

HEALTHY HEARTTHROBS

The Premier Dating Site for All Essential Nutrients

Essential Nutrients:

- HEALTHY FATS
- PROTEIN
- WATER
- SIMPLE CARBOHYDRATES
- COMPLEX CARBOHYDRATES
- VITAMINS
- MINERALS

Profiles MUST include:

- NUTRIENT NAME: The real name and their username
- FUNCTIONS OF THE NUTRIENT: What the nutrient does for the body
- FOOD SOURCES: Where can this nutrient be found
- WHAT HAPPENS IF DEFICIENT: If a person isn't getting enough, what could happen?
- PICTURE WITH BACKGROUND
- COLORED/VISUALLY APPEALING

