




THE MASTER WAR MODE DAY PLAN + REPORT




► The Mastery Checklist Explained to achiev...




✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/✗	10 ▾	10 ▾	20 ▾	Workout.✓	1 hour and 30 minutes.
✓/✗	5 ▾	10 ▾	15 ▾	Send outreach and FV.✗	3 hours.
✓/✗	10 ▾	10 ▾	20 ▾	Sleep 6 hours.✓	6 hours.
✓/✗	10 ▾	10 ▾	20 ▾	MPC.✓✓	10 minutes.
✓/✗	10 ▾	10 ▾	20 ▾	Family time.✓	2 hours.
✓/✗	10 ▾	10 ▾	20 ▾	A podcast.✓	1 hour.
✓/✗	10 ▾	5 ▾	15 ▾	Regular job.✓	9 hours.
✓/✗	5 ▾	10 ▾	20 ▾	Cooking.✓	1 hour.
✓/✗	10 ▾	10 ▾	20 ▾	Check #announcements.✓	1 minute.
✓/✗	10 ▾	10 ▾	20 ▾	Check AI and Improve Marketing IQ chats.✓	10 minutes.
✓/✗	10 ▾	10 ▾	20 ▾	Review student's outreach.✓	10 minutes.
✓/✗	10 ▾	10 ▾	20 ▾		
✓/✗	10 ▾	10 ▾	20 ▾		
✓/✗	10 ▾	10 ▾	20 ▾		
✓/✗	8 ▾	10 ▾	20 ▾		
✓/✗	10 ▾	10 ▾	20 ▾		
✓/✗	10 ▾	10 ▾	20 ▾		
✓/✗	10 ▾	10 ▾	20 ▾		
✓/✗	10 ▾	10 ▾	20 ▾		

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/✗	10 ▾	10 ▾	20 ▾		







Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	 DAY NUMBER + DATE + TIME 
Day Number:	18
Date:	03/30/2023.
Start Time:	08:00 am.

	 3 Things That I Am Grateful To Have In My Life 
1.	My family.
2.	My mindset.
3.	TRW.

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Workout.
2.	Family time.
3.	Send outreach and FV.

 **Hour-By-Hour Tracking:** 
[Plan+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?



MY MORNING WAR PLAN



 **What Do I Plan To Accomplish This Morning?** 

Wake up, affirm and start my morning workout.

 **What Is The Main Goal For This Morning?** 

Workout and outreach.

 **How Will I Start My Morning With Power?** 

By affirming to GOD.

**DELETE BOXES
THAT ARE BEFORE**

YOU WAKE UP!

1 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

2 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

3 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

4 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

5 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

6 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

7 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

8 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

9 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

10 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

11 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

12 am: Task 💰	
Sub-Task's 🔔	
Reflection ✍️	

 **END-OF-THE-MORNING REPORT** 

 **What Did I Learn This Morning?** 

 **What Problems Did I Face This Morning?** 

 **How Will I Solve These Problems For This Afternoon?** 

MY AFTERNOON WAR PLAN

 **What Do I Plan To Accomplish This Afternoon?** 

 **What Is The Main Goal For This Afternoon?** 

 **How Will I Start My Afternoon With Power?** 

1 pm: Task \$	
Intention 🔔	
Reflection ✍️	

2 pm: Task \$	
Intention 🔔	
Reflection ✍️	

3 pm: Task \$	
Intention 🔔	
Reflection ✍️	

4 pm: Task \$	
Intention 🔔	
Reflection ✍️	

5 pm: Task \$	
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Intention 🔔	
Reflection ✍️	

6 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

7 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

8 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

9 pm: Task 💰	
Intention 🔔	

Reflection ✍️	
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10 pm: Task 💰	
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Intention 🔔	
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Reflection ✍️	
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11 pm: Task 💰	
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Intention 🔔	
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Reflection ✍️	
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12 pm: Task 💰	
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Intention 🔔	
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Reflection ✍️	
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End-Of-The-Day Report:



🧠 **What Did I Learn Today?** 🧠

How to be more focused and self-disciplined.

✗ What Problems Did I Face In The Day? ✗

No problems, just straight view and hard work

🔑 How Will I Solve These Problems Tomorrow? 🔑

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NEW What Do I Plan To Do Differently Tomorrow? NEW

Send more outreach and FV.

♻️ What Do I Plan To Do The Same Tomorrow? ♻️

Work even harder.

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? ➡️

SLEEP schedule because I work 14-15 hours a day and sleep like 5-6.

📝 What Tasks Were Left Undone? 📝

Sending fv and outreach.

Brain Dump:

