September 18, 2025

Recipes

Click on each meal below for links to the original recipe

- Chicken Enchilada Cauliflower Casserole
- Turkey Pumpkin White Bean Chili
- Sausage, Peppers, and Onion Tortellini Skillet
- Salsa Verde Chicken Bites

Grocery Lists

Click HERE for compiled grocery lists, one for each meal and one for the full week's line-up

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