

# Mental Health Services

## **515, Inc**

Website: <https://515fitnessinc.com/programs-1>

## **Arukah Healing Institute**

Website: <https://arukahinstitute.org/>

## **Behavioral Health Alliance of Grundy County**

Website: [www.BHAGrundyCounty.com](http://www.BHAGrundyCounty.com)

## **Center for Youth and Family Solutions**

815 2<sup>nd</sup> St.

LaSalle, IL 61301

Phone: 815-223-4007

OR

2610 West Richwoods Blvd.

Peoria, IL 61604

Phone: 309-323-6600

Website: [www.cyfsolutions.org](http://www.cyfsolutions.org)

## **CARES**

Hotline: 1-800-345-9049

## **CHOICES**

1100 East Norris Drive

Ottawa, IL 61350

Phone: 815-434-4382

Website: [www.saintelizabeth.org](http://www.saintelizabeth.org)

**Crossroads Counseling Services, LLC**

1802 N. Division St. STE 509

Morris, IL 60450

Phone: 815-941-3882

OR

601 West Norris Dr. STE B

Ottawa, IL 61350

Website: [www.crossroads-help.com](http://www.crossroads-help.com)

**Edward-Elmhurst Health**

Website: <https://www.eehealth.org/healthy-driven/>

**Empowering Minds Counseling**

643 West Main Street

Ottawa, IL 61350

Phone: 866-541-5299

**Grundy County Health Department**

1320 Union Street

Morris, IL 60450

Phone: 815-941-3419

Website: [www.grundyco.org/health](http://www.grundyco.org/health)

**Illinois Valley Counseling Services**

747 E. Etna Road

Ottawa, IL 61350

Phone: 815-993-1614

Website: [www.illinoisvalleycounseling.com](http://www.illinoisvalleycounseling.com)

**Illinois Valley Community Hospital – Counseling Services**

926 West Street

Peru, IL 61354

Phone: 815-780-3696

**Institute for Personal Development (IPD)**

1401 Lakewood Dr. STE A, Morris, IL 60450

Phone: 815-942-6323

[www.ipdhealth.com](http://www.ipdhealth.com)

**Dr. Colin Kao-Seneca Healthcare Center**

271 North Main Street

Seneca, IL 61360

Phone: 815-357-8511

**LifeStance Health - Counseling and Medication Management**

15025 S. DesPlaines St.

Plainfield, IL 60544

Phone: 630-428-7890

**Lutheran Social Services- Crossroads Counseling**

607 Tenth Avenue

Mendota, IL 61342

Phone: 630-664-8876

**North Central Behavioral Health Systems**

727 Etna Road

Ottawa, IL 61350

Phone: 815-434-4727

OR

2960 Chartress Street

LaSalle, IL 61301

Phone: 815-224-1610

**Spider: Mental Health Provider Database**

<https://spider.dcf.illinois.gov/>

**Thrive Collective**

1400 State Street

Ottawa, IL 61350

Phone: (815) 421-9010

Website: [www.mythrivecollective.com](http://www.mythrivecollective.com)

**United Way of Eastern LaSalle County**

601 State Street

Ottawa, IL 61350

Phone: 815-434-4003

Website: [www.unitedwayelc.org](http://www.unitedwayelc.org)

**Youth Service Bureau of Illinois Valley – Solutions Counseling**

424 West Madison Street

Ottawa, IL 61350

Phone: 815-431-3051

Website: [www.ysbiv.org](http://www.ysbiv.org)