

The First Meeting

After recruiting and advertising, hold your first interest meeting. The purpose of this meeting is to inform students about YMCA MYIG. Some items you should prepare ahead of time: sign up sheet, snack, and a few icebreaker activities. Examples of some icebreakers you could use are: 2 Truths and a Lie, All My Friends and I, etc.

First Meeting Sample Agenda

1. Welcome

- Sign in sheet - collect relevant information, ex: email address and name
- Snack

2. Introductions

- Introduce leaders (adult and student first)
- Icebreaker
- Find out what brought people to the meeting, why they think YIG sounds fun.

3. Introduction Video

- Other videos available on the YMCA MYIG [YouTube Channel](#)
- Download and edit to fit your delegation the [Recruitment Slideshow](#) on Google Drive

4. Guest Speakers

- YMCA MYIG alumni, volunteer or staff
- Graduated seniors from your delegation

5. Game or Civics Activity

- Debate Pepsi vs. Coke, football vs. soccer, or a local restaurant rivalry
- Play a game for everyone to get to know each other better

6. Q & A Session

- If there are any questions you can't answer during the meeting, please email to staff@myig.org.
- Keep track of the questions asked to add them to the recruitment slideshow for next year

7. Closing

- Set the next meeting date
- Pass out copies of a recruitment flier, ask students to invite other peers they think will like YMCA MYIG!