

Sample Schedule for the Instructional Block for Key Stage 2

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00 AM	Homeroom and Guidance Program	GMRC	GMRC	GMRC	GMRC
8:00-9:00 AM	Filipino	English	Filipino	Filipino	Filipino
9:00-9:20 AM	HEALTH BREAK				
9:20-10:20 AM	English	Science	English	Science	English
10:20-11:20 AM	Science	Mathematics	Araling Panlipunan	Mathematics	Science
11:20-12:00 PM	LUNCH BREAK				
12:00-1:00 PM	Mathematics	EPP	EPP	Araling Panlipunan	Mathematics
1:00-2:00 PM	Araling Panlipunan	MAPEH	MAPEH	EPP	Araling Panlipunan
2:00-3:00 PM	MAPEH	ARAL Program	ARAL Program	MAPEH	EPP
AFTER CLASS					
3:00-4:00 PM	ARAL Program			ARAL Program	