



University of California Student Association
1020 12th St., Suite #232
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Resolution To Acknowledge the Psychological Well-being of Transfers and Institutionalize the
UC Transfer Mental Health Awareness Week

May 25th, 2024, Mental Health Awareness Month

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WHEREAS, mental health and psychological well-being are linked to the overall health and academic achievement of students from diverse backgrounds; and,

WHEREAS, the University of California has more than 280,000 students, and the University of California Student Association is the representative body responsible for advocating on behalf of current and future UC students; and,

WHEREAS, one-third of UC undergraduate students began their academic journey at a community college, and 93% of UC transfer students come from a California Community College; and,

WHEREAS, the transition from community college to a four-year university often leads to transfer students enduring psychological barriers such as transfer shock, imposter syndrome, depression, and anxiety; and,

WHEREAS, counseling and psychological services offered by the UC system continue to overlook the particular mental health challenges faced by transfer students, especially those who come from community colleges; and,

WHEREAS, acknowledging the mental health of transfer students would help to foster a supportive and inclusive UC campus environment that promotes psychological well-being for students who identify as BIPOC, low-income, returning/readmitted, former foster youth, parents/students with dependents, physically or mentally disabled, commuters, veterans, international, first-generation, formerly incarcerated or system-impacted; and,

WHEREAS, transfer student leaders from UC Los Angeles, UC San Diego, UC Berkeley, UC Davis, and UC Santa Barbara hosted the first UC Transfer Mental Health Awareness Week, taking place from February 12, 2024, to February 16th, 2024; and,



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THEREFORE BE IT RESOLVED, the University of California Student Association institutionalizes and annually commemorates the UC Transfer Mental Health Awareness Week with the Transfer Student Affairs Officer and the transfer student representatives from each UC campus; and,

THEREFORE BE IT RESOLVED, the University of California Student Association advocates for increased institutional funding to promote transfer-specific counseling and psychological services, especially in the hiring of mental health practitioners trained in supporting students in the transition from community college to the four-year university; and,

THEREFORE BE IT FURTHER RESOLVED, the University of California Student Association shows its unequivocal support of all future and current transfer students through advocacy for expanded and inclusive mental health resources at each UC campus.