

Support with physical and mental health and/or safety:

Purpose / Support with:	Organization Name	Link to website	Notes:
Emergency Mental Health Services	Boston Emergency Services Team	<u>Boston Emergency Services Team</u>	A mental health emergency hotline to do crisis evaluation and treatment if you feel your child has become a danger to themselves or others in the home. Must have mass health insurance. BEST team is able to evaluate children and adults.
Helping Parents with Stress	Parents Helping Parents	<u>Parents Helping Parents Stress Hotline</u>	<p>The current national health emergency is causing many parents anxiety.</p> <ul style="list-style-type: none">* How do I protect my children?* What do I tell them?* Or simply, how do I keep them busy when there is no school? <p>Parental stress line counselors are still there to listen to your concerns and problem-solve with you. 24-7, free and confidential. CALL: 800-632-8188</p>
Emergency Childcare Providers	Exempt Emergency Childcare Providers	<u>Exempt Emergency Childcare Providers</u>	<p>To slow the spread of coronavirus, Governor Baker has issued an emergency order temporarily closing all early childhood education programs across the State of Massachusetts to suspend providing childcare by 11:59 P.M. on Sunday, March 22, 2020. This will remain in effect until April 6, 2020 and may be extended as needed.</p> <p>Exempt Emergency Child Care Programs will be the only child care programs that are allowed to operate during this time. This prioritizes public health and safety while maintaining critical service.</p>
Crisis Hotline Resources	City of Boston	<u>Crisis Hotline Resources</u>	Suicide prevention, domestic violence, and other crisis hotlines for youth, young adults, and their friends and families.
Crisis Text Line - Text TALK to 741741	Crisis Text Line	<u>Crisis Text Line</u>	<p>Crisis Text Line is here for you 24/7. Text a free Crisis Counselor anytime. You don't have to deal with the hard parts of life alone. Text us. Get free help.</p> <p>Anxious about coronavirus? Text HOME to 741741 to connect with a Crisis Counselor.</p>
Suicide Prevention Hotline	Suicide Prevention Hotline	<u>Lifeline Chat</u>	Anyone who is depressed, going through a hard time, needs to talk, or is thinking about suicide can use the chat. The chat counselors are here to listen and support you through whatever difficult times you may be facing. The Lifeline Chat service is available 24/7. If you have trouble connecting to the chat service we encourage you

			to call the Lifeline at 1-800-273-TALK (8255).
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