

	Mealtime	Basement	Yard	Bedtime
<b>Be Respectful</b>	<ul style="list-style-type: none"> <li>• Say please, thank you and excuse me</li> <li>• Ask and share about your day</li> </ul>	<ul style="list-style-type: none"> <li>• Play with toys as intended</li> <li>• Keep a low volume</li> <li>• Include everyone</li> </ul>	<ul style="list-style-type: none"> <li>• Share with siblings and friends</li> </ul>	<ul style="list-style-type: none"> <li>• Put dirty clothes in basket</li> <li>• Use quiet voices</li> <li>• Say something you are grateful for</li> </ul>
<b>Be Responsible</b>	<ul style="list-style-type: none"> <li>• Help set the table or meal prep</li> <li>• Try new foods</li> <li>• Clear plate from table</li> </ul>	<ul style="list-style-type: none"> <li>• Follow rules during games and say 'good job'</li> <li>• One toy at a time</li> </ul>	<ul style="list-style-type: none"> <li>• Put toys away before going in</li> <li>• Come in first time asked</li> </ul>	<ul style="list-style-type: none"> <li>• Put on PJs</li> <li>• Brush teeth</li> <li>• Use bathroom</li> <li>• Read for fun</li> </ul>
<b>Be Safe</b>	<ul style="list-style-type: none"> <li>• Wash hands</li> <li>• Keep chair on 4 legs</li> </ul>	<ul style="list-style-type: none"> <li>• Keep small pieces on table</li> <li>• Use toys and games as intended</li> </ul>	<ul style="list-style-type: none"> <li>• Ask permission before you leave yard</li> <li>• Wear helmets, gear</li> </ul>	<ul style="list-style-type: none"> <li>• Clean up before you go to bed</li> <li>• Lights out at 9</li> </ul>
<b>Adult Role</b>	<i>Announce mealtime in advance</i> <i>Assign chore roles</i>	<i>Watch for small pieces and remind about table rule</i>	<i>Provide 5 minute warning for time to come in</i>	<i>Remind to go to bathroom and to get water</i>