

The background is a dark grey color adorned with various stylized floral and leaf patterns. There are orange flowers with spiral centers, yellow flowers with spiral centers, and pink tulip-like flowers. Green leaves with white veins are scattered throughout. White swirl patterns are also present. A semi-transparent white rectangular box is centered on the image, containing text.

Worthy partakers of the
sacrament are in harmony
with the Lord and put
themselves under covenant
with Him to always remember
His sacrifice for the sins of the
world, to take upon them the
name of Christ and to always
remember Him, and to keep
His commandments.

-Elder David B. Haight-

@LifesJourneyToPerfection

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