

Fake & Fatal - Health 2

Created 5/2021

Philosophy Statement	Per Oregon Administrative Rule (OAR) 581-022-2-45, each school district shall develop a comprehensive plan for alcohol and drug abuse prevention for grades K-12. At least annually, all high school students, grades 9-12, shall receive instruction about drug and alcohol prevention.
Learning Targets	<p>Learning Targets:</p> <ul style="list-style-type: none"> • <i>Discuss key concepts of opioid drugs including tolerance, addiction, peer pressure, short and long term health impacts.</i> • <i>Explain the short-term and long-term psychological and social effects, including social, legal, economic and cosmetic consequences of opioid drugs.</i> • <i>Utilize data to formulate a health- enhancing message.</i> <p>Essential Question:</p> <ul style="list-style-type: none"> • Why is it important to be aware of the risks of drugs being manufactured with fentanyl and other substances?
Materials List	<p>Teachers:</p> <ul style="list-style-type: none"> - Lesson 1 Slides: Please use the Google slides to help guide the lesson. - Videos: <ul style="list-style-type: none"> - How is Fentanyl Making the Opioid Epidemic Worse? - Cal's Story - A Message From Miles - Interactive Article: Inside America's Devastating Opioid Epidemic - Student Articles: <ul style="list-style-type: none"> - What to Know About Drugs Laced with Fentanyl - What is Fentanyl? - Inside America's Devastating Opioid Epidemic - Opioid Epidemic Articles - Teacher Background Documents: <ul style="list-style-type: none"> - The Opioid Epidemic in America - Investigating the Heroin and Prescription Opioid Epidemic - Computer for Slideshow & Videos <p>Before lesson:</p> <ul style="list-style-type: none"> - Post the following information onto Canvas for students to access electronically. <ul style="list-style-type: none"> - Lesson 1 Slides - Student Articles: <ul style="list-style-type: none"> - What to Know About Drugs Laced with Fentanyl

	<ul style="list-style-type: none"> - What is Fentanyl? - Inside America's Devastating Opioid Epidemic - Opioid Epidemic Articles <p>Students:</p> <ul style="list-style-type: none"> - Chromebook/computer - Pen/pencil - Paper for taking notes
<p>Introductions:</p> <p>2 Minutes</p>	<p>Introduction:</p> <p>State this is a safe space, and no personal information that is shared should leave this room.</p> <ol style="list-style-type: none"> 1. What personal information is discussed in this room, stays in this room. It is not your place to tell other people's stories. However, if you learn something you think is cool, PLEASE go and share that with your peers. 2. Today we will be talking about the risks associated with fentanyl. As part of the discussion we will be talking about the dangers associated with drugs being manufactured with fentanyl, and the impacts these fake pills have on our society. During class discussions please be mindful and respectful of other people's thoughts and opinions. Feel free to leave the room if necessary. There is a set up in the Counseling Office where you can go if you need to leave. (CONFIRM this first with your counseling team) 3. I am a mandatory reporter and do have to report things where someone is being hurt or someone is hurting themselves. I can also provide you with local community resources if you have further questions.
<p>Review the Essential Question:</p> <p>3 minutes</p>	<p>Essential Question:</p> <p>Review the essential question with the class, and ask the students to keep this question in the back of their mind as they go through today's lesson.</p> <ul style="list-style-type: none"> • Why is it important to be aware of the risks of drugs being manufactured with fentanyl and other substances? • Discuss the slide <i>What the Heck is Fentanyl?</i> Ask the students what information stands out to them on this slide?
<p>Video:</p> <p>7 Minutes</p>	<p>Video Presentation:</p> <ol style="list-style-type: none"> 1. Watch the video - How is Fentanyl Making the Opioid Epidemic Worse? <ol style="list-style-type: none"> a. There is a warning about the content regarding the information in the video. Be sure to preview the video before showing it to students. 2. Briefly discuss information that stood out to the students from the video. Students can utilize the chat if they are not comfortable sharing their thoughts verbally.

<p>Interactive Article: 10 Minutes</p>	<p>The Opioid Epidemic:</p> <ol style="list-style-type: none"> 1. Explain: The crisis with opioid use and abuse is called an epidemic because it is harmful and has spread throughout the country. Display the interactive article - Inside America's Devastating Opioid Epidemic, which shows the difference between opioid-related deaths in 1999 and in 2016. (Deaths from opioid abuse have increased dramatically in almost every part of the country in the last 17 years.) 2. Ask: Given what we see on the map, how do you think we got to the point where opioid abuse is an epidemic? Students can utilize the chat if they are not comfortable sharing their thoughts verbally. 3. Discuss the slide <i>How Did This Happen?</i> Ask the students what information stands out to them on this slide? Emphasize the difference between a legally manufactured pill vs. an illegally manufactured pill. If the pill has not been prescribed then you have to assume that it has been made illegally with fentanyl.
<p>Class Discussion: 15 Minutes</p>	<p>Class Discussion:</p> <ol style="list-style-type: none"> 1. True or False: Ask students to indicate if they think the statement listed on the slide is True or False. Call on a couple of students to explain their rationale. 2. For additional information regarding each statement please refer to the teacher background document - Investigating the Heroin and Prescription Opioid Epidemic
<p>Video: 15 minutes</p>	<p>Cal's Story:</p> <ol style="list-style-type: none"> 3. Watch the video - Cal's Story <ol style="list-style-type: none"> a. Please preview the video before showing it to students. Explain to the class that the video contains information regarding the accidental death of a former BSD graduate. If at any time a student is uncomfortable with the information being shared they are welcome to leave the room if necessary. There is a set up in the Counseling Office where you can go if you need to leave. (CONFIRM this first with your counseling team). b. Briefly discuss what students and families can learn from Cal's story. Students can utilize the chat if they are not comfortable sharing their thoughts verbally.
<p>Article Review: 7 minutes</p>	<p>Article Review:</p> <ol style="list-style-type: none"> 1. Ask students to read the article - What to Know About Drugs Laced with Fentanyl 2. Explain that many articles use the term "laced" with fentanyl. However,

	<p>the reality is that these pills are being purposefully manufactured illegally with fentanyl. Briefly discuss why we should be aware of the risks of drugs being manufactured with fentanyl and other substances. Students can utilize the chat if they are not comfortable sharing their thoughts verbally.</p> <p>3. Discuss the slide <i>Emerging Category of Victim</i>. Ask the students what information stands out to them on this slide? Emphasize that fentanyl poisonings often happen in the beginning stages of addiction...the person is not addicted and they are not wanting to die. Rather they are using to help with an injury, manage stress/anxiety, dull pain, etc.</p>
<p>Group Brainstorm: 7 minutes</p>	<p>Group Brainstorm:</p> <ol style="list-style-type: none"> Have the students use the articles listed below to create ideas for raising awareness about Fentapills in our community: <ul style="list-style-type: none"> What is Fentanyl? What is a Fentapill? The Lowdown New York Times Opioid Articles Discuss the ideas students generated. You can create a Padlet or Jamboard to help collect the students thoughts/ideas. Throughout the discussion have students consider the roles the following play in this crisis: social media, teens, families, medical professionals, law enforcement, pharmaceutical companies, and educators.
<p>Essential Question Review: 2 minutes</p>	<p>Essential Question:</p> <ol style="list-style-type: none"> Watch the video clip: A Message From Miles <ol style="list-style-type: none"> Click the link on the slide to watch a message from Cal's brother Miles. Select a few students to answer how this message relates back to today's essential question: Why is it important to be aware of the risks of drugs being manufactured with fentanyl and other substances?
<p>Helpful Resources: 3 minutes</p>	<p>Helpful Resources:</p> <p>If you or someone you know is considering using or experimenting with Fentapills what can you do....</p> <ul style="list-style-type: none"> Ask for help <ul style="list-style-type: none"> Where? Trusted Adult School Counselor Remember <ul style="list-style-type: none"> Our first task is to inform our students and parents of the fentanyl epidemic and how fake fentapills have changed the game. We need to take self-medication off the table. We also need to offer healthier alternatives for coping with stress and anxiety.

	<ul style="list-style-type: none"> - Resources <ul style="list-style-type: none"> - Hawthorn Walk-In Center - Youthline - Song For Charlie - SAMHSA.gov - Drugabuse.gov - Teens.drugabuse.gov - Kidshealth.org - Adf.org.au
Closing: 2 Minutes	Thank you for participating! If you have any further questions, please do not hesitate to ask a trusted adult.