



# DEMS Virtual Learning Plan

PE (Kindergarten 1)

## 20-21, Trimester 2

	January 14	January 21	January 28	February 4
<b>PE (KG1)</b>	<p><b><u>Due Date :</u></b> January 14, 2:30pm</p> <p><b><u>Learning Targets :</u></b></p> <p>S1.E13 - Throws underhand with opposite foot</p> <p>S3.E2.K Participates actively in physical education class.</p> <p><b><u>Activities :</u></b></p> <p>Flipgrid - submit a video of throwing underhand with opposite foot</p> <p><b><u>Google Meet :</u></b></p>	<p><b><u>Due Date :</u></b> January 21, 2:30pm</p> <p><b><u>Learning Targets :</u></b> (Activiy 2)</p> <p>S1.E13 - Throws underhand with opposite foot</p> <p>S3.E2.K Participates actively in physical education class.</p> <p><b><u>Activities :</u></b></p> <p>Flipgrid video demonstration the proper way of throwing underhand with opposite foot.</p> <p><b><u>Google Meet :</u></b></p>	<p><b><u>Due Date :</u></b> January 28, 2:30pm</p> <p><b><u>Learning Targets :</u></b></p> <p>S1.E17.K - Dribbles a ball with one hand, attempting the second contact.</p> <p>S3.E2.K Participates actively in physical education class.</p> <p><b><u>Activities :</u></b></p> <p>Flipgrid video demonstrating one hand dribbling</p> <p><b><u>Equipment:</u></b></p> <p>Ball that is good enough to driblle</p> <p><b><u>Google Meet :</u></b></p>	<p><b><u>Due Date :</u></b> February 4, 2:30pm</p> <p><b><u>Learning Targets :</u></b></p> <p>S1.E17.K - Dribbles a ball with one hand, attempting the second contact.</p> <p>S3.E2.K Participates actively in physical education class.</p> <p><b><u>Activities :</u></b></p> <p>Flipgrid video demonstrating one hand dribbling</p> <p><b><u>Equipment:</u></b></p> <p>Ball that is good enough to driblle</p> <p><b><u>Google Meet :</u></b></p>
<b><u>Extension Activities and Resources</u></b>				



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