



Parent Advisory Board

December 2024 Meeting Minutes

December 11, 2024 - Workout Club, Salem @ 6 pm

Meeting began at 6:11 pm with the following individuals in attendance:

All attending in person:

- Marilyn Soraghan
- Laura Perez
- Noelle Schreiber
- Candice DeAngelis
- Stephanie Robinson
- Susan Field
- Kelly Seichepine
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Minute approvals

November 2024 minutes approved by all in attendance. Laura motions and Candice seconds.

Monthly financial update

- Specific financial data is redacted from the copy that is online. All attendees of the meeting receive a full copy including financial data. Please email **RAIS PAB SECRETARY** for a copy.

New Business

- Non Profit status update and donation status - non profit expired, but back - Helena Smart's mom is trying to have \$400 donated to us from her work points

Coach updates

- Coach updates: Marilyn

Vacation practice schedule: Monday night, **off Tues, Wed, Thur**, Fri on, Sunday on, Monday and Tuesday (Tues will be a mentor mentee practice) maybe Wed the 1st for practice

Greater Law for Regionals

Silvers = UVAC

Have to run reports for the qualifiers and run through them and have them out later this week

Want to try to add a 14 and under February meet

BC this weekend it is full can only switch current swimmers from day to day

Numbers are staying consistent, Chris is building kids to move up from Stingrays

Recertifications - for officials: reimbursement

Meets

- Valentine's Day Meet - Coach Lauryn wants to do decorations - Cupid's Last Chance
Specialty meet - the heart gram fundraiser for the American Heart Association - see if we can get a sticker or stamp that is WOC - Laura will look into it (get a Rays and WOC one)
- Teams: same usually groups and the Boys and Girls Club and probably more pop ups because of qualifiers - sign ups this week for swimmers
- Next meeting will be a big meet meeting on Jan 8th - maybe having a zoom about jobs early Feb and discuss the timing and placement of people, send a preemptive reminder from the handbook about volunteering

Events

- Mindfulness Coaching? Do we want to have another one? - it was great, especially because she had 2 different groups - would be good to offer again going into championship meets. She suggested having the younger group split and doing 2 45 min sessions for the littles and an hour for the older kids for the same \$700. Noelle motions to spend another \$700 for workshops and get some dates. Laura seconds. Try before silvers or high school states. Or at the latest before our states in March.
- Tubing -@ McIntyre - do it again, so easy and we can rent out the hill Kelly can blindly sign up kids and hope the slots are filled. Look at Jan 12 and 20, Feb 9th for Sundays instead of a vacation week. - weekends look like 9 am. Look at weekdays for 6-8pm. Kelly is going to reach out.

Fundraising

- Calendar Update: big collection days next week. Deadline is the 20th. Have some PAB members collect next week. Susan will reach out to the winners.

Awards

- Qualifiers posters/tags? - Marilyn has a list and will post the kids names and make the tags for the kids after the meet

Communications

- Marilyn's email of a recap, getting tricky with print newspapers - the Times in Londonderry cover the high school swim

Equipment

- Workout Club storage? - Noelle emailed Ron, touchpads and consoles have to be stored indoors, we can't have the room because of camp so he is looking for places. Don't want to order the hanger until we hear from him. Hopefully when stuff comes here for the Feb meet it gets to stay here and we can stop with the storage locker.
- Speaker for Windham - Brian Ashworth reached out, Noelle reached out and we all said ok, he called Noelle and said they found a starter and a speaker at Windham.

Gear

- Championship caps (what times are we using and color) - Silvers are the last qualifying meet before Age Groups, The old "Golds" is now an open called the New England Cup with no qualifying times - looking at a tie dye cap

Motion to end the meeting was made and seconded by all in attendance at 7:08pm.

Next Meeting: January 8, 2025 @ 6pm, Salem WOC