

HOW DOES INCORPORATING A SETTLING ACTIVITY AFFECT ELEMENTARY STUDENTS' BEHAVIOR ONCE THEY RETURN FROM RECESS ACTIVITIES?



I started my action research wondering if settling activities would be a good way to help calm students down and bring their focus back to classwork.



Interviewed a teacher from South Side Elementary (we'll call her Mrs. B) that agreed to let me observe her class for my action research.



After her interview we came to the conclusion that most of the misbehaviors and disruptions occurred once her students returned from recess.



DATA COLLECTION AND ANALYSIS

- To officially start my action research, I started off by interviewing Mrs. B.
 - How long have you been teaching?
 - Do you have certain methods you use to maintain order in the classroom?
 - How do you motivate your students?
 - Are there certain times of the day that you see more misbehaviors and classroom disruptions than usual?
- The first week after the first interview I observed the classroom before she implemented the settling activity into their daily routine. - Decided when the settling activity should be implemented into their daily schedule
- The second week I observed the classroom again. Mrs. B implemented the settling activity into their daily schedule -
 - Was the settling activity beneficial?
- Ended with a final interview with Mrs. B.



DATA COLLECTION AND



ANALYSIS





DATA-INFORMED DECISIONS

- Happy with my results. I Definitely think the settling activity was beneficial for Mrs. B
- Mrs. B and her students seemed to really enjoy it
- Might not work for every classroom
- Would like to have done it longer than two weeks.