



**Body or Committee:** Disability Committee Meeting  
**Date and Time:** 10/20/24 7PM  
**Location:** Zoom  
**Attendees:**

| Item | Description                                                                                                                                                                                                                                                                                                                                                 | Outcome                                                                                                                                                                                                                                                                                                             |
|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | Call to Order                                                                                                                                                                                                                                                                                                                                               | 7:02pm                                                                                                                                                                                                                                                                                                              |
| 2    | Roll Call                                                                                                                                                                                                                                                                                                                                                   | See below                                                                                                                                                                                                                                                                                                           |
| 3    | <p>Mission Moment</p> <p><i>Mission: Supporting strong clubs, building stronger swimmers by providing opportunities from novice to elite.</i></p> <p><i>Vision: Inspiring swimming for generations.</i></p>                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                     |
| 4    | Approval of the agenda                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                     |
| 5    | <p>Approval of minutes:</p> <p><a href="#">Disability Committee Agenda/Minutes 8.13.24</a></p>                                                                                                                                                                                                                                                              | Courtney Christ motion, Jean Lalomia 2nd, pass                                                                                                                                                                                                                                                                      |
| 6    | <p>Para Time Standards for 2024-2026</p> <ul style="list-style-type: none"><li>● P3 Golds<br/><a href="#">2024 Para P3 Niagara Championship Time Standar...</a></li><li>● P2 Golds<br/><a href="#">2024 Para P2 Niagara Championship Time Standar...</a></li><li>● P1 Golds<br/><a href="#">2024 Para P1 Niagara Championship Time Standar...</a></li></ul> | <p>P1-</p> <p>10U: No 500 free, 200 IM, 100 Fly. Add 50s of stroke, 100 IM</p> <p>11-12: No 1000 free, 400 IM, 200s of strokes, 200 IM. Add 100 fly, 100 IM, and add 150 IM</p> <p>13-14: No 500 free, 1000 free, 1650 free, 200s of strokes. Add 50 and 100 Fly, 100, 150, and 200 IM</p> <p>15O: mirror 13-14</p> |

|   |                                |                                                                                                                                                                                                                                                                                                                 |
|---|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|   |                                | <p>P2-<br/>10U: Good<br/>11-12: No 200 strokes.<br/>13-14: No to the NA events<br/>15O: mirror 13-14</p> <p>P3-<br/>10U: good<br/>11-12: No 200 strokes<br/>13-14: add 50s of stroke and 100 IM<br/>15O: mirror 13-14</p> <p>Courtney Christ motioned, Annie Draves 2nd.<br/>Passed with the changes above.</p> |
| 7 | Para Award Criteria discussion | Pushed to next meeting                                                                                                                                                                                                                                                                                          |
| 8 | Northeast Para Open            | University of Buffalo would like to host if the date works. Want classification at the meet and official training. Courtney will reach out to Para Swimming.                                                                                                                                                    |
| 9 | Next meeting date              | <p>Will be determined via email.</p> <p>8:08pm Adjourn</p>                                                                                                                                                                                                                                                      |



Niagara Swimming LSC is inviting you to a scheduled Zoom meeting.

Topic: Disability Committee Meeting

Time: Oct 20, 2024 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/98708140398?pwd=00Te5HFWAd5wEuiBWhU6DQnhzmg1SF.1>

Meeting ID: 987 0814 0398

Passcode: 269310

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Meeting ID: 987 0814 0398

Passcode: 269310

Find your local number: <https://zoom.us/u/acKaSx7ee6>



Committee Members:

- ☒ Courtney Christ- Disability Committee Chair
- ☐ Doug Heyden- Age Group Chair
- ☐ Mike Burgess
- ☒ Annie Draves
- ☒ Jean Lalomia
- ☒ Tom Killian- Tech Planning
- ☒ Lori Reid
- ☐ Brianna Cafarelli
- ☒ Will Chidsey
- ☐ Mike Switalski- Niagara General Chair
- ☒ Sarah Reid
- ☒ Nora Barnello
- ☒ Leah Abrams
- ☐ Amelia Cook