

# COCONUT RASPBERRY SMOOTHIE

Makes 2 Small or 1 Large

2 Frozen Bananas

1/2 Cup Frozen Raspberries (plus more for garnish)

1/4 Cup Plain Coconut Yogurt (plus more to garnish)

2 Tbsp. Unsweetened Shredded Coconut

1 Tbsp. Hemp Hearts

1 1/2 Cups Coconut Water

1 tsp. Goji Powder (or Maca, Lacuma, or Rose Hip Powder)

1. Puree all the ingredients together on high until smooth. Add some crushed berries to a glass and top with a spoon of yogurt before adding the smoothie. Garnish with some hemp hearts if desired.