PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM
Mayfield Elementary

Written by Princeton ISD Elementary Counselors

Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of The Mayfield Counseling Department is to implement a comprehensive program that fosters a safe environment, which meets the social, emotional, and academic needs of all students.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are lead on delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept
- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive skills
- Become aware of the need to use time effectively
- Describe the steps in a goal–setting process

Student Competency: Students behave appropriately to the situation and environment
- Behave appropriately in various school settings
- Be able to follow rules and directions and complete task

Student Competency: Students incorporate wellness practices into daily living
- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills
- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients
On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements-
Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program that is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results:

We reviewed the following data points:

- Bullying data from the 2025-2026 school year

- There were a total of 6 incidents of bullying behavior reported during the 2025-2026 school year with 12 students involved.

The most significant needs identified in needs assessments were:

- Bully prevention ideas

Advisory council input/insight to be incorporated into CSCP goals:

- Bully Prevention group
- Safety squads

Program SMART Goals for the 2026-2027 School Year

1. By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Personal Health and Safety
3. Intrapersonal Effectiveness
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Leadership
4. Advocacy
5. Consultation
6. Coordination
7. Program Management
8. Professional Behavior
9. Professional Standards

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum 35%
2. Responsive Services 40%
3. System Support 15%
4. Individual Planning 10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness
Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicate the need for the following topics
Guidance Curriculum Lesson Topic/s-Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset

SMART Goal/s-

- By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

2. Strategic Content Area-Personal Health & Safety (Emotion Regulation)
Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics
Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, social media

SMART Goal/s-

- By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

3. Strategic Content Area-Interpersonal Effectiveness
Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicate need for the following topics
Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

4. Strategic Content Area-Post Secondary Education, Career Readiness, and Successful in 6th Grade
Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicate need for the following topics
Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset

SMART Goal/s-

- By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Campus Responsive Services

Identified Need #1- Family Changes
Preventative, Remedial, or Crisis- Remedial & Crisis
Intervention/Plan of Action- Counseling services based on student need
Outcome/Follow-Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Anxiety
Preventative, Remedial, or Crisis- Preventative, remedial, and crisis
Intervention/Plan of Action- counseling support through individual, group, and guidance lessons
Outcome/Follow-Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Emotion Regulation
Preventative, Remedial, or Crisis- Preventative, remedial, and crisis
Intervention/Plan of Action- counseling support through individual, group, and guidance lessons
Outcome/Follow-Up- Open communication with family, teacher, and student to provide check-in as needed

Individual Planning Priorities

Domain- Personal
Goal- Identify attributes for achievement and growth
School Counselor Considerations- Grade-level diversification
Advocacy- Equity for all students

Domain- Education
Goal- Understanding the importance of education
School Counselor Considerations- Grade-level diversification
Advocacy- Equity for all students

Domain- Career
Goal- Introduction to different options
School Counselor Considerations- Grade-level diversification
Advocacy- Equity for all students

System Support Tools

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Components	Content Areas
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

3. Campus Improvement Plan Goals:

Goal 4: Provide a safe and orderly school climate, conducive to learning

-Educate and provide anti-bullying programs

-Educate and provide conflict resolution tools

Written by PISD Elementary Counselors
Updated: 9/2/2026

CALENDAR

August

Content Area- Introduction to the Counselor & Counseling Program/Personal Problem Solving,Big problems and small problems through Kelso's Choice (Grades K-2) and Problem Solving Wheel (Grades 3-5)

CSCP Goals Addressed-

By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Domain- Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Setting counseling program purpose

Guidance Lessons and equipping students with tools to solve conflicts

Kinder- **Meet Your School Counselor**The Rabbit Listened, My school counselor coloring sheet

1st- **Meet Your School Counselor**The Rabbit Listened, My school counselor coloring sheet

2nd- **Meet Your School Counselor** **Copy of MeetTheCounselorGameShow**

3rd-**Meet Your School CounselorCopy of MeetTheCounselorGameShow**

4th-Meet the Counselor

5th -Meet the Counselor

Major Projects/Events-

- ★ Bully Prevention Team
- ★ Self-Introduction to students through guidance lessons
- ★ Changemakers-implemented through classroom lessons
- ★ Welcome new students
- ★ Morning Meetings
- ★ Problem Solving Wheel/Kelso Posters
- ★ BOY Staff and Compliance Trainings
- ★ August Newsletter
- ★ Bully Prevention Fridays

Individual Planning:

- ★ Time Tracking
- ★ Student Documentation
- ★ BOY Needs Assessment
- ★ BOY CAT Meeting

Changemakers and Implementation:

Written by PISD Elementary Counselors
Updated: 9/2/2026

- ★ This month students will be focused on routines and procedures while in their classroom.
- ★ Safe Relationships

<u>September</u>

Content Area- Self Regulation

CSCP Goals Addressed-

By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Domain- Personal and Social

Guidance Curriculum Lesson Topics (GC)- Mental Health- developing coping skills and determining safe adults

Goal- To give students coping skills to navigate big emotions

Guidance Lesson- Mental Health

- ★ Kindergarten- Big Problem Vs Small Problem
- ★ 1st-
- ★ 2nd-
- ★ 3rd Grade
- ★ 4th Grade
- ★ 5th Grade

Changemakers Focus- Self-Regulation (The brain and breath)

- ★ Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Major Projects/Events-

- ★ YES Assembly-9/3
- ★ Peanut Butter Drive-Month of September
- ★ National Self Care Awareness Month- Mental Health Resources for Staff (self care cart)
- ★ Homecoming Week September 11
- ★ Mayfield Pep Rally
- ★ School Wide Positive Behavior System

Individual Planning:

- ★ Time Tracking
- ★ The Brain and Breath
- ★ Counselor Updates Newsletter Monthly
- ★ Homecoming Week Dress Up Day
- ★ BOY Advisory Council Meeting -9/22
- ★ SHAC Meeting 9/15

October- K-5 Health and Safety

Content Area- Personal Health and Safety

CSCP Goals Addressed-

By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Domain- Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Drug prevention, personal safety, healthy choices

Guidance Lesson-

- ★ Kindergarten- Red Ribbon Week
- ★ 1st grade- Rocket the Dog
- ★ 2nd-Rocket the Dog True/False
- ★ 3rd grade- Red Ribbon Week
- ★ 4th- Red Ribbon Week
- ★ 5th grade- RRW 5th Grade
- ★ **Changemakers Focus-** Self-Regulation (Feelings, The Body, Impulse Control)
- ★ Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Major Projects/Events-

- ★ Red Ribbon Week
- ★ Team Dress Up Contest
- ★ Assembly- The NED Show
- ★ PAL Program Referrals Start
- ★ National Bullying Prevention Month (Unity Day 10/21)
- ★ Bracelet give away
- ★ Leadership Club
- ★ National Principal Month
- ★ School Wide Positive Behavior System

Individual Planning:

- ★ Time Tracking
- ★ Feelings, The Body, and Impulse Control Graphics
- ★ Monthly communication sent home about Changemakers
- ★ Red Ribbon Week
- ★ Guidance Lesson
- ★ Teacher Wellness Task Force
- ★ SHAC Meeting Oct 14

November

Content Area- Healthy Habits, Puberty, Hygiene and Bully Prevention
CSCP Goals Addressed- By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety
Guidance Curriculum Lesson Topics (GC)- Healthy Habits, Puberty, Hygiene
Guidance Lesson-

- ★ Bully Prevention Lessons-
- ★ Kindergarten Bully Prevention
- ★ Jungle_Bullies_1st_Grade_Bully_Prevention.pptx
- ★ 2nd Grade Anti-Bullying
- ★ -3rd Grade
- ★ Copy of 4th Grade Bully Prevention
- ★ Copy of 5th Grade Bully Prevention
- ★ Hygiene Video by Human Relations(3rd & 4th grade)- Nov 5th and 6th
- ★ Puberty Video (5th Grade)- 11/20

Changemaker Lessons- Awareness of Self (Gratitude)

- ★ Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Major Projects/Events-

- ★ Thank You Notes
- ★ Canned Food Drive
- ★ PAL Program
- ★ Student Mentor Program
- ★ National Gratitude Month
- ★ Angel Tree
- ★ World Kindness Week November 13th
- ★ School Wide Positive Behavior System

Individual Planning:

- ★ Time Tracking
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Canned Food Drive
- ★ Angel Tree Applications

December

Content Area- College, Career, and Military Readiness
CSCP Goals Addressed-
By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Guidance Curriculum Lesson Topics (GC)- Empathy
Guidance Lesson-

- ★ CCMR

Changemakers- Optimism

- ★ Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Major Projects/Events-

- ★ Canned Food Drive
- ★ Angel Tree
- ★ Positive Referrals
- ★ Student Mentor Program
- ★ PAL Program
- ★ Secret Santa
- ★ 12 Days Dress Up Days

Individual Planning:

- ★ Time Tracking
- ★ Monthly communication sent home
- ★ Guidance Lesson
- ★ Sunshine Committee

WINTER BREAK

January
Content Area- College, Career, and Military Readiness
CSCP Goals Addressed-

Guidance Curriculum Lesson Topics (GC)- CCMR
Guidance Lesson: CCMR Lessons

- ★ CCMR

Changemakers- Grit and Resilience
Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Written by PISD Elementary Counselors
Updated: 9/2/2026

Major Projects/Events-

- ★ Career Day- 1/15
- ★ Student Mentor Program
- ★ PAL Program
- ★ School Wide Positive Behavior System

Individual Planning:

- ★ Time Tracking
- ★ Monthly communication sent home
- ★ Guidance Lessons
- ★ Sunshine Committee
- ★ SHAC Meeting January 26

February

Content Area- Empathy

CSCP Goals Addressed- By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC) Bully Prevention

Guidance Lesson:

- ★ Kindergarten-Bully Prevention
- ★ 1st Grade- Empathy
- ★ 2nd Grade-Empathy
- ★ 3rd Grade- Empathy
- ★ 4th Grade- Empathy
- ★ 5th Grade- Empathy

Changemakers- Understanding Others-Perspective Taking and Empathy

Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Major Projects/Events

- ★ Student Mentors
- ★ PAL Program
- ★ National School Counseling Week- February 1-5
- ★ National Random Acts of Kindness Week
- ★ UIL

Individual Planning:

- ★ Time Tracking
- ★ Counselor Newsletter
- ★ Guidance Lesson
- ★ Sunshine Committee
- ★ UIL

March

Content Area- Personal Safety/Anti-Victimization
CSCP Goals Addressed-
By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety
Guidance Curriculum Lesson Topics (GC)-Personal Safety

- ★ K- Kindergarten Anti-Victimization
- ★ 1- 1st Grade Anti-Victimization
- ★ 2- 2nd Grade Anti-Victimization Lesson
- ★ 3- 3rd Grade Anti-Victimization
- ★ 4- 4th Grade Slide Anti-Victimzation
- ★ 5- 5th Grade Anti-Victimization.

Changemakers-Kindness/Compassion

- ★ Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers

Major Projects/Events-

- ★ PAL Program
- ★ Test Anxiety Small Groups
- ★ Counselor Newsletter

Individual Planning:

- ★ Time Tracking
- ★ Guidance Lesson

Sunshine Committee

- ★ Test Anxiety Set Up

April
Content Area- Test Anxiety, Worry
CSCP Goals Addressed-
By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Guidance Curriculum Lesson Topics (GC)- Test Anxiety & Worry
Changemakers- Compassion/Hope
Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Changemakers
Guidance Lesson- Small Group Focuses-Test Anxiety
Major Projects/Events-

- ★ PAL Program
- ★ Trusted World Clothing Drive

Written by PISD Elementary Counselors
Updated: 9/2/2026

Individual Planning:

- ★ Time Tracking
- ★ Monthly communication sent home
- ★ Guidance Lesson
- ★ Sunshine Committee

May

Content Area- Transition to the Next School Year

CSCP Goals Addressed-

Goal 1: By May 2027, the school counselor will work to reduce the number of confirmed bullying incidents by 66% going from 6 incidents to 2 incidents.

Guidance Curriculum Lesson Topics (GC)- Transition to Middle School for 5th Grade

Guidance Lesson:

Changemakers- Hope

Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Character Strong.

Major Projects/Events-

- ★ PAL Program

Individual Planning:

- ★ Time Tracking
- ★ Monthly communication sent home about Changemakers
- ★ Guidance Lesson
- ★ Sunshine Committee

June

Content Area- Review Data and prepare for new school year

CSCP Goals Addressed- Review data, determine growth achieved

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Review

Major Projects/Events- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year. Revision of CSCP