## Putting The Pieces Together: Empowering Youth and Their Families To Get Ready, Get Set, and Go!

## **Presenters:**

Karen Harrison, Executive Director, TNSTEP Stephanie Willis, Director of Communications, TNSTEP Jeana Winter, Executive Director, Alabama Parent Education Center Inc. Tammy Burns, Executive Director, PEATC

## **Description:**

A goal without a plan is just a wish. *Our goal* as Parent Centers is to prepare youth with disabilities to reach *their goals*! Participants will explore 3 pieces of the transition puzzle, that when put together, lead to positive outcomes for youth.

- 1. Get Ready Strategies to help families and youth address myths and barriers that prevent youth from reaching their full potential in independent living, employment, and further education.
- 2. Get Set Tools and resources that will help youth lead their own life plans, including their IEPs.
- 3. Go! Methods to engage youth in memorable activities that will have them bursting with confidence and ready to take action toward the life they want!