
POINT OF CONTACT RESOURCE GUIDE



FY23

4TH MARINE REGIMENT, 3D MARINE DIVISION

HOW TO DIAL DSN ACROSS THE ISLAND

Base	Dialing on Base	Dialing from a Cellphone
Camp Courtney	622-XXXX	098-954-XXXX
Camp Foster	646-XXXX/645-XXXX	098-971-XXXX/098-970-XXXX
MCAS Futenma	636-XXXX	098-911-5111 ext. 636-XXXX
Camp Hansen	623-XXXX	098-969-XXXX
Camp Kinser	637-XXXX	098-911-5111 ext. 637-XXXX
Camp Lester	643-XXXX	098-911-5111 ext. 643-XXXX
Camp Schwab	625-XXXX	098-911-5111 ext. 625-XXXX
Kadena AFB	630-XXXX 632-XXXX 633-XXXX 634-XXXX	098-960-XXXX 098-962-XXXX 098-659-XXXX 098-961-XXXX
Torii Station	644-XXXX	098-911-5111 ext. 636-XXXX
White Beach	622-XXXX 642-XXXX	098-954-XXXX 098-911-5111 ext. 642-XXXX

DIALING DSN & JAPANESE CELL PHONES FROM THE US

To dial a DSN from the US, dial 011-81-98-911-5111, wait for the dial tone and dial the 7 digit DSN number. To dial a Japanese cell phone from the US, dial 011-81 and the cell phone number, omitting the first 0.

Emergency Services	
On Base from DSN	911
From a Cell Phone	098-911-1911
From a VOIP Service	011-81-98-911-1911
Japanese Emergency Service	119 or 110

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BEHAVIORAL HEALTH

Embedded Preventive Behavioral Health Capability Specialist (EPBHC)	
Mr. Maximo Carbonell	DSN: 625 - 7193
Regiment Chaplain	
LCDR Benton	DSN: 625 – 2644
Combat and Operational Stress Control Officer	
Mr. Maximo Carbonell	625 - 7193
Suicide Prevention Program Officer (SPPO)	
1stLt Holme	625 - 4513
OSCAR Mental Health	
LCDR Green & LT Taylor	DSN: 625 – 2189; After Hours: 080-2700-5407
Military One Source	
	1-800-342-9647
American Red Cross	
	DSN: 645 – 3800; OFF BASE 098 – 970 - 3800
MCCS Okinawa – Behavioral Health/Community Counseling Program	
	DSN: 645 – 2915; OFF BASE 098 – 970 - 2915
Sexual Assault Prevention & Response	
Sexual Assault Response Coordinator (SARC) / Victim Advocate (VA)	
	DSN: 645 – HOPE; OFF BASE 098 – 970 - HOPE
	DSN: 622 - 4016 3D MARDIV SARC
TELL Counseling Services (off base service)	
https://telljp.com/counseling/	https://telljp.com/about/contact/
Military & Family Life Counselor (MFLC)	
Jan 571-619-3262 or 080-3750-8805	
Ken 571-484-0860 or 080-3120-6176	
Marine Intercept Program	
	DSN: 645 - 2915
National Suicide Prevention Lifeline	
	1-800-273-8255

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Behavioral Health Family Advocacy Program: MCCS Okinawa	
	DSN: 645 - 2915
Military Crisis Line	
	1-800-273-8255, press 1
USNH Okinawa Mental Health	
	DSN: 646-9366; option 5, 1

SUBSTANCE ABUSE

MCCS Substance Abuse Counseling Center	
	DSN: 645 – 3009; 3483
USNH Substance Abuse and Department of Rehabilitation	
	DSN: 646 - 9198

FAMILY/RELATIONSHIP/PARENTING

Deployment Readiness Coordinator (DRC) / Uniformed Readiness Coordinator (URC)	
	DSN: 625 –2278
Exception Family Member Program	
DSN: Camp Foster 645-9237 / Camp Courtney 622-9794 / Camp Kinser 637-3516	
Chaplains Religious Enrichment Development Operation (CREDO)	
	DSN: 645 – 7202; On Call: 090-6861-4730
Marine Corps Community Services (MCCS) Marine and Family Programs	
	DSN: 645 - 2915
MCCS – New Parent Support Program (NPSP)	
	DSN: 645 - 2915
Families Over Coming Under Stress (FOCUS)	
	DSN: 645 - 6077
DEERS/ID Card Center	
	DSN: 315-645-4447 Option 6
Marine Corps Family Team Building (MCCS Okinawa)	

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	DSN: 645 - 3689
Okinawa WIC	
Foster DSN: 645-9419 / Courtney 622-9424 / Kadena 632-9427 / Kinser 632-9427	
Okinawa LifeSkills/LINKS	
	DSN: 645 - 3689
Military OneSource Parenting/Relationship Health & Family Wellness	
	1-800-342-9647; 703-23-7599
Navy Marine Corps Relief Society - Okinawa	
	DSN: 645 - 7808
MCCS Okinawa – Child and Youth Programs	
	DSN: 645 – 4117/4062

LEGAL/DISCIPLINARY

Legal Office Camp Foster (Taxes, Credit Disputes, Bankruptcies)	
	DSN: 645 -1037
Military OneSource Legal Information	
	1-800-342-9647; 703-253-7599

COMPETENCY

4th Marines Career Planner	
	DSN: 625 - 2670
MCCS Education Centers	
Camp Schwab DSN: 625-2046 Camp Hansen DSN: 623-4376 Camp Courtney DSN: 622-9694	Camp Foster DSN: 645-7160 Camp Courtney DSN: 622-9694 Camp Kinser DSN: 637-1821 MCAS Futenma DSN: 636-3036

FINANCIAL

MCCS Okinawa – Personal Finance	
Camp Foster DSN: 645-2104/2106 Camp Hansen DSN: 623-4522	

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Camp Courtney DSN: 622-7332	
Camp Kinser DSN: 637-5555	
American Red Cross	
	DSN: 645 – 3800; OFF BASE 098-970-3800
Navy Marine Corps Relief Society	
	DSN: 645 - 7808

FAMILY MEDICAL

TRICARE – USNH Okinawa	
	DSN: 646 – WELL (option 5, 1)
USNH Okinawa Health Promotions/Sexual Health Clinic	
	DSN: 646 – WELL (option 6, 4)

DEPLOYED/TAD > 90 DAYS

MCCS Okinawa – Deployment Readiness	
	Contact your DRC
Military OneSource Deployment	
	1-800-342-9647; 703-253-7599

PCS/NEW JOIN

MCCS Okinawa - Relocation	
	DSN: 645 - 7494
Military OneSource Moving	
	1-800-342-9647; 703-253-7599
Distribution Management Office	
	DSN: 645 - 0922
Okinawa Veterinary Treatment Facility	
	DSN: 672 - 7593
Karing Kennels – Boarding Facility	
	DSN: 966 - 7593

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OFF DUTY

MCCS Education Center	
	DSN: 645 - 7160
MCCS Team Sports – Gunners Fitness Center	
	DSN: 645 - 3985
Art Classes – Framing andne Arts Fi	
	DSN: 645 - 3674
USO - Volunteering	
	DSN: 645 - 2665
SMP - Volunteering	
	DSN: 645 - 3681
Okinawa Stray Pet Rescue - Volunteering	
	080-6482-7524

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