

Activity #1: My Birth Story

Can you remember being a tiny baby or even the time before being born? Most likely not. However, I'm sure the people around you have some story to tell about the time before or shortly after you were born. The purpose of this interview is to discover some of the things that occurred when you were very young. For those of you who lived with one or both of your birth parents, this could mean learning about your life before and shortly after you were born. Those of you who are adopted or lived with other families could discover some stories about the time you were first introduced to one another. Interview this individual or individuals and ask him, her, or them the following questions. You can also think of your own questions and incorporate them into this assignment. Be sure to record their answers. Here is a list of questions you can ask (feel free to think about your own as well):

In a 2 to 3 page (double-spaced) essay, include answers to the following questions:

1. What can you tell me about my life before I was born or shortly before you met me? For example, you can ask questions about your mother's health during her pregnancy; if you were adopted, you can ask questions about their life before they met you. **(3 points)**
2. What was I like when you first met me? **(3 points)**
3. How did knowing that you were going to have a new family member change your life? **(4 points)**
4. What are some of the best memories you have of me either before I was born or when I first became a part of this family? **(4 points)**
5. Was I an easy baby to take care of? Why or why not? **(6 points)**

Again, feel free to talk about other questions that may have come up when you were conducting the interview.

Your essay should be between 2-3 pages, double-spaced. Title and references do not count toward the page total. Be sure to use at least one reference and one citation – your paper should be in APA style. It might be easy to incorporate the citation or citations when you discuss how your participant's life (or participants' lives) changed after you were born or brought home. Failure to do so will result in point reductions. Submit your essay to the appropriate **Assignment** folder.

Save your paper in the following format: "LastNameFirstName-Activity1" (do not use quotations). For example, if your name was Jane Smith, you would title your paper as "SmithJane-Activity1."

Points: 20