning, estate strategies, and income distribution. His teaching style emphasizes practical application, clear explanations, and real-world planning insight.
A former competitive athlete, Nic developed the discipline, resilience, and respect that now define both his professional standards and personal life. He and his wife, Suzette —

his college sweetheart — have three daughters and three dogs. Active members of North Metro Church in Marietta, they enjoy traveling, exploring new restaurants, and investing deeply in family life. https://meritfinancialadvisors.com/about/locations/marietta-ga/

Randy Yeomans (CEP®, CFS®, BCAA, BCM) brings more than 35 years of experience helping individuals and families make wise financial decisions with clarity and confidence. As a fiduciary and Founder of Your Retirement Coach™, now a Partner with MERIT, Randy specializes in wealth management, estate planning, tax strategy, and retirement income design. Holding certifications as a Certified Estate Planner, Certified Fund Specialist, and Retirement Coach, Randy is known for his education-first approach. He believes confident decision-making begins with understanding — and he is deeply committed to personal and community education. For over 25 years, he has taught adult education classes at SEL, ELM, OLLI, and other institutions. Students consistently describe his sessions as some of the most engaging, practical, and information-packed classes they've ever attended.
Beyond financial planning, Randy integrates a unique focus on longevity and successful aging strategies. He believes retirement is not just about managing assets, it's about optimizing health, relationships, purpose, and economic life. Drawing from research in wellness, neuroscience, and performance longevity, he helps clients think holistically about extending not just their wealth, but their healthspan and quality of life. An avid snow skier, ocean diver, and Krav Maga practitioner, Randy practices what he teaches — staying physically active and mentally sharp. He enjoys traveling, reading, and investing time with his growing family of grandchildren. A proud Cobb County resident for over 40 years, Randy is passionate about serving his local community.
https://meritfinancialadvisors.com/about/locations/marietta-ga/

Janet S. Young, Ph.D. is a Certified Functional Nutrition Counselor. In 2007, she established The Natural Pathway (drjanetyoung.com), which was born out of her passion to provide practical information that empowers people to make healthier lifestyle choices. In 2025, Dr. Janet launched the Living Healthy Lives program which is currently conducted at The Piedmont at Buckhead in Atlanta, Seniors Enriched Learning in Roswell, and East Central DeKalb Community and Senior Center in Stone Mountain.

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