## Suicide

http://www.suicidepreventionlifeline.org/

## National Boys & Girls Hotline

(800) 448-3000

The Boys Town National Hotline is open 24 hours a day, 365 days a year and staffed by specially trained Boys Town counselors. Parents, teens and families can find help with the following: Suicide prevention, Sexual abuse, Parenting troubles, Anger, Physical abuse, School issues, Chemical dependency, Relationship problems, Depression, Emotional abuse, Runaways, And much more. Spanish-speaking counselors and translation services, representing more than 140 languages, are available, along with a TDD line (1-800-448-1833) that allows counselors to communicate with speech-impaired and deaf callers.

## Suicide Crisis Line Kern County Mental Health

System of Care 24 hours / 7 days (661) 868-8000 1-800-991-5272 (661) 868-8142 TTY

## **USA National Suicide Hotlines**

Toll-free/ 24 hours/ 7 days a week 1-800-784-2433 1-800-273-8255 1-800-SUICIDE 1-800-273-TALK

TTY:1-800-799-4889

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