

Tattoo Aftercare

BROWN COUNTY PUBLIC HEALTH LICENSED BODY ART ESTABLISHMENT

ALWAYS wash your hands with unscented antibacterial soap and warm water before caring for your new tattoo.

- Keep the bandage on for no longer than 60 minutes (DO NOT RE-WRAP). You may see blood or clear liquid (plasma) under the bandage. This is normal.
- Take the bandage off slowly and wash the tattoo with unscented antibacterial soap and warm water.
- Apply a **thin** layer of ointment (A&D or Aquaphor) to the tattoo 2–3 times a day for the next two weeks.
- If the tattoo is small or caused minimal trauma to the skin, after one week of using the ointment, you may switch to non-scented lotion. Alcohol is used to add scents in lotion, that will cause your ink to dry up and scab.
- It's ok to get your new tattoo wet — just don't soak it or scrub it. To clean it, apply a small amount of unscented antibacterial soap on hand and rub it gently over the tattoo. Avoid submerging your tattoo (swimming pool, hot tub, lakes, ocean) for 2–3 weeks.
- Always use clean clothes, bed linens and bath towels throughout the healing period.
- Avoid scratching or picking at your healing tattoo. It will become itchy in the healing process and it will peel (similar to a sunburn), let it flake off on its own.
- Tanning is not good for a healing tattoo. Even after it has fully healed, it is suggested to use sunscreen over bright tattoos after 2 weeks of being tattooed to preserve their color.
- Going to the gym is ok, but protect your tattoo from the gym equipment by wearing clean clothes that cover the tattooed area.

RECOVERY DERM SHIELD

Gently clean and pat dry the tattoo and surrounding area, ensuring there is no soap or any residue on the skin. With clean gloves remove Derm Shield from the sterile pouch. Cut the Derm Shield to cover tattooed area plus a 1 to 2 inch margin from the edge of the tattoo. Peel off backing to expose adhesive side and position the Derm Shield over the tattoo with the adhesive side facing the skin. Gently apply with light pressure, starting from the center to the edges to eliminate air bubbles. Do not stretch the Derm Shield during application.

The First Derm Shield application should stay in place for 24 hours, depending on level of exudation. It is normal for blood and fluids to collect under the bandage.

A second application can be used for several days, and a third application may be used if necessary. Gently clean and dry the area between applications.

Do not wear any piece longer than one week.

Directions for Removal:

Gently peel the Derm Shield by pulling it slowly from the edge back over itself. Do not pull the bandage upwards. If you think you're having a problem, feel free to direct message me on Instagram @cosmicbloomink.

If you experience abnormal symptoms after the procedures such as, infection, yellow or green pus discharge from the tattoo site, extreme pain, or swelling, CONTACT A PHYSICIAN IMMEDIATELY!