

[thinking aloud]

what is the goal, purpose of CoE?

welfare = wellbeing?

Coexistence? Integrative mutuality?

Creating a safe space for conflicts?

LEADERSHIP - What about leadership in CoE?

- As serving, not reining
- Permanent awareness in every step
- Facilitator model of leadership
- Means being sensitive to others and being in service
- Empathy is a big part of Servant leadership
- How to do empathic leadership
- How leaderships is in mutuality relationality
- May CoE function without leaders?

International Scale of CoE? International scale

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CONFLICTS

We do not avoid conflicts. We do not want to build culture without conflicts. **Conflicts are part of the culture, an inevitable one**, and they are a condition of evolution (explain *the theory of mistake in evolution*)

BUT we want to create **a safe space for conflicts**, because they are an opportunity to us:

- so we and our opponents/enemies, can understand one another
- and we can grow thanks to that
- and we grow closer together in the course of resolving our conflict

TIME

Restoring the value of time, and 'human spacetime'

In our life, we need time to experience empathy

- The current civilization uses time as money. **Time is not money, time is our life, time is ...empathy.**
- People don't have time for empathy, particularly for empathic listening and democracy. They are busy working on material needs. The system gives us time only to rest from work and then come to work back. They also give up self-governing because of lack of time. and they give up with a consensus and let the majority to impose its will - because they have no time to think to discuss to care ...to live empathically.
- We need a different cultural paradigm that values time and empathy. **BUT the culture of empathy will ruin the current system.** A culture of empathy brings not just a spiritual change but affects the materialistic culture. It is revolutionary. People who benefit from the existing system will resist the transformation.

SYSTEM and Structural Violence

what are our MEANS that are our GOALS?

(aims and means are the same)

- Permanent awareness (don't like the word mindfulness because of it superficial pop-carier may we find a new term),
- state of permanent awareness in every act... every situation - life as state of meditation

Openness and softening (conscious vulnerability)

- a constant process of **welcoming to what comes**
- it is constantly open, never ended, requires the acceptance for a sort of positive unfulfillment
- consciously chosen vulnerability, **taking a leap of faith in the other**

Honesty and Truth-seeking:

- readiness to **question and change my point of view**
- developing and **practicing curiosity** - especially curiosity of those, who oppose me

What is the Culture of Empathy?

- it is not the system CoE nor the state of society/ or organization of social life
- it is a personal attitude, that summarizes in social trend or movement
- there will be always people who think and act differently and let us accept it ...with empathy.
- CoE is a trend I/we want to make mainstream, but it has to stay grassroots and non-institutionalized in any way.