

## On Preparation & Talent

1. Can you remember the earliest time you realized preparation gave you an edge, even if others were more naturally talented?
  2. Were there any situations where *lack* of preparation caused you public embarrassment or loss — and burned the lesson into you?
  3. Did a mentor, teacher, or boss explicitly model “being the most prepared” in a way that stuck with you?
  4. How did your family or early environment talk about talent vs. hard work? Which did they seem to value more?
  5. Have you ever *outperformed* someone obviously more skilled than you — and could preparation be traced as the reason?
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## On the Preparation → Execution → Review cycle

6. Where in your life did you first experience that following a process led directly to success?
  7. Have you ever skipped one of those three steps and had it backfire spectacularly?
  8. Was there a specific teacher, coach, or boss who drilled a structured approach into you?
  9. How much do you think your preference for this cycle comes from wanting to *repeat* success rather than leave it to chance?
  10. Do you apply this process equally in creative, personal, and business situations — or does it show up most in one domain?
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## On Kindness ≠ Weakness

11. Did you grow up seeing someone who was both kind *and* strong?  
What did that look like?
  12. Have you ever had kindness mistaken for weakness toward you —  
and how did you respond?
  13. Was there a moment when being kind was the *most* courageous  
option you could take?
  14. Did you ever witness someone *not* showing kindness, and see it  
backfire for them?
  15. Have you ever noticed that kindness actually gave you influence or  
respect in high-stakes situations?
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## **On Rejecting “Being Stuck”**

16. Can you remember a time you *felt* stuck but later realized it was a  
mindset problem, not a situational one?
17. Was there someone in your life who constantly complained about  
being stuck — and you swore never to be like them?
18. Have you ever made a big change in life that shattered the idea that  
circumstances control you?
19. Were you raised in an environment where mobility and options were  
encouraged, or where people tended to “stay put”?
20. Have you ever helped someone else break through their own  
“stuck” mindset — and how did that affect your own belief in this?