

## MBTI Questionnaire

### KEEP IN MIND.

Be detailed and expansive in your responses. Lengthier answers help provide a clearer picture and make typing so much easier.

If you find certain questions difficult or confusing, don't hesitate to mention that directly in your response. "I don't know" is an answer sometimes.

Be honest and introspective. There are no right or wrong answers. The more authentic you are, the more helpful your responses will be.

### THINKING:

Describe what you think makes a solution or explanation "good" or "valid."

What makes a solution or argument valid is that it makes sense. I believe using reliable sources is important, but something that clicks in my head and sounds creative and reasonable is even better.

How do you track or check your thinking when you try to understand how something works?

If I'm really interested in something (which is rare), I research a lot, looking for explanations from other people, YouTube videos, or anything that energizes me, is concise but reasonable.

Can you share how you approach learning new information about a system or process?

I research extensively and find unofficial sources that personally entertain me.

Tell me about a time you changed your mind about something based on new information.

What was the nature of the information? What was going on inside your head & your heart when you had to change your mind?

It's not hard to change my mind, but usually, someone has to challenge my knowledge for me to question it.

How do you respond when you encounter different opinions that conflict with your own way of understanding things?

I get defensive and anxious.

Is there anything about the way other people think that seems to frustrate you and likewise what's something about the way you think that seems to frustrate others?

What frustrates me about other people's thinking is when they want to create dogmas or close off opinions and possibilities, invalidating opinions just because they contradict general thinking or evidence. Others get frustrated with my strange (illogical, really) logic, my complete lack of curiosity, and how stubborn and closed off I am in my opinions.

When you're debating someone on a topic what's your approach usually? What irritates you about the way another person may debate?

I try to find a point in their opinion and mine to convince them. It irritates me when the other person mocks me or tries to invalidate my opinion without finding something positive in it. All opinions are important, and there is always something valuable to take from them.

How important is productivity & efficiency for you? What does this even mean to you (what makes something productive/efficient.) How important is accuracy & understanding to you? What does this even mean to you (what makes something accurate and understood for you.) I would like to do things quickly and efficiently. Something is efficient if it is done fast and doesn't bother anyone, leaving time to do what one likes. Something is reliable because it is approved by most people, and that gives me confidence, but I don't always like the writing style or reasoning.

#### FEELING:

Think about a belief or value about something you've held for a long time. Has it ever changed? What caused that change?

Although I would like to experience what I read in my books, I'm too proud, so romantic relationships give me cringe and seem overrated. I feel that many people ruin themselves and their lives. I have sometimes doubted this, but I have never stopped thinking that. I also think the invention of specific clothing to be worn on certain occasions is stupid; people should dress however they want and not follow social appearance rules.

Describe a moment in which you felt wronged. Why did you feel that way? How did you comfort yourself/move past it?

I felt bad when I tried to joke with people but ended up hurting them. I could only apologize and deal with the guilt by locking myself in my bubble with technology and food.

What kinds of things make you feel connected to the people around you? How do you show that connection?

I have always felt disconnected from people. I always focused so much on earning their admiration with my kind personality and inspiring people with my strange personality and exotic tastes and thoughts that I never felt connected to anyone, even though I forced that connection to feel part of something. It's very fake and superficial, something I do to lie to myself and say I finally connected with someone. The only person I connect with is my father; I show my connection by praying for him to remain alive and healthy always.

When you think about right and wrong, what guides your sense of what's right? (use an example of a moral you hold) How do you feel about people who disagree with that idea/act against it? If they criticized you about it how would you respond?

I think right is when others approve and when it contributes to my ideal image. I feel bad and start overthinking. If they criticize me, I would feel bad, apologize, and try to be forgiven.

How do you react when someone close to you is upset? What do you do or think in those moments?

It's rare, sometimes I freeze and try to give practical solutions; other times, I empathize deeply and genuinely try to support emotionally. Sometimes I support out of obligation with coldness, and other times it's genuine.

What is something others do that you would consider selfish? Do you think it's okay to be selfish?

Emotionally hurting others is selfish. I think being selfish is bad.

Have you ever felt outcasted or alone in a sentiment you've had? Have you ever expressed it? How do you feel about that feeling?

I dislike love; I have never dared to express it to anyone and try to repress it because it feels out of control and humiliating to me. I don't want anyone to have the power to say I like them or let them surpass my limits. That is why I normally accept my feelings for crushes, but when it's reciprocal, I repress everything and punish myself for feeling that. I can't allow my feelings to be reciprocated. I don't want anyone to even know about a feeling like that. It's humiliating.

Describe your relationship with trust. How easy is it for you to have it? What breaks it? How important is it to you?

I have to observe a person for a long time and see examples to really trust them, although despite my lack of trust I usually tell everyone my secrets to fake trust. What breaks trust is making me feel bad or uncomfortable.

How do you feel about the term 'greater good'?

[No response provided]

#### SENSATION:

What kinds of things help you feel grounded or centered when you're overwhelmed? Do you do anything to relieve stress/pressure? When you're learning something new, what helps it stick?

What helps me relax in those situations is meditating, creating poems, going out to get some sun or eating something delicious, isolating myself from the noise or overwhelming people, and withdrawing from social situations. To remember something, it only has to interest me, which is rare, or to create crazy stories with the information, create "something with it, something personal and symbolic."

How much attention do you give to physical comfort, surroundings, and/or your body's signals day-to-day?

I pay a lot of attention to my body (I complain a lot about any alteration) and comfort, but I usually dissociate from my surroundings.

What's the first thing you notice about a room when you walk in? What do you tend to look for?

The first thing I see about a room is if it is quiet and silent, comfortable for me, if it has delicious food and a nearby bathroom. I also observe how it makes me feel, how people look, and I keep it as a beautiful personal memory because based on my personal perception and what it makes me feel, I think about what I can create with that observation. For example: This beach is so beautiful, melancholic; it reminds me of beautiful fuzzy and aesthetic photos; it is so lovely, moving, and since I feel very sad, I will make a poem that reflects my emotions and impacts people, surprises them, and gives personal meaning. Let them know who I am. I consider myself pretentious; I like to think I am poetic and strange.

Recall a memory of yours, any memory, what do you remember from it? Describe it. (If you can't pick one, describe the last time you were at the beach)

I remember my childhood; what I cherish most were the strange and eerie games that impressed and delighted me, and those moments when I spent a lot of time alone watching

other children. I was so immersed in my sensations and my own bubble and fantasy world. As a child, I loved watching cartoons and imagined the characters were a couple, living in a beautiful environment, and their connection was so intense they formed one. One member of the couple would always be mysterious and distant, and the other character would be their "savior." I cherish melancholic moments that give a strange vibe and contribute to these weird memories.

What's your relationship to change; like spontaneous plans & new environments?  
I don't like changes; they only cause me gastrointestinal problems and stress.

When something feels "off," in your surroundings what usually alerts you first?  
The first thing I notice is that everyone is upset or pressuring me, that it is not calm, and there are demands.

How confident are you in this feeling?  
I do not feel confident.

INTUITION:  
When you don't have all the facts, how do you tend to approach a situation that feels uncertain? What do you usually do first?  
I hide, isolate myself, procrastinate, and pretend nothing is happening or freeze.

How do you respond when something unexpected disrupts your original plans or ideas?  
What goes through your mind in those moments?  
I get upset and cry; I hate nothing going as planned.

Think of a time where you tried to understand someone's behavior. How did you go about figuring it out?  
I observe their posture, non-verbal language, or just feel it. My own feelings about someone lead me to understand their motivations and trust them or not.

When you're thinking through something complex, do you prefer to think quietly, talk it out, write, or do something else? How do you brainstorm? What happens to your thoughts in that process?  
I like to think about the topic, think about how it applies to myself, write about it.

When a topic interests you, where does your mind go with it? How do you tend to explore it? When something's been on your mind for a while, how does clarity eventually come to you (if it does)? Can you describe the moment when things start to click?  
Clarity comes when I try to think from a perspective I hadn't reached before or try to stay positive, think of other options, and see where I may have failed.

When you look back on a decision you made, do you tend to remember what convinced you to choose that specific path? What was it like to land on it?  
The decisions I make, I do thinking about what will make me feel good or look good to others or contribute to my personal image.

Describe a time when you had a strong sense about what was going on beneath the surface of a situation. What made you feel sure about your interpretation? How did your thought process look?

My intuition is bad; I often have moments where I think something bad will happen, but it never does. Sometimes I only realize what is happening because I'm curious and connect information. Once, I discovered that my grandfather's mistress was my grandmother's friend from gossip I overheard and connected until I knew who she was, although they never said her name.

When you're trying to figure out where you're headed in life (in work, relationships, or just personally), what usually helps you decide which direction to take?

I make decisions that are fun, easy, safe, and contribute to my ideal.

When dealing with a problem that hasn't seemed to have resolved itself yet how do you feel? What do you usually do in response?

I get frustrated, cry, but keep thinking again and again looking for solutions while paradoxically avoiding facing the situation.

I would like to be perfect and leave a very personal mark, inspire others, and be admired.

Extras:

I am always late everywhere, all the time. Sometimes I wish I could forget about time for a moment, but if I don't control it, it slips through my hands and I will fail in society. It annoys me when people pressure me with schedules; I prefer to follow my own timing. Sometimes I procrastinate too much without managing time and end up not accomplishing anything.

I think materialism can be combined with innovations or potentialities to express ideas and impact other people.

I am not tenacious; I complain a lot and tend to cry too much with my closest ones. People call me hysterical, hypersensitive.

I never take on leadership roles because I am too lazy.

I am easily influenced; sometimes I care too much about what others think or say, and that makes my parents angry.

I wish people thought I was ethereal, perfect not so much in appearance but in the overall vibe, without problems. I would like to reach the high ideal I have for myself.

I love dreaming, my dreams are so eerie and beautiful I wrote a few poems about them, sometimes I use the scenarios of my dreams to create complex romantic stories about ocs.

I think I developed my histrionic, hysterical, and childish behavior as a defense mechanism to be accepted in society, since I like to spend a lot of time alone in beautiful places relaxing and listening to music while creating fictional romantic stories. Sometimes I am interested in reading history or conspiracy theories and talking about them with my mother. I am strange, and my friends get mad at me because I only talk to them about homework and then ghost

them. I spend a lot of time locked up in my house on social media. I love the weirdcore aesthetic because it reminds me of my childhood.

I like admiration and acceptance, but when someone wants to be with me all the time or have physical contact, it overwhelms me. Having to pretend to be polite and kind all the time also tires me, and I want to go to my room and lock myself in my own bubble. I love researching strange and spiritual things and creating romantic scenarios with them. I use scenes from my dreams, poetry, horror, sad feelings, or anything melancholic, ethereal with strange and scary vibes, always thinking of romantic scenarios with one normal human character and another mysterious supernatural character.

I would like to be perceived as different, weird, extraordinary, esoteric or spiritual, if people find out I'm actually boring and not thinking about complex ideas all the time and I'm not quirky whimsy and magical like I like to show. It would be the death of me, that's why I work hard to reach my ideal of being different and magical.